

eTeens PROGRAMME
(Junior Colleges and Centralised Institute)

2019 INFORMATION SHEET FOR SCHOOLS

Introduction

1. The *eTeens* (Empowered Teens) programme is a school-based STIs (Sexually Transmitted Infection)/ HIV (Human Immunodeficiency Virus) prevention programme developed by the Health Promotion Board in collaboration with the Ministry of Education for all JC/CI 1 students.

Aims

2. The *eTeens* programme aims to provide students with accurate information to enable them to make wise, informed and sensible decisions. It raises awareness and provides knowledge about the following:

- a) the different STIs and HIV;
- b) modes of transmission for STIs and HIV;
- c) modes of protection against infection, specifically abstinence and the correct and consistent use of condoms;
- d) consequences and impact of STIs/HIV;
- e) ways of managing the impact of STIs

Format

3. *eTeens* (JC/CI) consists of a mass talk of about 1 hour. The talk will be delivered through a multi-media presentation, video screening as well as presentation of key learning points. It will be conducted by a speaker engaged by the Health Promotion Board (HPB) from an approved panel.

Method of Implementation

4. All schools are to implement *eTeens* programme for all students from JC/CI 1. Schools can contact HPB to arrange for the mass talk (see below for contact details). For optimal learning, the corresponding classroom-based lesson in Growing Years¹ should be carried out within a month after the mass talk has been conducted.

5. As part of the implementation of the *eTeens* programme, we seek the help of selected schools to administer the pre- and post-programme feedback forms for the mass talk. The feedback forms will be forwarded to you upon confirmation of the dates for the mass talks for your school.

¹The GY lesson which corresponds with the related learning objectives of eTeens (JCCI) is Unit 2 Lesson 3: *With Knowledge, Comes Responsibility*.

Parents' Information and Consent

6. Schools are to inform parents about the *eTeens* Programme. A letter for parents with an opt-out section is provided. Please ensure opt-out forms that are collected are duly completed, with the reason(s) for opting out clearly stated. These completed forms are to be kept by the school for monitoring and evaluation purposes, including updating Guidance Branch during the Annual Implementation Update for Sexuality Education.

Contact details

7. Please contact the following officers should you have further enquiries:

Zone	Lead	Email	Contact
North	Ms Pearlin Cheng	Pearlin_cheng@hpb.gov.sg	6435 3702
South	Ms Venassa Chin	Venassa_chin@hpb.gov.sg	6435 3052
East	Ms Lydia Chua	Lydia_chua@hpb.gov.sg	6435 3200
West	Ms Nim K. Sandhu Ms Bernice Sim	Nimrta_kaur_sandhu@hpb.gov.sg Bernice_SIM_from.TP@hpb.gov.sg	6435 3018