

The True Value Of Reading

Singapore Sports School Reading Programme

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Avid Readers, from left: Aryna Mohammad Affendy, Eleanor Tan Shu Ya, Principal Mr Tan Teck Hock, Zhang Wanling, Hani Haziqah Mohamed Yazli and Aaliyaa Shu Qi Omar Marcus Tan

They may have received tokens of recognition for reading the most number of books since January 2016, but the quintet of Aaliyaa Shu Qi Omar Marcus Tan, Aryna Mohammad Affendy, Eleanor Tan Shu Ya, Hani Haziqah Mohamed Yazli and Zhang Wanling know their true reward was not the tokens but the knowledge they have gained from reading.

Indeed, such is Netball Academy student-athlete Aryna's appreciation of the Reading Programme that during the assembly programme on 3 November 2016, she recommended some good books for the student-athlete population to read. One of them is Introduction to Coaching Theory, which taught her the principles of training to help push herself as well as some tips on nutrition and recovery. Some of her other recommendations include Kathleen Krul's Wilma Unlimited and The Giver, by Lois Lowry.

Singapore Sports School's Reading Programme seeks to cultivate a regular reading habit amongst our student-athletes as well as encourage them to read sport-related books to broaden their knowledge and enhance their understanding of the Champion's Mindset.

Student-athletes can take advantage of the School's newly renovated Library, The Starting Block, which carries a wide range of books including titles that won the Pulitzer Prize for Fiction from 2000 to 2015.

National Library Board has also provided a reading list of books they can read during their holidays.

As Roald Dahl once said: "If you are going to get anywhere in life, you have to read a lot of books."

NATIONAL LIBRARY BOARD READING LIST

Lower Secondary

Convergence (The Zodiac Legacy, Book 1) – Stan Lee And Stuart Moore
A Greyhound Of A Girl – Roddy Doyle
How To Read Literature Like A Professor: For Kids - Thomas C. Foster
The Dead Of Winter – Chris Priestley
Masterminds (Masterminds, Book1) – Gordon Korman
Lair Of The Leopard (Mission: Survival, Book 8) – Bear Grylls
Down A Dark Hall – Lois Duncan
The Honest Truth – Dan Gemeinhart
Seven Wonders Of Medicine (Seven Wonders) – Karen Gunnison Ballen
At The World's End – Catherine Fisher
The Boy Who Could Fly – James Norcliffe
Pay It Forward: Young Readers Edition – Catherine Ryan Hyde
Theodore Boone: Kid Lawyer – John Grisham
The Lost Hero: The Graphic Novel (Heroes Of Olympus, Book 1) – Robert Venditti
The Ghost In The Glass House – Carey Wallace
The Always War – Margaret Peterson Haddix
Jackaby – William Ritter
Awesome – Pete Johnson
The Six – Mark Alpert
Drawing Manga Mecha, Weapons, And Wheels (Manga Mania) – Anna Southgate And Yishan Li

Upper Secondary

Prince Of Hazel And Oak (Shadowmagic) – John Lenahan
The Ruins Of Gorlan (Ranger's Apprentice, Book 1) – John Flanagan
Journey To Topaz: A Story Of The Japanese- American Evacuation – Yoshiko Uchida
The Haunting Of Sunshine Girl (Haunting Of Sunshine Girl, Book 1) – Paige McKenzie And Alyssa B.Sheinmel
The Weight Of Water – Sarah Crossan
The Bargaining – Carly Anne West
The Boy Who Harnessed The Wind – William Kamkwamba And Bryan Mealer
The Fixer – Jennifer Lynn Barnes
Seers – Kristine Bowe
The Color Of Silence –Lianne Shaw

The Distance Between Lost And Found – Kathryn Holmes

A Creature Of Moonlight – Rebecca Hahn

Atlantia – Ally Condie

Lois Lane: Fallout – Gwenda Bond

Better Off Friends – Elizabeth Eulberg

No Summit Out Of Sight: The True Story Of The Youngest Person To Climb The Seven Summits – Jordan Romero And Linda LeBlanc

The Uncaged (Singular Menace, Book 1) – John Sandford And Michele Cook

Insanity – Susan Vaught

Goodbye Stranger – Rebecca Stead

Red Queen – Victoria Aveyard