

## Swimmers Put Values Into Action

*Values In Action: Swimming Academy*

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For several years, Singapore Sports School's Swimming Academy has made annual visits to Sree Narayana Mission (Singapore) to give back to society and the less fortunate. On 25 April 2017, the swimmers returned to the home in Yishun to visit the elderly residents.

Accompanied by Academy staff, mentors, Boarding staff and parents, the Swimming Academy brought good cheer and warm friendship to their beneficiaries at Sree Narayana's Home for the Aged Sick. One different activity they had this year was to bring the elderly residents on an outing to a nearby hawker centre for dinner.

Refusing to let the light drizzle dampen their spirits, the Sports School swimming community sheltered 18 wheelchair-bound residents to visit Chong Pang Food Centre for local delights and to soak in the atmosphere of the community setting. Overwhelming joy radiated from the residents' faces as our

student-athletes served them mouth-watering dishes and partook dinner together. Disparity in language gave way to communication bridged by smiles and gestures as chatter across generations added to the buzz of the setting.

The Swimming Academy also contributed donations in kind to Sree Narayana. Sports School student-athletes learn to be Learned Champions With Character and Champions for Others through Academy-initiated and school-wide Values in Action activities.

This year, Sports School will be organising a sports adventure day as part of Project Champions Way, a school-wide initiative, for disabled athletes on 20 May. Funds raised through Project Champions Way will go to Singapore Disability Sports Council and Special Olympics Singapore.