2017 News

Sports School Wins 17 Golds In Kuala Lumpur

Kuala Lumpur 2017 Southeast Asian Games

Posted: 15 September 2017
The number 17 has multiple significances in today’s context.

Apart from being the number of syllables in a haiku, 17 was also the number most frequently worn by local footballer Fandi Ahmad.

However, that number will now carry extra meaning in Singapore Sports School after our 104 past and present student-athletes combined to win 17 golds and account for almost 30 percent of Team Singapore’s gold medals at the Kuala Lumpur 2017 Southeast Asian Games.

In addition, the 17 golds, 21 silvers, and 20 bronze medals, alongside the five SEA Games and six National records set is also Sports School’s best ever “away” showing at the biennial Games.

Among the SEA Games champions were synchronised swimmer Debbie Soh Li Fei and wakeboarder Sasha Siew Hoon Christian, who won Singapore’s first and 50th gold medals thanks to after their exploits in the Solo Free Routine and Women’s Slalom respectively.

The Games was also a season for winning streaks, with Amanda Lim Xiang Qi defending her Women’s 50m Freestyle crown to remain unbeaten in the event since 2009.

Among the other highlights were the Men’s Bowling Tem comprising Basil Dill Ng Jui Chang, Darren Ong Wei Siong, Keith Saw Hui-Xun, Muhammad Jaris Goh Ali Akbar Goh and Timothy Theodore Tham Fu Rong who clinched Singapore’s first Team gold in 22 years, while Gregory Raymund Foo Yongen, Joshua Shou Minqing and Marc Ong Chong Ching won Singapore’s first gold medal in golf since 1989.
Results
Aquatics
Diving
Women's Synchronised 3m Springboard
2nd Fong Kay Yian

Open Water
Women’s 10km
3rd Chantal Liew Li-Shan

Swimming
Men's 200m Individual Medley
2nd Pang Sheng Jun

Men's 400m Individual Medley
3rd Pang Sheng Jun

Men's 4x200m Freestyle Relay
1st Pang Sheng Jun

Women's 50m Breaststroke
1st Roanne Ho Ru En (New SEA Games Record, New National Record)

Women's 50m Freestyle
1st Amanda Lim Xiang Qi (New SEA Games Record)

Women's 4x100m Freestyle Relay
1st Amanda Lim Xiang Qi (New SEA Games Record, New National Record)

Women's 4x100m Medley Relay
1st Hoong En Qi

Synchronised Swimming
Solo Free Routine
1st Debbie Soh Li Fei
3rd Miya Yong Hsing

Solo Technical Routine
2nd Debbie Soh Li Fei
3rd Miya Yong Hsing

Duet Free Routine
2nd Debbie Soh Li Fei, Miya Yong Hsing

Duet Technical Routine
1st Debbie Soh Li Fei, Miya Yong Hsing
Team Free Routine
1st Ariel Sng Kai Lin, Debbie Soh Li Fei, Gwyneth Goh Xiao Hui, Miya Yong Hsia

Water Polo
Women’s Team
2nd Koh Xiao Li, Loke En Yuan, Naomi Yap Xiao Fei

Athletics
Women’s 100m
3rd Veronica Shanti Pereira (New National Record in Semi-Finals)

Women’s 200m
3rd Veronica Shanti Pereira

Women’s 400m
2nd Dipna Lim Prasad (New National Record)

Women’s 100m Hurdles
3rd Nur Izlyn Zaini (Equalled National Record)

Women’s 400m Hurdles
2nd Dipna Lim Prasad

Badminton
Men’s Team
3rd Jason Wong Guang Liang, Lee Jianliang, Loh Kean Hean, Loh Kean Yew, Muhammad Elaf
Tan Wei, Ryan Ng Zin Rei, Terry Hee Yong Kai

Women’s Team
3rd Crystal Wong Jia Ying, Liang Xiaoyu, Nur Insyirah Khan Abdul Hamid Khan, Ong Ren-ne, Si
To Jia Rong, Tan Wei Han, Yeo Jia Min

Bowling
Men’s Team
1st Basil Dill Ng Jui Chang, Darren Ong Wei Siong, Keith Saw Hui-Xun, Muhammad Jaris Goh
Ali Akbar Goh, Timothy Theodore Tham Fu Rong

Women’s Doubles
2nd New Hui Fen
3rd Daphne Tan Shi Jing

Women’s Trios
2nd New Hui Fen

Women’s Team
2nd Bernice Lim Hui Ying, Daphne Tan Shi Jing, Jazreel Tan Shi Hua, New Hui Fen
Fencing
Women’s Foil Individual
1st Amita Berthier
3rd Nicole Mae Wong Hui Shan

Men’s Sabre Individual
3rd Ahmad Huzaiifah Saharudin

Golf
Men’s Individual (Stroke Play)
2nd Marc Ong Chong Ching

Men’s Team (Match Play)
1st Gregory Raymund Foo Yongen, Joshua Shou Minq, Marc Ong Chong Ching

Gymnastics
Artistic
Women’s Team
2nd Zeng Qiyan

Rhythmic
Women’s Group Mixed Apparatus (2 Ropes 3 Balls)
3rd Avryl Tan Ying, Edlyn Ho Zen Yee, Jael Chew, Lyn Yeo Siew Lyn, Michele Petrova Lau Xin Ling, Phebe Meredith Lau Zhi Ling

Women’s Group Single Apparatus (5 Hoops)
2nd Avryl Tan Ying, Edlyn Ho Zen Yee, Jael Chew, Lyn Yeo Siew Lyn, Michele Petrova Lau Xin Ling, Phebe Meredith Lau Zhi Ling

Women’s Team
3rd Avryl Tan Ying, Edlyn Ho Zen Yee, Phebe Meredith Lau Zhi Ling

Netball
Women’s Team
2nd Kimberly Lim Wei Yan, Melody Teo, Nur ‘Aqilah Afiqah Andin Agustino Saman

Pencak Silat
Men’s Artistic Doubles
3rd Muhammad Haziq Zainal Abidin, Nujaid Hasif Zainal Abidin

Men’s Artistic Team
3rd Hamillatu Arash Juffrie, Muhammad Haziq Zainal Abidin, Nujaid Hasif Zainal Abidin

Men’s Match Class ‘G’ (75-80kg)
2nd Muhammad Nur Alfian Juma’en
Men’s Match Class 'J' (90–95kg)
1st Sheik Farhan Sheik Alau'ddin

Women’s Match Class 'B' (50–55kg)
3rd Nurul Shafiqah Mohamed Saiful

Women’s Match Class 'D' (60–65kg)
3rd Nurul Suhaila Mohamed Saiful

**Shooting**

*Men’s 10m Air Rifle Individual*
2nd Mohamad Irwan Abdul Rahman

*Women’s 10m Air Rifle Individual*
1st Martina Lindsay P Veloso (New SEA Games Record)

**Table Tennis**

*Men’s Singles*
2nd Clarence Chew Zhe Yu

*Men’s Doubles*
1st Pang Xue Jie
2nd Clarence Chew Zhe Yu, Ethan Poh Shao Feng

*Men’s Team*
2nd Clarence Chew Zhe Yu, Ethan Poh Shao Feng, Pang Xue Jie

*Women’s Team*
1st Yee Herng Hwee

*Mixed Doubles*
2nd Pang Xue Jie
3rd Clarence Chew Zhe Yu

**Waterski and Wakeboarding**

*Women’s Slalom*
1st Sasha Siew Hoon Christian (New SEA Games Record)

*Women’s Wakeboard*
1st Sasha Siew Hoon Christian

*Mixed Team Wakeboard*
2nd Sasha Siew Hoon Christian
Wushu
Men’s Optional Taijijian
3rd Chan Jun Kai

Other New National Records
Aquatics (Swimming)
Men’s 400m Freestyle
4th Pang Sheng Jun (New National Record)

Athletics
Women’s 4x100m Relay
4th Dipna Lim Prasad, Nur Izlyn Zaini, Veronica Shanti Pereira, Wendy Enn (New National Record)

Alumni Win Big Prizes
Singapore Sports Awards

Posted: 15 August 2017
Asians commonly subscribe to the adage that good things come in pairs, and that was certainly true for Singapore Sports School after two of its alumni were honoured at the 2017 Singapore Sports Awards.
Sheik Farhan Sheik Alau’ddin strode up the Ritz Carlton Millenia stage on 8 August to collect his first ever Sportsboy of the Year award before fellow alumni New Hui Fen followed suit when she was named Sportswoman of the Year.

Hui Fen beat three others including fellow alumna Nurul Suhaila Mohamed Saiful to become Sports School’s second Sportswoman of the Year after a successful season saw her win silver at the World Singles Bowling Championships and named Rookie of the Year by the Professional Women’s Bowling Tour.

Farhan meanwhile, was honoured after he became a world champion for the second time when he clinched the Class J title at the 2016 World Pencak Silat Championship.

The Singapore Sports Awards were introduced by the Singapore National Olympic Council in 1968 to recognise the finest achievements of our athletes and has evolved to become Singapore’s most highly coveted honours for sporting achievements.

**Award Winners**

**Sportswoman of the Year**
New Hui Fen

**Sportsboy of the Year**
Sheik Farhan Sheik Alau’ddin

**Meritorious Awards (Shooting)**

**Meritorious (Junior)**
Adele Tan Qian Xiu
Ho Xiu Yi
Martina Lindsay P Veloso

**Meritorious (Team)**
Ho Xiu Yi
Martina Lindsay P Veloso
Mohamad Iwan Abdul Rahman
Muhammad Izzat Junaidie
Nurul Syafiqa Nassaruddin
Sports School Ready For KL
Kuala Lumpur 2017 Southeast Asian Games Send-Off Ceremony

Posted: 15 August 2017
It all began in 2005 when Singapore Sports School sent seven student-athletes to the Southeast Asian Games in Manila. Six editions on and the number has increased by nearly 15 fold.

On 10 August 2017, Sports School organised its seventh send-off ceremony to recognise and cheer on its past and present student-athletes heading to the Kuala Lumpur 2017 SEA Games. Student-athletes and alumni will be competing in 17 out of 38 sports contested at the biennial Games.

The evening event was attended by Chairman of Sports School’s Board of Directors, Ms Yeoh Chee Yan, who was guest-of-honour, Chef de Mission Mr Milan Kwee and his deputies Mr Mark Chay and Mr Lee Wung Yew. Each SEA Games-bound athlete received a board
comprising all Sports School athletes heading to the 29th edition in Kuala Lumpur and the school mascot ROAR.

Sports School sent off its largest number of representatives at this year’s SEA Games. Over 100 past and present student-athletes have been given the nod from the Singapore National Olympic Council, with at least 40% of them making their debut at the Games. Amongst the 104 Team Sports School’s competitors, 45 of them are current secondary and post-secondary student-athletes. Pistol coach Nigel Lim Swee Hon from the Shooting Academy will also be part of the Team Singapore contingent.

In the last edition of the Games on homeground, Sports School athletes contributed a creditable 38 per cent of the gold medals won by Team Singapore. They garnered 32 golds, 19 silvers and 19 bronzes.

Competition began for the footballers and netballers on 14 August. Sports School wishes our student-athletes and alumni the very best as they do Singapore proud at the Games which officially begin on 19 August. We’re Ready for KL and will be backing all of you up!

**Team Singapore Sports School at Kuala Lumpur 2017 Southeast Asian Games**

**Athletics**
- Calvin Kang Li Loong
- Dipna Lim Prasad
- Kugapriya d/o Chandran
- Nur Izlyn Zaini (Post-Secondary – DSLM Year 3)
- Veronica Shanti Pereira
- Wendy Enn

**Badminton**
- Crystal Wong Jia Ying (Post-Secondary – IBDP Year 2)
- Jason Wong Guang Liang (Post-Secondary – DSLM Year 4)
- Lee Jianliang (Post-Secondary – DSLM Year 3)
- Liang Xiao Yu
- Loh Kean Hean
- Loh Kean Yew
- Muhammad Elaf Tan Wei (Post-Secondary – DSLM Year 3)
- Nur Insyirah Khan Abdul Hamid Khan (Secondary 4)
- Ong Ren-ne (Post-Secondary – DSLM Year 3)
- Ryan Ng Zin Rei (Post-Secondary – DSLM Year 3)
- Si To Jia Rong (Post-Secondary – DBS Year 1)
- Tan Wei Han
- Terry Hee Yong Kai
- Yeo Jia Min (Post-Secondary)

**Bowling**
- Basil Dill Ng Jui Chang (Post-Secondary – DSLM Year 4)
- Bernice Lim Hui Ying
Daphne Tan Shi Jing
Darren Ong Wei Siong (Post-Secondary – DSLM Year 3)
Jazreel Tan Shi Hua
Keith Saw Hui-Xun
Muhammad Jaris Goh Ali Akbar Goh (Post-Secondary – DSLM Year 3)
New Hui Fen
Timothy Theodore Tham Fu Rong (Post-Secondary – DSLM Year 3)

**Cricket**
Shafina Mahesh
Tan Zay Hua (Post-Secondary – IBDP Year 2)

**Aquatics**

**Diving**
Fong Kay Yian

**Open Water Swimming**
Benedict Boon Ji Chao (Post-Secondary – DSLM Year 4)
Chantal Liew Li-Shan
Chin Khar Yi
Erasmus Ang Zhong Qing (Post-Secondary – DSLM Year 1)

**Pool Swimming**
Amanda Lim Xiang Qi
Benedict Boon Ji Chao (Post-Secondary – DSLM Year 4)
Hoong En Qi
Pang Sheng Jun
Roanne Ho Ru’En

**Synchronised Swimming**
Ariel Sng Kai Lin (Secondary 4)
Debbie Soh Li Fei (Post-Secondary – IBDP Year 2)
Gwyneth Goh Xiao Hui (Post-Secondary – IBDP Year 2)
Miya Yong Hsing (Post-Secondary – IBDP Year 1)

**Water Polo**
Koh Xiao Li
Loke En Yuan
Naomi Yap Xiao Fei

**Fencing**
Ahmad Huzaifah Saharudin (Post-Secondary – DSLM Year 1)
Amita Berthier (Secondary 4)
Nicole Mae Wong Hui Shan
Football
Adam Swandi
Ikhsan Fandi
Illyas Lee Si Qin
Irfan Fandi
Joshua Bernard Pereira
Lionel Tan Han Wei
Mohamad Hanafi Mohd Akbar
Muhamad Rusyaidi Salime
Muhammad Amirul Adli Azmi
Muhammad Hami Syahin Said
Muhammad Muhamin Suhaime
Muhammad Muhelmy Suhaime
Muhammad Shahrin Saberin
Muhammad Syahrul Sazali
Muhammad Zharfan Rohaizad

Golf
Callista Chen Wan Qing (Post-Secondary – IBDP Year 2)
Gregory Raymund Foo Yongen
Jacqueline De Los Reyes Young (Post-Secondary – IBDP Year 2)
Joshua Shou Minqing
Marc Ong Chong Ching

Gymnastics
Artistic
Sean Yeo Xong Sean (Post-Secondary – DSLM Year 2)
Zeng Qiyan (Post-Secondary – DSLM Year 3)

Rhythmic
Avryl Tan Ying (Secondary 4)
Edlyn Ho Zen Yee (Post-Secondary – DBS Year 1)
Jael Chew (Post-Secondary – DSLM Year 1)
Lyn Yeo Siew Lyn (Post-Secondary – IBDP Year 1)
Michele Petrova Lau Xin Ling (Secondary 4)
Phebe Meredith Lau Zhi Ling (Secondary 4)

Netball
Kimberly Lim Wei Yan
Melody Teo
Nur ‘Aqilah Afiqah Andin Agustino Saman

Pencak Silat
Abdul Raaziq Abdul Rashid (Post-Secondary – DSLM Year 2)
Hamillatu Arash Juffrie (Post-Secondary – DSLM Year 2)
Muhammad Haziq Zainal Abidin
Muhammad Iqbal Abdul Rahman  
Muhammad Nur Alfian Juma'en  
Nujaid Hasif Zainal Abidin (Post-Secondary – IBDP Year 1)  
Nur Hakim Norshamsuddin (Post-Secondary – DSLM Year 1)  
Nurul Shafiqah Mohamed Saiful  
Nurul Suhaila Mohamed Saiful  
Sheik Farhan Sheik Alau’ddin  
Sheik Ferdous Sheik Alau’ddin

**Shooting**  
Martina Lindsay P Veloso  
Mohamad Irwan Abdul Rahman (Post-Secondary – DSLM Year 2)  
Nigel Lim Swee Hon (Staff)

**Table Tennis**  
Clarence Chew Zhe Yu (Post-Secondary – DSLM Year 5)  
Ethan Poh Shao Feng (Post-Secondary – DBS Year 1)  
Pang Xue Jie  
Yee Heng Hwee (Post-Secondary – DSLM Year 3)

**Tennis**  
Charmaine Seah Shi Yi  
Muhammad Shaheed Alam Meqsud Alam (Post-Secondary – DSLM Year 3)  
Sherwin Foo Shi Yun

**Triathlon**  
Jeremia Christy Suriadi

**Waterski & Wakeboarding**  
Sasha Siew Hoon Christian

**Wushu**  
Chan Jun Kai (Secondary 4)

*All athletes are alumni unless otherwise stated.*
A Chip Off The Old Block
2016 World Pencak Silat Championship

Posted: 15 December 2016

Sheik Alau’ddin Yacoob Marican was the toast of Singapore’s pencak silat scene when he won the second of his world championship titles in 1994.

Sheik can now count one more double world champion within his family after his son, Sheik Farhan Sheik Alau’ddin, beat Mach Quoc Hung 5-0 to win the Class J title for the second time on 8 December 2016.

While his father had to wait four years to become a double world champion, Farhan’s victory at the 17th World Pencak Silat Championship means it took him less than two years to emulate his father’s achievements.

There was also a sense of déjà vu as Farhan had beaten the same Vietnamese opponent when he won his maiden world title in January 2015.

Although he narrowly won 3-2 in 2015, his 2016 victory in Bali, Indonesia was far more straightforward as he defeated his opponent by a 5-0 scoreline.

In fact, Farhan’s victory was even more impressive when one considers he had dislocated his knee in March and further strained the same knee just before the competition.
All in all, nine past and present Singapore Sports School student-athletes contributed 1 gold, 1 silver and 4 bronze medals to Singapore’s medal haul.

RESULTS

Men’s Match Class F
3 Abdul Raaziq Abdul Rashid

Men’s Match Class H
3 Muhammad Nur Alfian Juma’en

Men’s Match Class J
1 Sheik Farhan Sheik Alau’ddin

Women’s Match Class D
3 Nurul Suhaila Mohamed Saiful

Men’s Artistic Singles
2 Muhammad Iqbal Abdul Rahman

Men’s Artistic Doubles
3 Muhammad Haziq Zainal Abidin, Nujaid Hasif Zainal Abidin

Men’s Artistic Team
3 Muhammad Haziq Zainal Abidin, Nujaid Hasif Zainal Abidin, Hamillatu Arash Juffrie
Hasif Takes 2 Of 5 Gold Medals Won In Indonesia
2nd Bekasi Open Challenge

Serena Wong
Acting General Manager, Individual Programme

Posted: 14 October 2016

From left: Muhammad Riansyauqi Mistam, Amirah Sahrin, Abdul Raazaq Abdul Rashid, Siti Khadijah, Mohamad Shahrem, Nujaid Hasif, Zainal Abidin

It was all smiles for Singapore Sports School’s Pencak Silat exponents after they won 5 golds and a silver at the 2nd Bekasi Open Challenge.

Nujaid Hasif Zainal Abidin was Sports School’s top performer from 11 to 15 August 2016 as he returned from Jakarta, Indonesia, with 2 gold medals.

The Secondary 4 student-athlete clinched his titles in the Artistic Male Singles and the Match Male D events.
“It was not easy to win my 2 golds, but I kept telling myself to focus on fighting my hardest and giving my best,” Hasif said.

Another student-athlete who excelled was Siti Khadijah Mohamad Shahrem, who earned a gold medal from the Match Female E event as well as a silver in the Artistic Female Singles event.

RESULTS

Gold
Artistic Male Singles – Nujaid Hasif Zainal Abidin
Match Female C – Amirah Sahrin
Match Female E – Siti Khadijah Mohamad Shahrem
Match Male D – Nujaid Hasif Zainal Abidin
Match Male E – Muhammad Riansyauqi Mistam

Silver
Artistic Female Singles – Siti Khadijah Mohamad Shahrem

Sports School Contributes To Nearly 60% Of Medals

*Asian Beach Games*

**Serena Wong**
Acting General Manager, Individual Programme

*Posted: 14 October 2016*
Past and present student-athletes of Singapore Sports School won 2 golds and 5 bronzes to help Singapore record its best medal haul at the Asian Beach Games from 24 September to 3 October 2016.

In fact, with Singapore winning a total of 2 golds, 3 silvers and 7 bronzes, the Sports School team has contributed to 100 per cent of the gold medals and nearly 60 per cent of Singapore’s total medal haul in Vietnam.

Pencak Silat exponents Sheik Farhan Sheik Alau’ddin and Nurul Khairunnisa Azlani@Fiona were the toast of the town after they won Singapore’s two gold medals.

Farhan clinched his gold after defeating Vietnam’s Le Sy Kien 3-2 in the final of the Match Male Class H Division, while Fiona secured her gold after she defeated Nguyen Thu Thuy by 8 points in the Artistic Female Singles category.

All five bronze medals won by the Sports School team were in the pencak silat events.

**RESULTS**

**Gold**
- Artistic Female Singles – Nurul Khairunnisa Azlani@Fiona
- Match Male H – Sheik Farhan Sheik Alau’ddin

**Bronze**
- Artistic Male Singles – Muhammad Iqbal Abdul Rahman
- Match Female B – Nurul Shafiqah Mohamed Saiful
- Match Female D – Nurul Suhaila Mohamed Saiful
- Match Male F – Abdul Raaziq Abdul Rashid
- Match Male G – Muhammad Nur Alfian Juma'en
Farhan Is BH’s Choice As Young Achiever
Berita Harian Awards

Posted: 15 September 2016

Sheik Farhan Sheik Alau’ddin was presented with the Berita Harian’s Young Achiever Award on 30 August 2016.

The 18-year-old pencak silat exponent was conferred the award following a stellar 2015 and 2016, when he won gold medals at a range of tournaments including the 2015 World Pencak Silat Championship and the 2015 Southeast Asian Pencak Silat Championships.

Farhan’s next goals are victories at the Asian Beach Games and upcoming World Pencak Silat Championship.

The BH award, also known as the Anugerah Jauhari Harapan, is given to inspiring young Malay/ Muslim Singaporeans aged 30 and younger.

Achievements
2015 World Pencak Silat Championships Men’s Match Class J (90-95 kg) Gold Medallist
2015 Southeast Asian Pencak Silat Championships Men’s Match Class J (90-95 kg) Gold Medallist
2015 Southeast Asian Games Men’s Match Class H (80-85 kg) Bronze Medallist
2015 Three Nations Championship Men’s Match Class I (85-90kg) Silver Medallist
2016 National Pencak Silat Championship Men’s Match Class J (90-95kg) Gold Medallist
Celebrating Champions
2016 Singapore Sports Awards

Posted: 15 July 2016

Past and present student-athletes and one staff from Singapore Sports School strode up the stage 66 times to receive the Singapore Sports Awards on 23 June 2016 – the majority of who had won gold medals at the 28th Southeast Asian Games on home soil in 2015.

New Hui Fen, Kimberly Lim Wei Yan and Shelby Lian Koh were the big winners at Raffles City Convention Centre after they took home the top prizes in the Team of the Year category.

Bowling alumnus Hui Fen won her second consecutive Team of the Year (Event) award after partnering Shayna Ng and Cherie Tan to win silver in the Bowling Trios Team event at the 2015 World Women’s Championships. She also won the Meritorious Awards (Individual) and Meritorious Awards (Event) prizes as a member of the Women’s Trios team at the Asian Bowling Championship and Women’s Team at the World Women’s Championship, together with fellow alumni Daphne Tan Shi Jing and Jazreel Tan Shi Hua.

Meanwhile, Kimberly and Shelby, along with the National Netball Squad, were recognised in the Team of the Year (Team Sport) category after winning the gold medal in the netball tournament at the 28th Sea Games. Like Hui Fen, this is also Kimberly’s second straight year winning the award.
Additionally, Shooting Coach and Range Executive Nigel Lim Swee Hon was presented a Meritorious Award for winning the 50m Free Pistol Men’s Team gold medal in shooting at the 28th Sea Games.

SINGAPORE SPORTS AWARDS WINNERS

**Team of the Year (Event)**

**Bowling Trios Team (2015 World Women’s Championships)**

New Hui Fen

**Team of the Year (Team Sport)**

**Netball Team (28th Sea Games)**

Kimberly Lim Wei Yan
Shelby Lian Koh

**Meritorious Awards – Sportsboy/ Sportsgirl (Individual)**

**Fencing**

Amita Marie Nicolette Berthier
Neville Lim Woon Juin
Ryan Ong Ren An

**Pencak Silat**

Sheik Farhan Sheik Alau’ddin

**Track and Field**

Veronica Shanti Pereira

**Meritorious Awards – Sportsboy/ Sportsgirl (Event)**

**Gymnastics: Women’s Team (28th Sea Games)**

Zeng Qiyan

**Shooting: 10m Air Rifle Women’s Team (ISSF Junior Cup)**

Adele Tan Qian Xiu
Ho Xiu Yi
Martina Lindsay P Veloso

**Meritorious Awards (Individual)**

**Bowling**

Daphne Tan Shi Jing
Jazreel Tan Shi Hua
New Hui Fen

**Pencak Silat**

Muhammad Iqbal Abdul Rahman
Muhammad Nur Alfian Juma’en
Nurul Suhaila Mohd Saiful
Swimming
Amanda Lim Xiang Qi
Roanne Ho Ru’en
Tao Li

Waterski and Wakeboard
Sasha Siew Hoon Christian

Meritorious Awards (Event)
Badminton: Girls’ Doubles (Asia Youth Championship)
Crystal Wong Jia Ying
Yeo Jiamin

Bowling: Women’s Trios (Asian Bowling Championship)
New Hui Fen

Bowling: Women’s Team (World Women’s Championship)
Daphne Tan Shi Jing
Jazreel Tan Shi Hua
New Hui Fen

Bowling: Men’s Doubles (28th Sea Games)
Howard Saw Hui-Zhe
Keith Saw Hui-Xun

Bowling: Women’s Trios (28th Sea Games)
Bernice Lim Hui Ying

Fencing: Foil Women’s Team (28th Sea Games)
Nicole Mae Wong Hui Shan

Gymnastics: Women’s Rhythmic (28th Sea Games)
Edlyn Ho Zen Yee

Pencak Silat: Artistic Male Doubles (16th World Pencak Silat Championship)
Sheik Ferdous Sheik Alau’ddin

Pencak Silat: Artistic Female Team (16th World Pencak Silat Championship)
Nur Fazlin Juma’en
Nur Shafiq Sheik Alau’ddin
Nurul Khairunnisa Azlani

Pencak Silat: Artistic Male Team (16th World Pencak Silat Championship)
Hamillatu Arash Juffrie
Muhammad Haziq Zainal Abidin
Sailing: Female Fleet Racing Keelboat (28th Sea Games)
Daniella Ng Hui Min
Jovina Choo Bei Fen

Sailing: Mixed Nacra 17 Fleet (ISAF Sailing World Cup)
Denise Lim Kexin

Sailing: Men’s 470 (28th Sea Games)
Darren Choy Wong Loong

Sailing: Women’s Skiff 49er (28th Sea Games)
Griselda Khng

Shooting: 10m Air Rifle Women’s Team (28th Sea Games)
Martina Lindsay P Veloso

Shooting: 50m Free Pistol Men’s Team (28th Sea Games)
Nigel Lim Swee Hon (Staff)

Swimming: Men’s 4x100m Freestyle Relay Team (28th Sea Games)
Clement Lim Yong’En

Swimming: Women’s 4x100m Freestyle Relay Team (28th Sea Games)
Amanda Lim Xiang Qi
Hoong En Qi

Swimming: Men’s 4x100m Medley Relay Team (28th Sea Games)
Clement Lim Yong’En

Swimming: Women’s 4x100m Medley Relay Team (28th Sea Games)
Amanda Lim Xiang Qi
Roanne Ho Ru’en
Tao Li

Swimming: Men’s 4x200m Freestyle Relay Team (28th Sea Games)
Pang Sheng Jun

Swimming: Women’s 4x200m Freestyle Relay Team (28th Sea Games)
Amanda Lim Xiang Qi

Synchronised Swimming: Team Routine (28th Sea Games)
Crystal Yap Yu Hui
Debbie Soh Li Fei
Gwyneth Goh Xiao Hui
Lee Mei Shuang
Natalie Chen Mei Qing
Stephanie Chen Mei Qi

Table Tennis: Men’s Team (28th Sea Games)
Clarence Chew Zhe Yu

Table Tennis: Women’s Team (20th Commonwealth Table Tennis Championship)
Pearlyn Koh Kai Xin
Yee Herng Hwee
Zhang Wanling

Table Tennis: Women’s Team (28th Sea Games)
Isabelle Li Siyun

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4 Receive Prestigious HPU18 Award
*Singapore Olympic Foundation-Peter Lim Scholarship*

Colin Ng
Executive, Strategic Communications

*Posted: 15 June 2016*
Four student-athletes from Singapore Sports School received the prestigious High Performance U18 category award of the Singapore Olympic Foundation-Peter Lim Scholarship at ITE College East on 20 May 2016. They are Amita Marie Nicolette Berthier, Debbie Soh Li Fei, Ethan Poh Shao Feng and Ho Xiu Yi.

This is the third year in a row that Debbie and Ethan have received the HPU18 Award, as well as Amita’s second consecutive award. This is also Xiu Yi’s third award from the Foundation, and first in the HPU18 category, having won the Secondary School category award in 2015 and 2014.

Altogether, 36 student-athletes from the Sports School received scholarships, of which 16 are first-time recipients. Gymnasts Lincoln Forest Light Man and Kaeson Lim Junyi, and bowler Nu’man Syahmi Yusri received their fourth award in the Secondary School category since 2013.

Fencer Amita first came to prominence after winning the 2013 H2020 East Interzone Foil Minime (Girls U15) and the 2013 Challenge Wratislavia (Girls U13). Her biggest accolade so far has been her two gold medals at the 2016 Asian Junior and Cadet Fencing Championships at Manama, Bahrain, where she triumphed in the Women’s Cadet Foil Individual and Team events.

Shooter Xiu Yi’s achievements include a second-place finish in the Women’s 10m Air Rifle Team event at the 2015 ISSF Junior Cup, as well as a silver in the Women’s Junior 10m Air Rifle Individual event at the 2015 Asian Shooting Championships.

Ethan, meanwhile, has participated in the 2015 South East Asian Junior and Cadet Table Tennis Championships where he won 2 silvers in the Junior Boys Doubles and Junior Boys
Team events. He also won a silver at the 2014 Southeast Asian Table Tennis Championships Men’s Team event as well as a bronze in the Doubles event.

Debbie too has built a strong resume thanks to her 3 gold medals at the Singapore 2015 Southeast Asian Games and participation at the 2013 and 2015 FINA World Championships.

**AWARD RECIPIENTS**

**High Performance U18**
- Amita Marie Nicolette Berthier (Fencing), 2nd award
- Debbie Soh Li Fei (Synchronised Swimming), 3rd award
- Ethan Poh Shao Feng (Table Tennis), 3rd award
- Ho Xiu Yi (Shooting), 3rd award – twice in Secondary School category

**Tertiary**
- Adele Tan Qian Xiu (Shooting), 3rd award
- Gladys Wong Yan Lin (Wushu), 1st award
- Louis Tee Jun Jie (Golf), 1st award
- Merilyn Cheong Jia Ping (Netball), 2nd award
- Ong Yong Qing (Shooting), 1st award

**Secondary School**
- Addeen Idzni Imran (Track and Field), 2nd award
- Amirah Sahrin (Pencak Silat), 1st award
- Ang Jia Yu (Netball), 1st award
- Avryl Tan Ying (Rhythmic Gymnastics), 3rd award
- Brant Tan Jun Rong (Football), 1st award
- Brian Koh Shao Yang (Fencing), 2nd award
- Fernel Tan Qian Ni (Shooting), 1st award
- Gabriel Lim Kea Seng (Shooting), 3rd award
- Gaddiel Lim Kang Seng (Shooting), 1st award
- Hew Yun Ting (Shooting), 1st award
- KAESON Lim Junyi (Artistic Gymnastics), 4th award
- Lee Kar Moon (Fencing), 2nd award
- LINCOLN Forest Liqht Man (Artistic Gymnastics), 4th award
- Lyn Yeo Siew Lyn, (Rhythmic Gymnastics), 3rd award
- Mohamed Iskandar Shah Mohamed Fazil (Track and Field), 1st award
- Muhamad Nurshahilman Noradee (Track and Field), 1st award
- Muhammad Izzat Junaidie (Shooting), 1st award
- Nizh Harraz Hamizun Shah (Football), 1st award
- Nor Syafiq Ismadi (Football), 2nd award
- Norasyiqin Mohamed Wahid (Track and Field), 3rd award
- Nu’man Syahmi Yusri (Bowling), 4th award
- Nur Syarin Zahari (Track and Field), 1st award
- Ryan Dayne Phang (Shooting) 1st award
- Sharifah Syafira Putri Syed Osman (Shooting), 1st award
- Tan Sin Yu (Badminton), 3rd award
Terrence Ng Shu Hao (Shooting), 2nd award
Veralyn Tan Chou Xin (Fencing), 2nd award

A Dozen Reasons To Cheer
Singapore Sports Awards

Posted: 15 June 2016
Twelve past and present Singapore Sports School student-athletes are in the running for four Singapore Sports Awards that will be presented on 23 June 2016. A total of 11 awards will be handed out at the presentation ceremony to be held at Raffles City Convention Centre.

**NOMINATIONS**

**Sportsboy of the Year**
Sheik Farhan Sheik Alau’ddin (Pencak Silat)

**Sportsgirl of the Year**
Veronica Shanti Pereira (Track and Field)

**Team of the Year (Event)**
New Hui Fen (Bowling – Trios at 2015 World Women’s Championships) with Cherie Tan and Shayna Ng
Pang Sheng Jun (Swimming – 4x200m Freestyle at Singapore 2015 Southeast Asian Games) with Danny Yeo, Joseph Schooling and Quah Zheng Wen
Crystal Yap Yu Hui, Debbie Soh Li Fei, Gwyneth Goh Xiao Hui, Lee Mei Shuang, Natalie Chen Mei Qing and Stephanie Chen Mei Qi (Synchronised Swimming – Team at Singapore 2015 Southeast Asian Games) with Carolyn Rayna Buckle, Geraldine Chew, Miya Yong, Nadine Khor, Shona Lim and Tay Aik Fen

**Sportsboy/ Sportsgirl Team of the Year (Event)**
Crystal Wong Jia Ying and Yeo Jia Min (Badminton – Doubles, Asia Youth U17 Championships)
Alumnus Muhammad Nur Alfian Juma’en has another trophy tucked under his belt – this time the Best Male Fighter award at the 2016 Open Belgian Pencak Silat Championship.

The competition drew 120 competitors from Pencak Silat clubs and country teams from 12 countries – Australia, Belgium, France, Germany, Malaysia, the Netherlands, Russia, Surinam, Switzerland, the United Kingdom, Vietnam and Singapore – and took place in Schoten, Antwerp, on 8 and 9 May 2016.
Sports School Represented In Jakarta
Jakarta Pencak Silat Championship 5
7th UPSI International Pencak Silat Championship 2016

Pictures courtesy of Singapore Silat Federation.

Posted: 13 May 2016
Ten student-athletes from Singapore Sports School represented Singapore at the Jakarta Pencak Silat Championship 5, from 16 to 17 April 2016.

Our student-athletes contributed 14 golds and 2 silvers to help Singapore emerge as the Overall Champion nation.

Siti Fathimah Mohamad Shahrem, Nur Hadi Norshamsuddin, Siti Khadijah Mohamad Shahrem and Sheik Fayz Sheik Alau’ddin won 2 golds each in the Pre-Junior category. In addition, Siti Fathimah and Nur Hadi also won a silver each.

Nujaid Hasif Zainal Abidin and Nur Hakim Norshamsuddin, competing in the Junior category, also won 2 gold medals.

Five Sports School student-athletes also took part in the 7th UPSI International Pencak Silat Championship from 30 March to 3 April 2016 in Malaysia, winning 1 gold, 1 silver and 2 bronzes.

RESULTS

Jakarta Pencak Silat Championship 5

Pre-Junior Match

Gold
Amirah Sahrin
Muhammad Riansyauqi Mistam
Nur Hadi Norshamsuddin
Sheik Fayz Sheik Alau’ddin
Siti Fathimah Mohamad Shahrem
Siti Khadijah Mohamad Shahrem

Pre-Junior Artistic Singles

Gold
Siti Fathimah Mohamad Shahrem
Siti Khadijah Mohamad Shahrem

Silver
Nur Hadi Norshamsuddin

Pre-Junior Artistic Doubles

Gold
Nur Hadi Norshamsuddin and Sheik Fayz Sheik Alau’ddin

Silver
Amirah Sahrin and Siti Fathimah Mohamad Shahrem

Junior Match

Gold
Muhammad Affiz Mohamed Zakri
Nujaid Hasif Zainal Abidin
Nur Hakim Norshamsuddin

*Junior Artistic Singles*
*Gold*
Nujaid Hasif Zainal Abidin

*Junior Artistic Doubles*
*Gold*
Nur Hakim Norshamsuddin

*7th UPSI International Pencak Silat Championship*

*Junior Match Male ‘C’*
*Gold*
Nujaid Hasif Zainal Abidin

*Junior Match Male ‘B’*
*Silver*
Muhammad Affiz Mohamed Zakri

*Junior Match Female ‘C’*
*Bronze*
Amirah Sahrin

*Junior Match Female ‘F’*
*Bronze*
Siti Khadijah Mohamad Shahrem
Singapore Sports School student-athletes and alumni hauled in a total of 22 gold, 3 silver and 2 bronze medals at the 40th National Pencak Silat Championships at Pasir Ris Sports Hall.

The four-day event on the weekends of 27 February and 5 March 2016 served as a platform for the National Team coaches to identify talented exponents for the national elite training squad.

Almost all 22 Sports School exponents that competed won a medal each. Student-athlete Siti Fathimah Mohamad Shahrem put up a perfect show of her poise and power to clinch gold medals in the Pre-Junior Artistic Singles, Doubles, Team and Match Class “G” events. Her outstanding performance also won her the Best Pre-Junior Athlete Award. Alumnus Nur Shafiqa Sheikh Alau’ddin also received the Best Athlete Award in the Senior category for securing 2 gold medals in the Artistic Team and Match Class “B” events.

**Results**

**Pre-Junior**

**Amirah Sahrin**

Girls Artistic Doubles – Gold

Girls Artistic Team – Gold

Girls Match Class “F” – Gold

**Nur Hadi Norshamsuddin**
Boys Artistic Singles – Silver
Boys Artistic Doubles – Silver
Boys Match Class – Gold

Sheik Fayz Sheik Alau’ddin
Boys Artistic Doubles – Silver
Boys Match Class – Gold

Siti Fathimah Mohamad Shahrem
Girls Artistic Singles – Gold
Girls Artistic Doubles – Gold
Girls Artistic Team – Gold
Girls Match Class “G” - Gold

Best Athlete Award (Pre-Junior)

Junior
Abdul Raazaq Abdul Rashid
Boys Match Class “G” – Gold

Muhammad Affiz Mohamed Zakri
Boys Artistic Team – Gold
Boys Match Class “B” – Gold

Nur Hakim Norshamsuddin
Boys Artistic Male Double – Gold
Boys Match Class “H” – Gold

Nujaid Hasif Zainal Abidin
Boys Artistic Singles – Gold
Boys Match Class “C” – Gold

Siti Khadijah Mohamad Shahrem
Girls Match Class “F” – Silver

Senior
Abdul Raaziq Abdul Rashid
Men’s Match Class “F” – Gold

Hamillatu Arash Juffrie
Men’s Artistic Doubles – Bronze
Men’s Artistic Team – Gold
Men’s Match Class “A” – Bronze
Herwan Harrywanto
Men’s Match Class “D” – Silver

Muhammad Haziq Zainal Abidin
Men’s Artistic Doubles – Bronze
Men’s Artistic Team – Gold

Muhammad Iqbal Abdul Rahman
Men’s Artistic Singles – Gold

Muhammad Nur Alfian Juma’en
Men’s Match Class “G” – Gold

Nur Fazlin Juma’en
Women’s Artistic Team – Gold

Nur Shafiqa Sheik Alau’ddin
Women’s Artistic Team – Gold
Women’s Match Class “B” – Gold
*Best Athlete Award (Senior)*

Nurul Shafiqah Mohamed Saiful
Women’s Match Class “C” – Gold

Nurul Suhaila Mohamed Saiful
Women’s Match Class “D” – Gold

Sheik Farhan Sheik Alau’ddin
Men’s Match Class “J” – Gold

Sheik Ferdous Sheik Alau’ddin
Men’s Match Class “H” – Gold
More Support For High-Performing Athletes
2016 spexScholarship

Posted: 15 March 2016

Six Singapore Sports School student-athletes and alumni received a boost from Sport Singapore in their sport career on 11 March 2016.

The Sports Excellence Scholarship, commonly known as spexScholarship, is awarded to athletes identified as having the potential to medal at the Asian level or higher. Other than monetary support, spexScholars are able to receive sport science, coaching, competition, training and equipment assistance funded by SportSG.

Sports School’s six new recipients join 66 other national athletes who are on the scholarship scheme. This brings the number of spexScholars in the Sports School family to 23.

New spexScholars in 2016
Hoong En Qi (Swimming)
Martina Lindsay P Veloso (Shooting)
Nurul Suhaaila Mohamed Saiful (Pencak Silat)
Roanne Ho Ru En (Swimming)
Sheik Farhan Sheik Alau’ddin (Pencak Silat)
Veronica Shanti Pereira (Track and Field)
Artistic Boys Bag 1 Gold, 1 Silver
2016 Sports Artistic Pencak Silat Championship

Serena Wong
Acting General Manager, Individual Programme

Posted: 15 February 2016

Men’s Artistic Team gold medallists, from left, Nujaid Hasif Zainal Abidin, Hamillatu Arash Juffrie and Muhammad Haziq Zainal Abidin.

Singapore Sports School’s pencak silat trio – Nujaid Hasif Zainal Abidin (Secondary 4), Hamillatu Arash Juffrie and Muhammad Haziq Zainal Abidin (alumni) – clinched the Men’s Artistic Team gold medal at the 2016 Sports Artistic Pencak Silat Championship in Melaka, Malaysia.

Arash and Haziq paired up to contribute another silver medal to Team Singapore’s total medal tally of 2 gold and 1 silver medals to help Singapore finish overall 2nd in the competition from 12 to 16 February 2016.
Seven Singapore Sports School student-athletes competed at the 3rd World Junior Pencak Silat Championship and won 4 silver and 4 bronze medals. All managed Top 8 finishes, with six winning at least one medal.

Secondary 2’s Amirah Sahrin and Secondary 4’s Nur Hakim Norshamsuddin each bagged 1 silver and 1 bronze in the tournament in Kuala Lumpur from 26 to 31 December 2015.

Results
Silver
Boys Artistic Singles – Nujaid Hasif Zainal Abidin
Boys Match Class C – Muhammad Riansyauqi Mistam
Boys Match Class H – Nur Hakim Norshamsuddin
Girls Artistic Doubles – Amirah Sahrin

Bronze
Boys Artistic Doubles – Nur Hakim Norshamsuddin
Boys Artistic Team – Muhammad Affiz Mohamed Zakri
Girls Match Class B – Amirah Sahrin
Girls Match Class F – Siti Khadijah Mohamad Shahrem
Top 8
Boys Match Class B – Muhammad Affiz Mohamed Zakri
Boys Match Class D – Nuaid Hasif Zainal Abidin
Boys Match Class G – Abdul Raazaq Abdul Rashid