



SINGAPORE SPORTS SCHOOL

Learned Champions With Character

INFORMATION FOR TRACK AND FIELD SELECTION TRIALS (2020 INTAKE)

STAGES OF SELECTION	RESULT
<p><u>Round 1: Fitness Assessment</u></p> <ul style="list-style-type: none">• Selection Criteria Fitness and Anthropometric Assessment• What to bring PE attire and track shoes• Venue Singapore Sports School Outdoor Track• Date and Time<ul style="list-style-type: none">▪ 23 March 2019, 8.30 am to 11.00 am (by invitation only)▪ 6 April 2019, 8.30 am to 11.00 am▪ 24 April 2019, 3.30 pm to 5.30 pm <p>Pupils need only attend one session</p>	Shortlisted participants will be contacted by 29 April 2019.
<p><u>Round 2: Skills Assessment</u></p> <ul style="list-style-type: none">• Selection Criteria Technical Skills• What to bring PE attire and track shoes• Venue Singapore Sports School Outdoor Track• Date 11 May 2019• Time 8.30 am to 11.00 am	Shortlisted participants will be contacted by 17 May 2019.
<p><u>Round 3: Training Stint With Sports School Coaches</u></p> <ul style="list-style-type: none">• What to bring PE attire and track shoes• Venue Singapore Sports School Outdoor Track• Date 30 May, 3 and 6 June 2019• Time 3.00 pm to 5.00 pm <p>Selected participants are expected to attend all training sessions.</p>	Shortlisted participants will be contacted by 14 June 2019.
<p><u>Round 4: Interview</u></p> <ul style="list-style-type: none">• Period June to August 2019	Successful participants will be offered Direct School Admission to Singapore Sports School.

Note: Parents are advised to accompany their child for all sessions in the selection process.

Contact Details

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Visit our school website <http://www.sportsschool.edu.sg> for more information.