



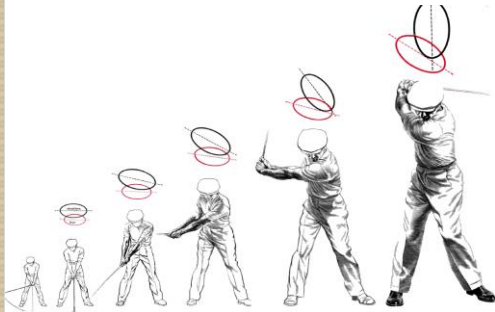
evolution of golf coaching

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Honorary Secretary, Singapore PGA**

influence by golf legends

➤ Ben Hogan



➤ Jack Nicklaus



➤ Tiger Woods



coaching evolution

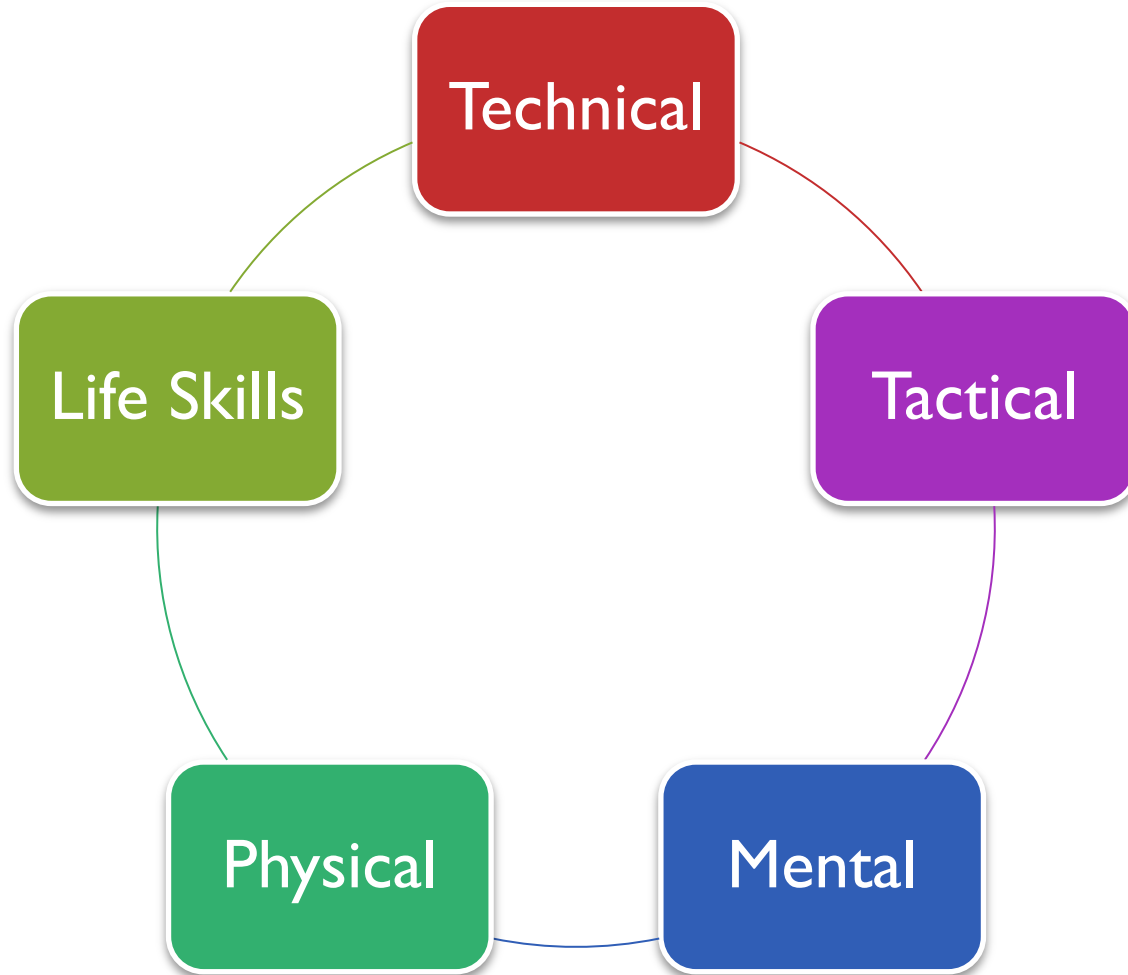
➤ method Coaching

- ✧ A set of things or parts forming a whole
- ✧ There is no perfect method because the model is imperfect
- ✧ Method teaching produces golfers who all swing alike
- ✧ Method teaching although rigid in its approach leaves the student with no doubt what they need to do and can be effective

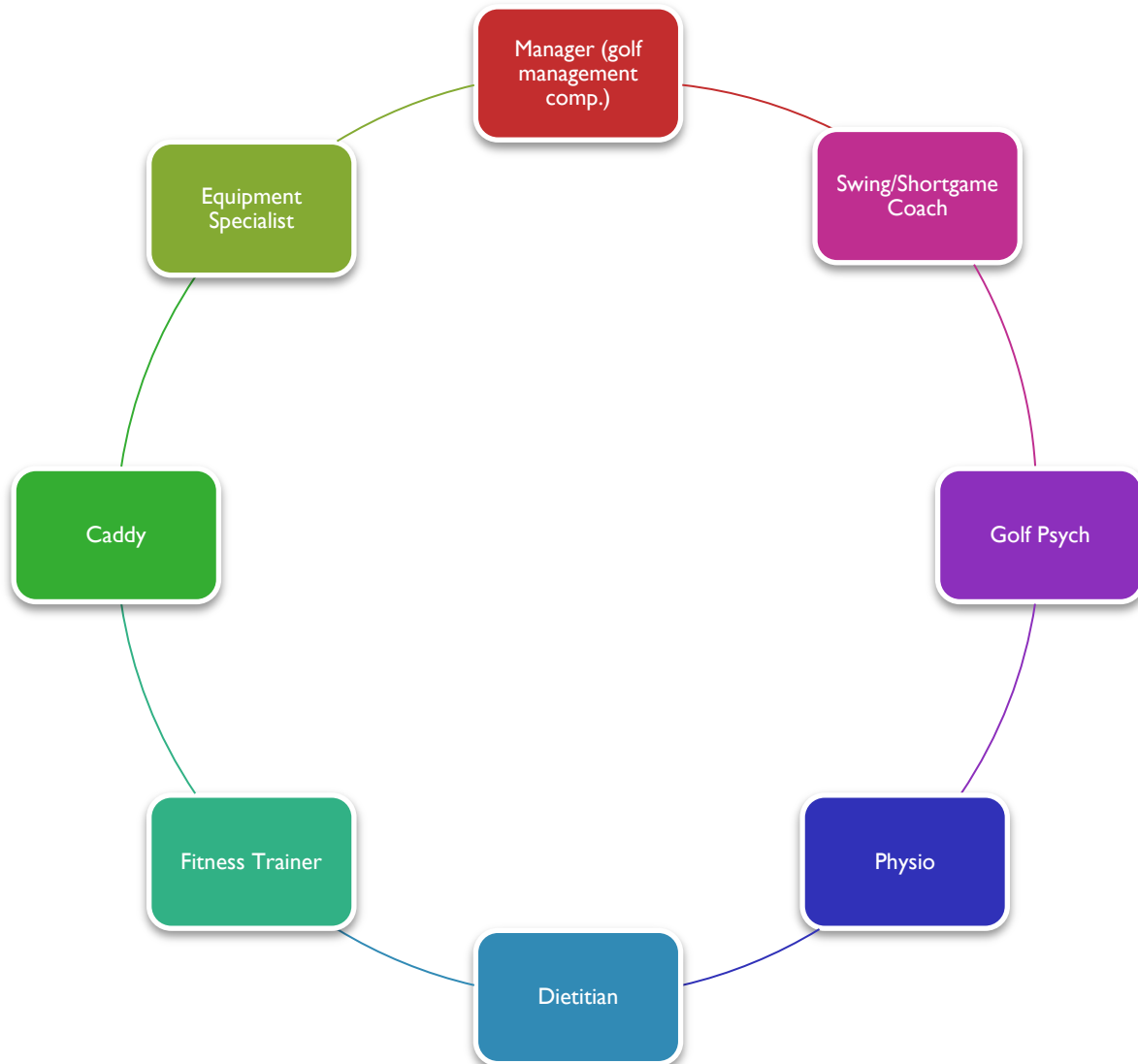
➤ system coaching

- ✧ System Coach :A way of doing something, especially according to a define plan
- ✧ System teaching is a way of presenting a method that matches or fits the model
- ✧ System teaching looks into cause and effect problems that all golfers face and allows the teacher to make correction that suits the student

holistic approach



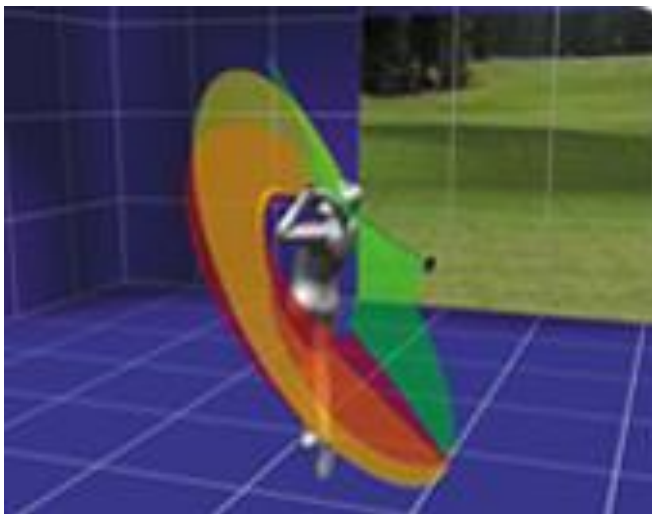
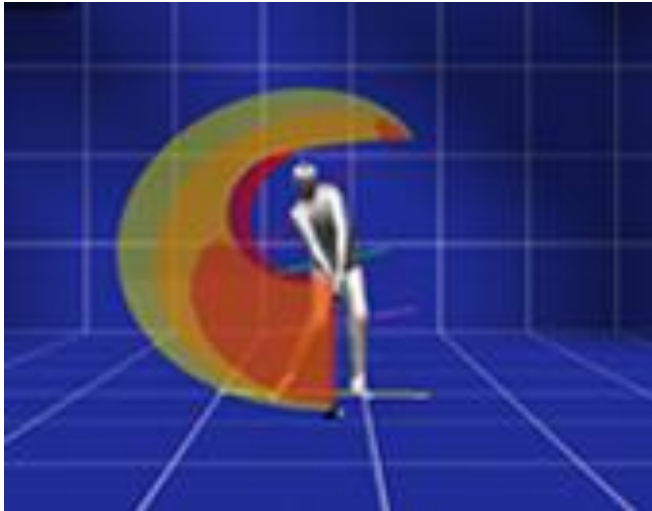
team of expertise surrounding a world-class golfer



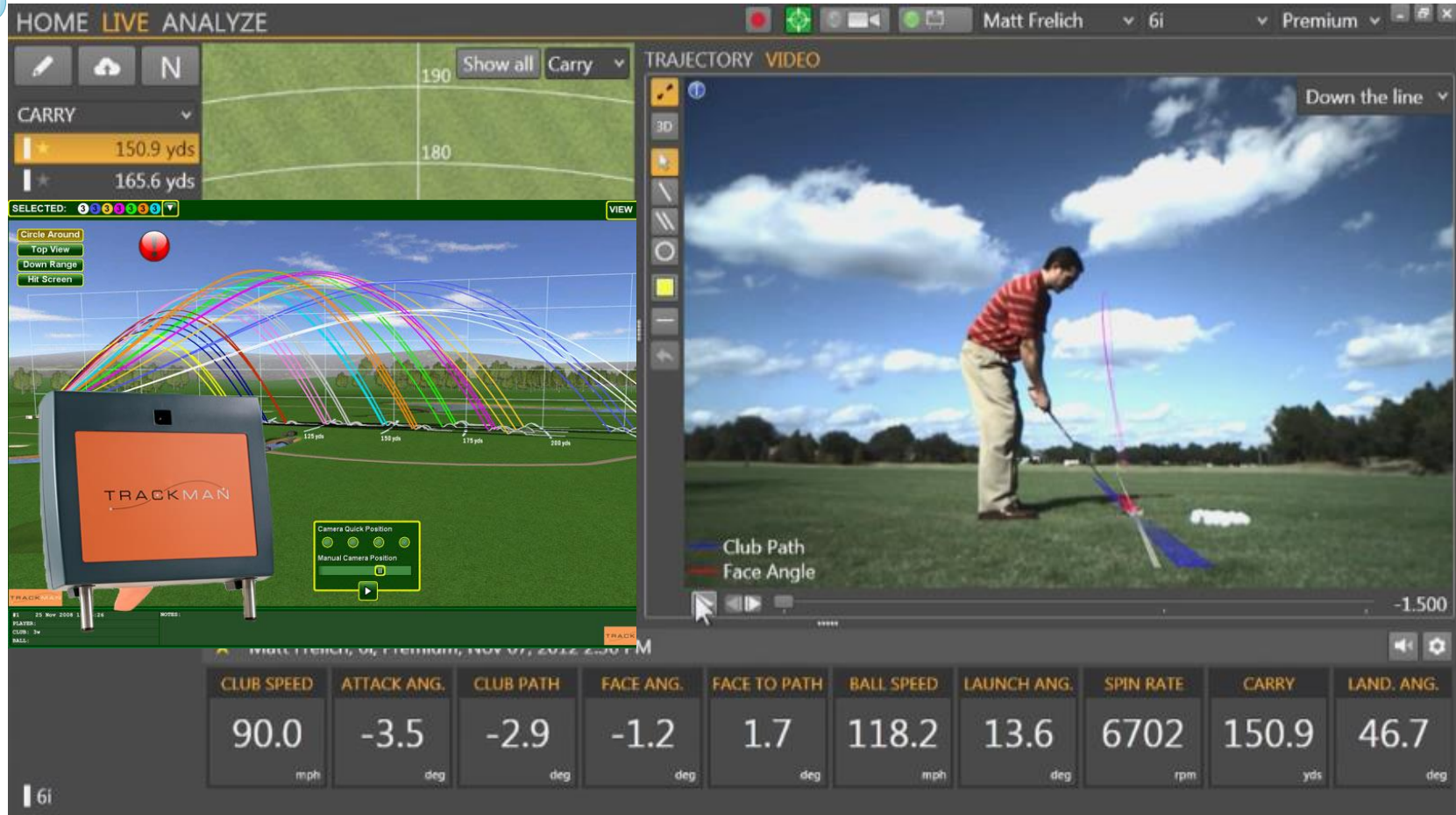
state-of-the-art equipment

- golf clubs & balls design
- comprehensive club fitting systems
- high-speed camera
- swing analysis software & apps
- performance tracking software & apps
- biomechanical swing analysis devices
- launch monitor

biomechanical swing analysis



launch monitor



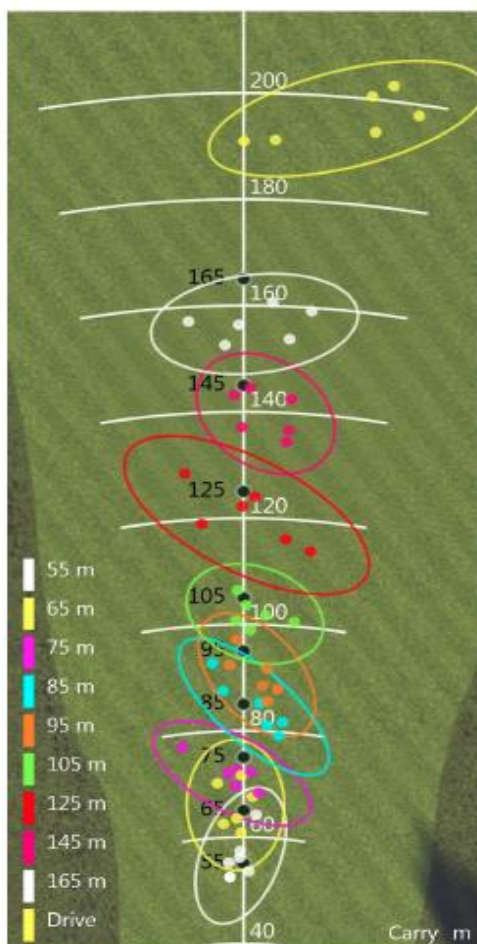
TrackMan report

17/12/2013

CHARLES ALLISTON

COMBINE TEST

TRACKMAN



TEST INFO

Date: 17/12/2013
 Name: CHARLES ALLISTON
 DOB: 22/7/2000
 Hcp: 5
 Mode: Outdoor
 Location:
 Temp: 28 °C
 Wind:
 Notes:

TOTAL SCORE



Driver Statistics (avg.)

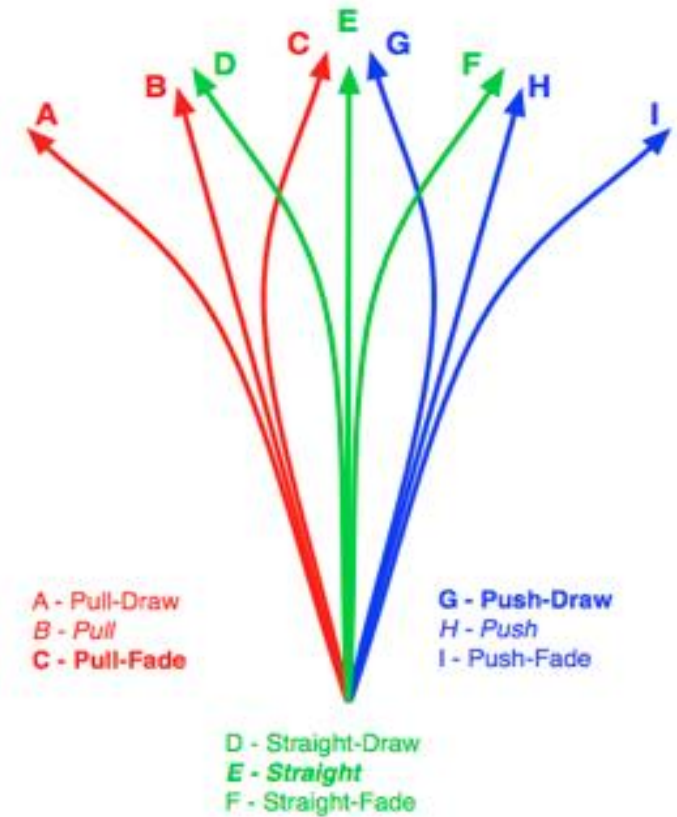
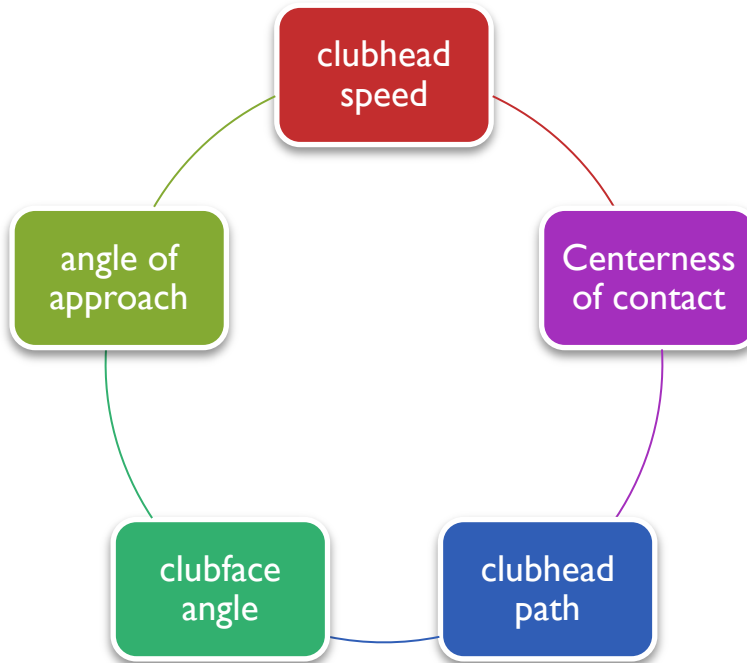
Club Speed	97 mph
Ball Speed	141 mph
Attack Angle	0 deg
Launch Angle	11 deg
Spin Rate	2292 rpm

See www.MyTrackMan.com for more statistics

Target	Score		Avg.	Shot 1	Shot 2	Shot 3	Shot 4	Shot 5	Shot 6
55	78.5	From Pin in m	3.5	3.4	2.4	1.3	1.7	9.4	2.5
65	76.3	From Pin in m	4.5	3.0	6.8	4.2	6.6	1.9	4.2
75	74.3	From Pin in m	5.5	7.2	5.6	2.7	10.6	3.0	4.0
85	74.1	From Pin in m	6.3	4.3	8.4	5.6	7.4	2.7	9.4
95	77.3	From Pin in m	6.3	5.2	9.2	3.5	10.3	7.3	2.5
105	86.0	From Pin in m	4.8	4.5	1.8	9.8	1.4	6.1	5.0
125	76.1	From Pin in m	8.7	11.5	10.6	2.8	2.1	16.0	9.4
145	83.5	From Pin in m	7.4	8.5	1.2	2.4	11.4	12.9	7.9
165	76.6	From Pin in m	11.2	6.6	12.8	13.8	13.0	12.3	8.7
Drive	54.6	Total in m	225	227	226	221	225	226	222
		Side in m	18.8R	3.0L	3.9R	33.1R	24.0R	29.1R	25.8R

ball flight laws

True Ball Flight Laws **(Scientifically Proven since 2009)**



work is for those who don't know how to golf...

