



Deeply Rooted,
*Soaring
High*

SINGAPORE SPORTS SCHOOL
YEARBOOK 2024

Our Vision

Singapore's Premier School for
Aspiring National Athletes

Our Mission

To Nurture Aspiring National
Athletes into Learned Champions
with Character: Champions in
Sport, for Sports, and in Life.

Our Values

- *Respect*
- *Integrity*
- *Responsibility*
- *Excellence*
- *Resilience*



Significance of the 20th Anniversary Logo
The logo features the number 20 within a torch flame shaped like a bird, symbolising student-athletes soaring high. The three-part torch reflects their aspirations to excel in sports and life. Swirling arcs represent the ongoing pursuit of excellence by both past and present student-athletes. The torch is supported by four pillars, signifying the school's commitment to maximising sports potential, fulfilling educational goals, providing holistic development, and acknowledging essential support from parents and partners.

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About Singapore Sports School

Singapore Sports School is a Specialised Independent School. It was officially opened on 2 April 2004 by Mr Goh Chok Tong, Singapore's second Prime Minister. We are the only school in Singapore that offers an integrated academic and sports programme with world-class facilities.

Publisher

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Sports School for
Champions

ZEANNE LAW ZHI NING

Individual Programme – Wushu,
International Baccalaureate
Diploma Programme

Sportsgirl of the Year 2024,
2023 Wushu World Champion
in Taijiquan

2024 Moo Soon Chong Outstanding
Student-Athlete of the Year
(Post-Secondary)





MS TEOH ZSIN WOON
Chairman, Board of Directors;
Permanent Secretary,
Ministry of Culture,
Community and Youth



MR ALAN GOH KIM HUA
Chief Executive Officer,
Sport Singapore



MR BERNARD RICHARD TAN KOK KIANG
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Country President,
Singapore Sinar Mas Group



MR BOO CHONG-HAN
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DR VALERIE TEO HUI YING
President, Singapore Bowling Federation;
Family Physician, Senior Consultant;
Head, Kallang Polyclinic, National Healthcare Group Polyclinics

Management Committee



01 JEANIE TAN HUI HUI
Assistant Director,
Sports Administration and
Data Analytics Strategy

02 SUAR YEAN PHENG
Assistant Director,
Finance and Procurement

03 SOON CHOON BOON
Director,
Corporate Services

04 ONG KAIFEN
Assistant Director,
Sports

05 CLEMENT LIM HOW CHUEN
Deputy Principal,
Organisation Development
and Academics

06 MIKE GOH MENG KENG
Assistant Director,
Sports

07 ONG KIM SOON
Principal

08 LYNN QUEK YAU KENN
Assistant Principal,
Secondary and Planning

09 BERNARD THAM YU WENG
Director, Sports

10 EDMUND SONG
Assistant Principal,
Post-Secondary and IBDP
Coordinator

11 IRWIN SEET CHIM CHUAN
Director,
Student Development

12 JOSHUA SING CHYE PHONG
Assistant Director,
Boarding and Business

13 HO BENG KIAT
Assistant Director,
Academics Administration
and Safety

14 JACKSON TONG
Assistant Director,
Information Technology,
Estate and Security

**Not in photo:
TAN BEE LIAN**
Director, Sports (Left in Sep 2024)

Board of Directors

Chairman's Message

20 years ago, a new chapter in the history of sports in Singapore was written.

Singapore Sports School was set up in 2004, sparking the hopes, dreams and aspirations of young Singaporeans. What began as a vision then, has become reality today. The Sports School has grown into a thriving community. It has successfully developed both the talents as well as the character of our student-athletes. Over the years, we have witnessed student-athletes soar to new heights – both on and off the field – showing that with the right support, dreams can be realised.

Today, as we celebrate two decades of achievements, we look to the future with even higher ambitions.

During the National Day Rally, Prime Minister Lawrence Wong announced plans under the Kallang Alive Masterplan as part of our comprehensive strategy to develop sports in Singapore.

The Kallang Alive Masterplan will be the physical manifestation of our next bound ambition for High Performance Sports in Singapore.

A key element of this plan is to develop an integrated national training centre, the 'Home of Team Singapore', for our athletes. The Sports School will be relocated from Woodlands to Kallang, to be part of the Home of Team Singapore.

With the relocation of the Sports School to Kallang, our junior and senior athletes can train together. Our student-athletes will have the invaluable opportunity to learn directly from seasoned athletes who have walked the path of success.

In tandem with the development of the Home of Team Singapore, efforts will be made to build stronger capabilities in the sporting ecosystem, from deepening sports science and coaching capabilities to developing sports administrators, to better support our athletes. Being part of this vibrant sporting community also means that our student-athletes can have easy access to essential services such as sports medicine, sports science, and athlete life management, all critical to their overall development.

At the national level, we are also making efforts to establish sports as

a viable career through initiatives like the new *spex*Education Undergraduate Scholarship. In this context, Sports School will play a key role as the education partner of the High Performance Sports system, providing academic pathways, education and career guidance support, and athlete life support to our national athletes.

With our efforts, we hope to inspire more young Singaporeans to take up sports, fully develop their talents, and grow into champions of tomorrow.

As we move forward to a new decade, let's continue to foster a culture of excellence, encourage one another, and strive to reach new heights together. We are all excited to see our student-athletes shine in the sporting arena and beyond, and inspire future generations of aspiring athletes. Let us work together as One Team Sports School and One Team Singapore towards our next bound of sporting excellence for Singapore.

Happy 20th Anniversary, Sports School!



“Singapore Sports School was set up in 2004, sparking the hopes, dreams and aspirations of young Singaporeans. What began as a vision then, has become reality today. The Sports School has grown into a thriving community. It has successfully developed both the talents as well as the character of our student-athletes. Over the years, we have witnessed student-athletes soar to new heights – both on and off the field – showing that with the right support, dreams can be realised.”

Teoh Zsin Woon

Chairman, Singapore Sports School Board of Directors
and Permanent Secretary, Ministry of Culture, Community and Youth



Principal's Message

Deeply Rooted, Soaring High' – this being the theme for our 20th Anniversary celebration and Yearbook 2024, it brings me great joy to witness the strong presence of alumni returning to serve and reconnect with the school, particularly in this anniversary year. It reflected the excellent work of Singapore Sports School over the last 20 years! Our alumni have soared in their chosen fields – whether in sports, for sports, or in life – while remaining deeply rooted in the school's values and the friendships forged in Sports School.

Through the pages of this special 20th Anniversary Yearbook, you can see the footprints of both past and present student-athletes weaving the colourful tapestry of life in Sports School and shaping the sports scene in Singapore. We have also included a section on **"The Singapore Sports School Story"**, highlighting the milestones that have defined our school over the last 20 years. We hope you will enjoy reading the brief history.

How apt that our 20th anniversary coincided with the Olympic year! At the Paris 2024 Olympics, we proudly witnessed the debut of four former and current student-

athletes – Terry Hee, Jessica Tan, Zhou Jingyi, and Izaak Quek – who joined returning Olympians Loh Kean Yew, Yeo Jia Min, Shanti Pereira, and Amita Berthier, to pit their craft against the world's best. They not only showcased their dedication but also served as an inspiration for our young student-athletes to pursue their dreams.

Our series of celebratory events for the 20th Anniversary have reinforced our commitment to nurturing learned champions with character. From reflecting on our dreams and capturing them on the Wall of Aspirations and the Hot Air Balloon Mural while experiencing art-making, to serving our community through joint celebrations with senior citizens and raising funds for the Singapore Disability Sports Council, we are reminded to give back to our community while pursuing our dreams. It has been a great year of contemplating the 'village' that has supported the school to bring it to where it is today.

The 'village' that made Sports School was out in full force at the finale 20th Anniversary Celebrations and Awards Night – Mr Lawrence Wong, then-Deputy Prime Minister and Minister for Finance, Mr Edwin Tong, Minister for Culture,

Community and Youth (MCCY) and Second Minister for Law, Ms Teoh Zsin Woon, Permanent Secretary for the MCCY and Chairman of School Board, Ms Liew Wei Li, Director-General of Education, Mrs Tan Chen Kee, Deputy Director-General of Education (Schools) and Director of Schools, Board of Directors, parents, alumni, National Sports Associations' presidents and staff, university and polytechnic partners and sponsors. Their presence serve as a powerful reminder of the extensive support surrounding our student-athletes. We are deeply grateful!

As our current student-athletes continue to break new ground for Singapore, the school is also pioneering initiatives to better serve them. This year, we launched our first University and Scholarship Fair, featuring 21 organisations, including government ministries and the Public Service Commission, all six autonomous universities, eight foreign universities and advisory offices. Additionally, we introduced the Applied Learning Programme for our Secondary 1 student-athletes, integrating design thinking and aesthetic learning with a focus on sustainability.



"We are ready to do more for national athletes and be the education partner for High Performance Sports in Singapore. We will extend our services in education and career guidance to all national athletes, beyond our current student-athletes. Our goal is to support every national athlete to realise their full potential as part of Singapore's High Performance Sports system."

Ong Kim Soon

Principal
Singapore Sports School

The vision for the Home of Team Singapore, jointly developed by the Ministry of Culture, Community and Youth, Sport Singapore, and Singapore Sports School, and announced by Prime Minister Lawrence Wong at the National Day Rally, symbolises our 'coming of age' as we approach our

21st year in 2025. We are ready to do more for national athletes and be the education partner for High Performance Sports in Singapore. We will extend our services in education and career guidance to all national athletes, beyond our current student-athletes. Our goal is to support every national athlete

to realise their full potential as part of Singapore's High Performance Sports system.

Upon our wings, we will soar!

20th Anniversary



Deeply Rooted, Soaring High

THE SINGAPORE SPORTS SCHOOL STORY

CONCEPTUALISING A SPORTS SCHOOL IN SINGAPORE

The idea of establishing a dedicated sports school emerged during a period of growing ambition to foster a stronger sporting culture in Singapore. In 2000, a taskforce was formed to study if Singapore should start a sports school. At a higher level, a Committee on Sporting Singapore (CoSS), under the then-Ministry of Community Development and Sports (now Ministry of Culture, Community and Youth), was formed to make strategic recommendations for sports development. Led by then-Minister for Community Development and Sports, Mr Abdullah Tarmugi, the Committee's recommendations refined the Singapore Sports Council's (present-day Sport Singapore) vision for sports development in the new millennium. They concluded that it was viable to have a dedicated sports school.

The First Principal

After searching for the right candidate to lead Sports School, Mr Moo Soon Chong was selected as the pioneer principal. He assembled his 'dream team' and turned his vision into reality.

Building the First Sports School

Construction began in November 2002 and it took 13 months to complete the 7-hectare building.

Selecting the Pioneer Cohort

Mr Moo was a visionary leader with ambitious dreams, exemplified by the organisation of a roadshow to select the first batch of students for the new Singapore Sports School. He chose a large venue, the Singapore Expo, reflecting his bold vision. Despite uncertainty about interest levels, the roadshow exceeded expectations, attracting a crowd of 3,000 attendees and 1,200 eager Primary 6 students vying for just 150 spots in the pioneer batch.

Welcoming the Inaugural Batch

Sports School opened its doors to the inaugural cohort of 141 student-athletes at its campus in Woodlands on 5 January 2004. The impressive campus, with world-class sporting facilities for its time, embodied the aspirations of young, ambitious student-athletes aiming for national representation.

EARLY BEGINNINGS

This phase marks the inception of Singapore Sports School. As the first of its kind, the early years were focused on laying a solid foundation for what was a unique concept. The school initially offered a four-year integrated secondary school programme that aimed to cater to the dual aspirations of excelling in both academics and sports. The school's intake was then focused on eight sports – badminton, bowling, football, netball, sailing, swimming, table tennis and track and field.

Official Opening Ceremony

The official opening of the school on 2 April 2004 was marked by a 20km torch relay, with Dr Yaacob Ibrahim, then-Minister for Community Development and Sports, lighting the relay torch at his Ministry's foyer on Thomson Road. Student-athletes then passed the torch along, running in 800m segments to the school auditorium for the opening ceremony by Mr Goh Chok Tong, Singapore's second Prime Minister.

First Academic Collaboration

Sports School tied up with the Auckland University of Technology (AUT) and University of Wales Institute Cardiff (UWIC) to offer its first through-train post-secondary programme. Once student-athletes got their Diploma in Sports Science in AUT, they could seamlessly take up a degree in UWIC, giving them eight years of continuous education with a consistent and concurrent focus on sports and studies. The first batch started in 2007 and the final cohort graduated in 2012.

Partnerships with National Sports Associations

Partnership agreements were signed with nine National Sports Associations to align the school's training programmes with national objectives, further supporting student-athletes' development.

Making of Champions

Mrs Deborah Tan took over as Principal of Sports School in 2008.

During this time, the results of the school - both in sports and academics - began to speak for themselves. Talented youths were sweeping podium finishes, and the first batch of Secondary 1 student-athletes graduated with excellent GCE O- and N-Level results.

The First Olympians

In 2008, swimmer Tao Li and sprinter Calvin Kang Li Loong, became the first to represent Singapore at the Beijing Olympic Games. Tao Li's performance was particularly historic. She set a new Asian record of 57.54 seconds in the Women's 100m Butterfly, becoming the first Singaporean to reach a swimming final at the Olympics, where she finished in 5th place. These achievements, alongside other local successes, signalled the beginning of Sports School's role in nurturing sporting excellence.



2001



2002



2003



2004



2004



2007



2008



2008



DEVELOPMENTAL PHASE

In this next phase, the focus shifted to building on the strong foundation established by Sports School and developing new athlete-friendly programmes and initiatives to further enhance the success of student-athletes.

More Athlete-Friendly Academic Pathways

In 2009, the school announced that the International Baccalaureate Diploma Programme (IBDP) will be introduced in Sports School to increase the academic pathways for student-athletes.

Sports School also collaborated with polytechnics, to give student-athletes the option of taking up a diploma while pursuing sports seriously. Republic Polytechnic is the first local post-secondary education institution that offered a joint programme with Sports School in 2011. A Memorandum of Understanding was already signed in 2004 as Sports School recognised from the onset that longer academic pathways were needed. In 2011, the first batch of student-athletes took up the Diploma in Sports and Leisure Management. The course was later renamed Diploma in Sport Management before it was decided that the Diploma in Business course would be offered to student-athletes as a through-train option.

Launch of the School-Within-A-School Programme

To further bolster support for academic success, Sports School pioneered the "School-Within-A-School" (SWS) programme. The idea first came about ahead of the Singapore 2010 Youth Olympic Games as student-athletes in some sports required more training hours in preparation for the major competition. Instead of missing lessons for intense training, it was decided that there could be customised lessons for selected high-performing student-athletes who had the potential to reach international standards.

In 2011, SWS started formally with seven badminton, five table tennis, and seven golf student-athletes. There were three to five student-athletes per class, who could train an entire day and attend classes in the evenings only. Olympians Loh Kean Yew, Yeo Jia Min, and Clarence Chew Zhe Yu were part of the SWS programme that moulded their sport development and primed them for future success on the international stage.

TRANSFORMATIONAL PHASE

"Competition is getting stronger. In Southeast Asia, other countries are investing significant resources to develop their athletes....They're closing the gap on us, even in sports where we traditionally do well," said the then-Prime Minister Lee Hsien Loong during Sports School's 10th anniversary celebrations in 2014. He added, "The Sports School must respond by taking 'a fresh look'... at how we can do better and what we can do next."

His challenge to "become a national sports academy of excellence 10 years from now" led to a wave of transformations.

Rise to the Challenge

Just a month before the Sports School's 10th anniversary, Mr Tan Teck Hock became its third Principal.

To address the then-Prime Minister's challenge, a Sports Review Committee was formed. Among their recommendations was the creation of a national youth sports institute to support high-performing youth athletes outside the Sports School and enhance the youth sports ecosystem. The committee also suggested that the Sports School strengthen its value proposition by offering quality education and excellent sports programmes.

IBDP – A New Post-Secondary Pathway

In 2014, the International Baccalaureate Diploma Programme (IBDP) was launched. In 2015, Sports School inked a Memorandum of Understanding (MOU) with the IB Organisation and World Academy of Sport. With the MOU, Sports School was accredited as an Athlete Friendly Education Centre and became the first local institution to offer the Extended IBDP, which allows high-performing athletes to complete their programme in three years instead of the typical two years. This was a game changer as it made the renowned IBDP - a challenging and globally recognised qualification - more accessible without compromising student-athletes' sporting aspirations. The flexible and holistic nature of the programme has made it a highly sought-after academic pathway.

Launch of National Youth Sports Institute

The National Youth Sports Institute was established, with its first hub located at the Sports School campus. Its mission is to elevate youth sports standards by supporting both student-athletes at Sports School and youth athletes externally. They provide sports science, sports medicine, and athlete life management, aimed at optimising athletes' physical, mental, and social well-being. A key focus is ensuring a smooth transition for elite youth athletes to the national level, in collaboration with Singapore Sports Institute and National Sports Associations.



2009



2011



2014



2014



2016

TRANSFORMATIONAL PHASE

Launch of New Through-Train Diploma Programme

To give student-athletes more academic options, the Diploma in Business Studies course offered in collaboration with Ngee Ann Polytechnic was added to the academic offerings in 2017.

The diploma programmes offered in collaboration with Ngee Ann Polytechnic and Republic Polytechnic are designed to be athlete-friendly. Their bite-sized curriculum helps student-athletes to cope with their studies and defer modules if they need to focus on sports for a period, as they take only 1 to 2 modules at a time for about two months. Also, they are conducted in Sports School from 12pm to 4pm on four days a week to give student-athletes time for morning and afternoon training and consultation sessions on Fridays. The programme's flexibility and the convenience of having the polytechnic lecturers conduct the lessons on the Sports School campus enabled student-athletes to excel in both their sports and academic studies.

New Challenges During Pandemic

A few months after Mr Tan Teck Hock handed over the baton to the fourth Principal, Mr Ong Kim Soon in December 2019, the COVID-19 pandemic struck, reshaping priorities and introducing unprecedented challenges. The school had to navigate through the complexities, including the nationwide circuit breaker, changing restrictions on group sizes, and the cancellation of both local and international competitions. Home-based learning and training during the circuit breaker were uncharted territories and maintaining the school's operations while nurturing student-athletes was no small task. Ensuring that they remained motivated and focused despite the lack of physical competitions became a key priority during this time.

Establishment of Alumni Association

The Alumni Association was established to foster a stronger connection among past and present student-athletes. It provides educational and career guidance for current athletes, along with mentoring and networking opportunities that benefit both current and former student-athletes.

TRANSFORMATIONAL PHASE

Enhanced Value Proposition

In 2022, Sports School updated its vision to be "Singapore's Premier School for Aspiring National Athletes", reinforcing the school's focus on nurturing future sporting talent. The mission was sharpened to emphasise the holistic development of student-athletes: "To nurture aspiring national athletes into learned champions with character: champions in sport, for sports and in life".

This new mission encapsulates the school's commitment to not only developing champions on the field but also fostering individuals who embody sportsmanship, lifelong learning, and strong character.

Rising Above the Odds

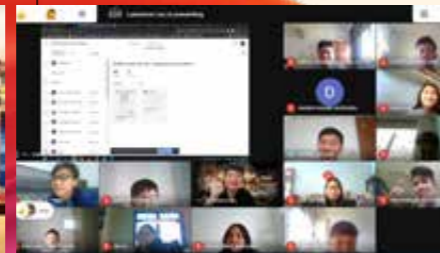
Despite initial fears that the pandemic might have hindered sports development, the performances at the subsequent Southeast Asian (SEA) Games in 2022 and 2023 proved otherwise. At the 31st SEA Games in 2022, 88 past and present student-athletes from Sports School won 59 medals. The 32nd SEA Games also saw the same number of representatives from the school, who collectively earned 46 medals. Remarkably, over 68% of the Team Sports School athletes at both SEA Games editions were current student-athletes or recent graduates from the previous two years.

New Multi-Sport Academy

In 2023, Sports School introduced its first broad-based sport academy – the Multi-Sport Academy. The new academy aims to expand its reach to attract student-athletes with good movement skills and to strengthen their sport skills through exposure to a variety of sports which are carefully selected to develop foundational skills across multiple athletic disciplines.



2017



2020



2021



2022



2022



2023

NEXT BOUND OF SPORTING EXCELLENCE

In 2024, Prime Minister Lawrence Wong unveiled ambitious plans to support all Singaporeans in realising their sporting dreams, part of which is the refreshed Kallang Alive Masterplan, where Singapore Sports School will move from Woodlands to the new Home of Team Singapore in Kallang.

The new Home of Team Singapore will have expanded sports science and sports medicine facilities and national training centres for several key sports where youth and senior athletes will train together.

Singapore Sports School will serve as the education partner for High Performance Sports in Singapore, where national athletes and aspiring ones can train and study together in one place. Sports School will also extend its services in

education and career guidance to all national athletes, beyond its current student-athletes. Sports School will also work closely with our local autonomous universities to offer more targeted athlete-friendly support for our national athletes as they pursue undergraduate studies and high performance sports.

Together with the new *spex*Education Undergraduate Scholarship and enhancements to the *spex*Scholarship scheme, national athletes and aspiring athletes can look forward to even more support to chase their dreams for sporting success. And Singapore Sports School will play an even greater role in supporting efforts to make Singapore a place where dreams are realised.



TRANSFORMING STUDENT-ATHLETES INTO LEARNED CHAMPIONS WITH CHARACTER: CHAMPIONS IN SPORT, FOR SPORTS AND IN LIFE

Over the past two decades, Sports School has cultivated an impressive legacy, nurturing 19 Olympians and 17 World Champions. Despite having a short history and a small alumni and school population, its student-athletes have consistently proven themselves to be world-class competitors and role models.

When Loh Kean Yew won the world championship in 2021, there was an unprecedented interest in the sport, with more Singaporeans flocking to the courts and shops to buy badminton equipment. Sprinter Shanti Pereira's rise to become a SEA Games champion, Asian Games champion, and multiple national record holder inspired the nation with her perseverance and determination. Her success story became a shining example for aspiring athletes and Singaporeans alike to dream big and persevere in chasing one's dream.

Beyond their accomplishments in the sport arenas, Sports School's student-athletes have excelled academically and in their chosen



professions. In 2013, Scott Ang Yiqiang became the school's first President's Scholar. Scott had represented Singapore in the 2010 inaugural Youth Olympic Games as a triathlete. Having fond memories of his time in Sports School, he is currently giving back as a member of the School Board of Directors.

In 2014, paddler Isabelle Li Siyun, from the pioneer batch of the Sports School-Republic Polytechnic Diploma in Sports and Leisure Management programme, graduated as the top student and became the first polytechnic student-athlete from Sports School to be awarded the Public Service Commission (PSC) Scholarship in 2015.

Like Scott and Isabelle, many alumni have gone on to excel beyond sports, pursuing careers as doctors, lawyers, sports scientists, engineers, entrepreneurs, and even a renowned singer in Benjamin Kheng. Their accomplishments reflect the holistic education that foster excellence in sport and kindle the multiple talents of student-athletes.



Benjamin Kheng
Singer

Christopher Hwang Eu Wei
Co-Founder of Golden Duck Co.



Tatiana Wong Yu Rong
Lawyer

Nicholas Rachmadi
Medical Student



Zena Sim Kai Xin
Performance Pathways Manager



Scott Ang Yiqiang

Isabelle Li Siyun

2024 & BEYOND

Our Champions Say



“The last 6 years working in the Sports School project was certainly the most fulfilling and rewarding period of my career. It was so because of the wonderful experience I had, especially in working with the individuals and groups whom I worked closely with, and who have helped to accomplish the mission of Sports School.”

Mr Moo Soon Chong
Principal, Singapore Sports School (2004 – 2007)



“The vision for the Home of Team Singapore marks a significant milestone in our journey and reflects Singapore’s commitment to sports excellence in our nation. We stand at the threshold of a new era in sports, filled with exciting possibilities and transformative changes. As we move forward, we are eager to play an even greater role in supporting our national athletes and contributing to the development of champions in sport, for sports and in life. The future of sport in Singapore is bright. Majulah Singapura!”

Mr Ong Kim Soon
Principal, Singapore Sports School (2020 – present)



“At Singapore Sports School, ‘Learned Champions with Character’ reflects life-changing habits of world-class athletes-discipline, focus, and resilience. Every challenge you face in SSP is an opportunity to uncover your gifts, hone your skills through deliberate practice and strengthen your values. Champions aren’t just born; they’re shaped through consistent hard work and a commitment to excellence.”

Mrs Deborah Tan
Principal, Singapore Sports School (2008 – 2013)



“When I was first posted to the Singapore Sports School, you were merely 10 years old. How swiftly you have reached the age of 20. I am heartened to learn that you will, in due course, be relocating to Kallang and becoming part of a larger integrated Sports Hub, serving high-performing student-athletes. I look forward to your continued success and hope that our Olympic dreams may be fulfilled.”

Mr Tan Teck Hock
Principal, Singapore Sports School (2014 – 2019)

“Dare to dream, dare to work hard towards it. I’m glad I was in the right place – Singapore Sports School, to fight for my dream. Go for it, nothing is impossible.”

Loh Kean Yew
Olympian (Tokyo 2020 and Paris 2024)
2021 World Champion



“The Singapore Sports School Programme made me a more determined and disciplined person because of the tough training that I had to go through, as well as the challenge of managing my time between school, leadership commitments, and sports.”

Scott Ang Yiqiang
First President Scholar and Current Board of Director



“As a student-athlete in Sports School, I am blessed with incredible support both in my studies and my sports development. Sports School offers athlete-friendly and flexible academic curriculum, top-notch training programmes and environment for me to excel in both areas. The school has inculcated important values like discipline, perseverance and resilience that has helped me in overcoming many challenges in my personal life. Life as a student-athlete is never easy, I have many ups and downs during my four years in Sports School but I’ve learned that success is not just about winning, it is the process of overcoming these setbacks that matters most to me. Thank you Sports School for shaping me to who I am today!”

Izaak Quek Yong
Olympian (Paris 2024)
Diploma in Business Studies, Year 1



“I don’t think I could be where I am today if it wasn’t for my time in Singapore Sports School – they paved the way for me to develop my skills in my sport, and was a perfect platform to enter the national team and eventually pursue the sport full time. Sports School was the perfect environment to ensure my sport development was not being ignored while still earning a good education with curriculum that I benefited from for a good seven years through four years of secondary school and three years post-secondary. I could train well, learn and make lifelong friends in the process. My time there is truly a time I will never forget, and had played a big role in making me who I am today.”

Veronica Shanti Pereira
Olympian
(Tokyo 2020 and Paris 2024)



Photo Credit: Singapore National Olympic Council and Sport Singapore

“Singapore Sports School has provided excellent facilities that have been integral in my early years of sporting career. I’m grateful that I got to work closely with my General Manager and mentors throughout my three years in Sports School because it really did make balancing studies and sports much easier. Thanks to the well-suited arrangements and support provided, I could pursue Wushu wholeheartedly and aim for further goals that I didn’t think were possible before entering Sports School.”

Zeanne Law Zhi Ning
Extended International Baccalaureate Diploma Programme
2023 Wushu World Champion



“The Singapore Sports School played an integral part during my time as a student-athlete. Balancing both sports and studies as a teenager was not easy but Sports School made it possible. The guidance and support given were truly a blessing and that made my Olympic dreams come true.

I returned as a coaching staff several years later as it still feels like home.”

Mylene Ong Chui Bin
Olympian (London 2012)
and Former Coach



“Singapore Sports School was where I had learnt to rely on my inner strength. The challenges I faced pushed me to grow, driving my determination in both my sport and life.”

Sheik Farhan Sheik Alau'ddin
Pencak Silat
World Champion



“Looking back, my time in the Singapore Sports School laid the foundation for much of my approach to life; one being that taking small steps consistently can go a long way.

This has seen me through the subsequent phases of my life; entering the legal profession and even when I transited into a new sport.”

Janice Yun
President of
Alumni Association



Photo Credit: Singapore National Olympic Council and Sport Singapore

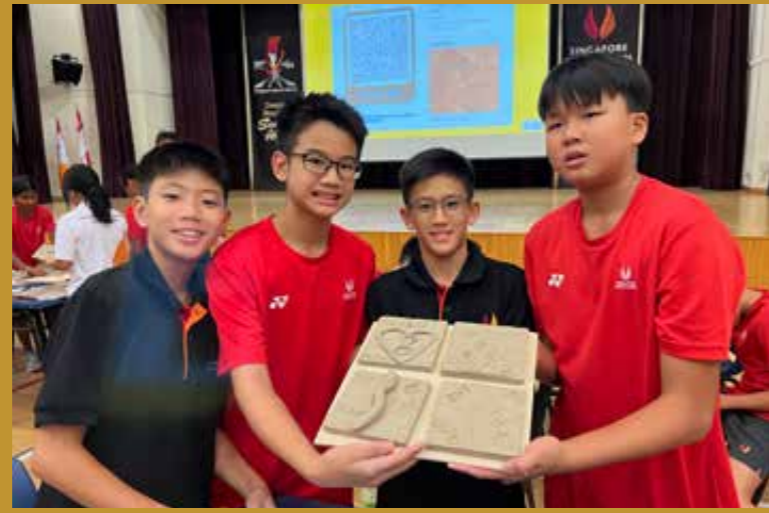
Photo Credit: Singapore National Olympic Council and Sport Singapore

20th Anniversary Celebrations

WALL OF ASPIRATIONS

In a powerful demonstration of collective vision and creativity, student-athletes, staff, alumni, and Board of Directors embarked on a design-thinking process to craft a unique ceramic tile that represents their dreams and aspirations for the institution. Each participant took part in shaping a total of 674 individual tiles, which were subsequently combined to create a large mural, aptly named the 'Wall of Aspirations'.

This artistic initiative culminated in a visually stunning mural that was unveiled by Mr Lawrence Wong, the then-Deputy Prime Minister and Minister for Finance at the grand finale of Singapore Sports School's 20th Anniversary celebrations. The mural is more than just an artistic display – it is a symbolic representation of the shared hopes and ambitions of the Sports School community.



HOT AIR BALLOON MURAL MAKING

A group of boarders and boarding staff collaborated to create an artwork to commemorate the school's 20th Anniversary. Based on the theme 'Deeply Rooted, Soaring High', the artwork at Boarding reflects the aspirations and dreams of the school and its student-athletes through the image of vibrant hot air balloons rising in a bright blue sky. The school's core values are imprinted on running tracks, symbolising daily reminders for student-athletes to embody these principles.



CHINESE NEW YEAR CELEBRATIONS 9 February 2024

Singapore Sports School marked the Chinese New Year with a heartwarming celebration, inviting 28 elderly residents from the Woodlands Care Corner Active Ageing Centre to join in the festivities.

The morning began with a special breakfast shared between the student-athletes and the elderly guests, fostering a sense of community and connection. A captivating dragon dance performance featuring 20 performers commemorated both the Year of the Dragon and the school's 20th Anniversary. The celebrations continued with an energetic lion dance performance, and an interactive quiz session and a calligraphy activity, where student-athletes had the opportunity to guide the elderly in creating their own calligraphy pieces.



AWARDS DAY 19 February 2024

On 19 February 2024, we recognised exemplary student-athletes and alumni for their achievements in 2023. The awards ceremony was graced by Paralympian Sophie Soon.

At the awards ceremony, 60 student-athletes from the secondary programme and 53 student-athletes from the post-secondary programmes received the Sports Achiever Awards. 12 student-athletes who graduated with excellent results in their International Baccalaureate Diploma Programme, GCE O- or N-Levels received the Outstanding Academic Award. Also, 16 student-athletes who displayed exemplary character in 2023 were recognised for being role model student-athletes. During the event, Project Champions Way was launched by Guest-of-Honour Sophie Soon, Principal Ong Kim Soon, Mr Kelvin Kwek, Chairman of the Sporting Parents Network, Mr James Chia, Vice President of Singapore Disability Sports Council and student-athlete Nikita Mae Jing-yu Meyers.



PAST VS PRESENT GAMES

1 March 2024

We hosted the annual Past vs Present Games, bringing together former and current student-athletes through energetic and friendly competitions in Badminton, Bowling, Captain's Ball, Netball, Football, and Table Tennis. This annual event evoked fond memories for alumni while strengthening ties with the present generation of student-athletes. The day concluded with a gathering at the School Auditorium, where alumni reconnected with staff, and interacted with younger student-athletes after the matches.



OPEN HOUSE 23 March 2024

After a hiatus, we proudly welcomed the public back to our campus for our Open House 2024. This milestone event saw a record number of attendees, who eagerly participated in a wide array of activities, including engaging talks, campus tours, and interactive booths. The Open House offered the public an exciting opportunity to experience the school's vibrant environment, learn about our athlete-friendly programmes, and gain insight into the holistic development of student-athletes.



PROJECT CHAMPIONS WAY

18 April 2024

Project Champions Way was a meaningful fundraising initiative launched as part of the 20th Anniversary celebrations, benefiting the Singapore Disability Sports Council (SDSC). In this campaign, student-athletes pledged to complete a collective distance of 20,000 kilometres through various physical activities such as walking and swimming, symbolising their commitment to the cause. The event culminated on 18 April 2024, when both student-athletes and staff joined forces to accomplish the goal at our school's running track and feasted on a sumptuous celebratory dinner. Additional funds were raised through a charity bowl and the sale of 20th Anniversary memorabilia. Through the collective efforts of student-athletes and staff, the initiative successfully raised \$41,888 for the SDSC.



20TH ANNIVERSARY CELEBRATIONS AND AWARDS NIGHT

26 April 2024

The 20th Anniversary and Awards Night 2024 marked the grand finale of Sports School's milestone celebrations. Mr Lawrence Wong, the then-Deputy Prime Minister and Minister for Finance, was the Guest-of-Honour, accompanied by Mr Edwin Tong, Minister for Culture, Community and Youth and Second Minister for Law, and Mr Eric Chua, Senior Parliamentary Secretary, Ministry of Culture, Community and Youth and Ministry of Social and Family Development. Around 1,000 guests, including past and present Board of Directors, staff, student-athletes, partners, and parents, attended the celebratory event.

Mr Lawrence Wong and Mr Edwin Tong unveiled the 'Wall of Aspirations' before the event started with an opening item by student-athletes. The commemorative anniversary celebration took the audience on a reflective journey through the school's history, with heartfelt speeches from wife of the first principal, Mrs Moo Soon Chong, pioneer staff member Dr Irwin Seet, alumnus and Board of Director Scott Ang Yiqiang, track and field coach and alumnus Rafiuddin



Sawal, current boarding staff and alumnus Muhammad Al-Qaasimy Abdul Rahman and current student-athlete Zeanne Law Zhi Ning. Netball coach and alumna Angelene Narah Singh concluded the segment by inviting past Student Council Presidents to share their aspirations for the school.

The evening also celebrated the exceptional achievements of 30 past

and present student-athletes who were honoured with the Outstanding Sports Achievement Award for winning Southeast Asian Games gold medals or medalling at World Championships or Asian Games. A new '100-cap' recognition was introduced to acknowledge athletes in team sports, with footballer Safuwan Baharudin and netballers Kimberly Lim and Nur 'Aqilah Afiqah being the first recipients.

Other prestigious awards presented included the Moo Soon Chong Outstanding Student-Athlete of the Year, the Annabel Pennefather Excellence Award, and the Tan Howe Liang Excellence Award.

The cake-cutting ceremony, a song arranged by alumnus Tan Zi Jian and sung by current student-athlete Reina Lau, and energetic student performances also celebrated Sports School's vibrant 20-year journey.



Champions in
Sport

COLLEEN PEE

Bowling, Diploma in Business
Youth Bowler of the Year 2024,
Sportsgirl of the Year 2023



Iconic Moments at Paris Olympics

PARIS 2024 OLYMPIC GAMES

8 past and present student-athletes made their mark in Paris, forming nearly 35% of Team Singapore's 23-strong Olympic contingent. For some, it was a cherished return to the prestigious event. For others, it was a thrilling debut in the City of Love. Among the fresh faces were shuttlers Jessica Tan Wei Han and Terry Hee Yong Kai, alongside paddlers Izaac Quek Yong and Zhou Jingyi.

Izaac and Jingyi, the youngest Singapore-born table tennis players to make Olympic history, brought fresh

energy to the Games. Izaac, a current student-athlete who initially set his sights on the 2028 Olympics, amazed everyone with his swift rise in form, achieving his Olympic dream ahead of schedule. In his debut match, Izaac showcased his potential by clinching an early victory. However, despite a relentless effort, he ultimately fell 2-4 to a more seasoned opponent.

Jingyi, who transitioned to table tennis full-time after Secondary 4, shared similar fate. After winning the first set, she was unable to sustain her momentum and ultimately ended



Zhou Jingyi



Loh Kean Yew



Yeo Jia Min

her campaign with a 1-4 loss. She was lauded by her opponent as a 'fighter' for battling through the match while nursing a knee injury.

Meanwhile, Loh Kean Yew and Yeo Jia Min returned for a second Olympic appearance after Tokyo 2020. Both of them made history by topping their groups and reaching the knockout stages. Kean Yew is the first Singaporean male shuttler to reach the knockout stages since 2004, while it has been 12 years since a female shuttler reached the quarter-finals. Kean Yew and Jia Min surpassed their

Tokyo 2020 performance, where they were eliminated in the group stage, showcasing significant growth and resilience in their Olympic pursuit.

Mixed Doubles husband-and-wife pair Jessica and Terry made a valiant effort in their Olympic debut, but they stumbled in their first two matches against higher-ranking opponents. They ended their group stage journey on a high note with a 2-0 victory.

In fencing, Amita Berthier embarked on her second Olympic adventure in the Women's Individual Foil event. Receiving a bye to the Table of 32, she squared off against world no. 11 Lauren Scruggs. Despite leading by three points in the second period, Amita narrowly ended her Olympic journey with 13-15.

On the track, sprint queen Veronica Shanti Pereira made her second appearance at the Olympics, competing in the 100m and 200m events. In the Women's 100m, she raced to a time of 11.63 seconds. She charged into the 200m event, clocking 23.21 seconds. Despite not advancing directly to the semi-final, she earned a second chance in the Repechage Round, finishing 18th out of 24.

All photos by Singapore National Olympic Council and Sport Singapore



Terry Hee Yong Kai and Jessica Tan Wei Han



Amita Berthier

Veronica Shanti Pereira



Izaac Quek Yong

Blazing through the Thai Heat

25TH THAILAND SPORTS SCHOOL GAMES

The Singapore Sports School contingent comprising 17 swimmers and 32 trackers landed in the land of smiles to participate in the 25th Thailand Sports School Games from 20 to 29 July 2024 in Trang Province.

The swimmers torpedoed to a top performance in the pool, securing a total of 57 medals (23 gold, 18 silver, and 16 bronze) and achieving 37 personal bests to finish second overall on the leaderboard.

Kidd Ang Shao Kai stood out, winning 4 gold medals in the Boys' 13-14 category across various events, including the 50m and 100m Butterfly. Kidd also recorded personal bests in all five of his events. This earned him the Most Valuable Player (MVP) title for Under-14 Boys.

Casey Chua shone in the girls' events, winning 5 gold medals and setting a personal best in the 100m Butterfly with a time of 1:06.15. She claimed the MVP title for Under-14 Girls.



Track and Field Academy



Swimming Academy

Joy Neo Ning Suan also performed well, taking home 4 golds and setting a personal best in the 50m Breaststroke. The girls' collective effort earned them the Girls' Overall Trophy, and senior coach See Puay Kheng was named Best Coach for Under-14 Boys and Girls.

In Track and Field, our student-athletes braved the heat to set the track ablaze with 13 medals (2 gold, 5 silver, and 6 bronze). Nichole Lim Yi Han and Sharifah Falisha Syed Ahmed Riadh led the way, winning golds in the Under-14 Triple Jump and Under-18 Long Jump, respectively. Sharifah also took silver in the Under-18 Triple Jump, and Nichole added 2 bronze medals in relays. Jessie Tan Qian Chi from the Multi-Sport Academy also made her mark in the event, earning a bronze medal in the Under-14 Pentathlon.



Parent supporters from the Swimming Academy

Racket Up! Badminton Academy Serves Up Success

BADMINTON ACADEMY REPORT

WRITTEN BY
Stefanie Lee Feiyi
IBDP, Year 5

Shuttlers Take Flight at Local Competitions

Our shuttlers had their fair share of victories throughout the year, smashing their way to new heights in local competitions.

WYSE Active International Age Group Series 2024

In the WYSE Active International Age Group Series 2024, our shuttlers took home an impressive 15-medal haul, with Tee Kai Ze clinching a gold medal with partner Darren Chng in the Under-17 Boys' Doubles event. Ong Jun Hao, Abhyarthna Chhajer and May Yoon San also achieved double podium finishes, claiming two medals each.



SMU Shuttler's Challenge

The SMU Shuttler's Challenge saw remarkable results from our shuttlers as well. Budding players Bonita Bai and Chara Loo dominated the Under-15 Girls' Doubles event, earning the top spot on the podium. Tai Jong Waa and Edmund Tan also emerged champions in the Under-17 Boys' Doubles event, while Chua Min Han smoothly bagged a gold medal in the Under-19 Boys' Singles.

East Badminton Academy Age Group Series 2024

A week after, our shuttlers claimed a whopping 15 medals in nine categories during the East Badminton Academy Age Group Series 2024. The action-packed week saw Axel Ng claim first place in the Under-19 Boys' Doubles event with partner Clarence Teh, while Edmund Tan and Tan Wei Da echoed the victory in the Under-17 Boys' Doubles event. Shuttlers Jessie Batchelor, Maegan Tan Yee Kah, Ong Jun Hao, and Julian Tan Yi Kai also put their best plays forward to take the silver in their respective events.



17th Chinese Swimming Club Age Group Badminton (Invitational) Tournament 2024

During the 17th Chinese Swimming Club Age Group Badminton (Invitational) Tournament 2024, Jeanna Low, with partner Gwen Salam, smashed the top spot in the Under-17 Girls' Doubles while Ong Jun Hao and Aldrich Goh also claimed the top spot in the Under-15 Boys' Doubles. The Under-17 Boys' Doubles event featured an outstanding 1-2-3 Sports School podium finish, with Blairdimir Herbert and Gerald Koh securing first place.

Shuttlers Soar at International Competitions

13th ASEAN Schools Games

Six of our student-athletes took part in the 13th ASEAN Schools Games held in Da Nang, Vietnam. Despite putting up a spectacular fight, both the Women's and Men's Team missed out on qualifying for the semi-finals by a small margin. The Men's Team rallied hard but eventually fell short against Thailand, losing 2-3. The Women's Team also had a nail-biting showdown against Vietnam in the group stage, ultimately giving way to a 2-3 defeat.

8th Asian Schools Sports Festival Badminton Championships

At the 8th Asian Schools Sports Festival Badminton Championships held in Semarang, Indonesia, five of our shuttlers from the mixed-schools team of 16 players were selected to represent Singapore. They are Chia Xin Ying, Stefanie Lee Feiyi, Tee Kai Ze, Tan Wei Da and Blairdimir Herbert. The first-seeded Women's Team managed to clinch the bronze medal after suffering a close loss in the semi-final by the eventual champions. While the

Men's Team fell short of progressing to the semi-final, they still showcased remarkable skill and unwavering determination against Hong Kong, eventually conceding a 2-3 defeat. In the individual event, Tee Kai Ze admirably snagged the joint-third placing in the Individual Boys' Singles Event. Despite the cheering home crowd of Indonesia rallying for his opponent, he still put on a stellar show of sportsmanship and grit in the semi-final.



2024 BWF WORLD JUNIOR CHAMPIONSHIPS

WRITTEN BY
Chia Xin Ying
IBDP, Year 5

The YONEX BWF World Junior Championships is the most prestigious junior badminton competition where every country's best players come and compete. Held in Nanchang, China, nine of our post-secondary shuttlers were selected to represent Singapore in the team of 13 players namely Chia Xin Ying, Heng Xiao En, Andrea Tay, Aaliyah Binte Zakaria, Marco Boon, Nicholas Kat, Nge Joo Jin, Ng Ming Zhe and Justin Tay.

We went up against 40 countries in the Mixed Team event using a new

scoring system. In the group stage, Singapore competed against France, Chinese Taipei, Slovakia, and Armenia. Despite adapting well to the new format and giving our best effort, we fell to France and Chinese Taipei, placing third in the group. In the Mixed Doubles individual event, Heng Xiao En and Nge Joo Jin impressively attained the top 16 placing, ultimately losing to France's first seeded pair.

Overall, the World Junior Championships was a valuable experience for all of us, giving us an opportunity to compete against the world's best, forge new friendships, and grow together as a team.



VIA ACTION WITH ADMIRALTY PRIMARY SCHOOL

WRITTEN BY
Sherayne Ong Xuan En
and Bryant Low Sze Hong
Secondary 3

On 17 May, the Badminton Academy organised a Values in Action (VIA) project in collaboration with Admiralty Primary School. It was a meaningful experience, and we are grateful to have been given this opportunity to lead the activity.

At first, we were worried that the programme would not run smoothly, as it was our first time organising such an activity. However, in the end, everything went better than expected! During the VIA activity, we organised games like catching and a mini competition. We also provided the students with proper equipment and gave them the opportunity to learn basic badminton skills from the student-athletes. We were relieved to see that the students enjoyed the activities, showing passion and determination while participating in the games. Throughout this experience, we forged new friendships and created fond memories together.

A Bowling Success for 2024

BOWLING ACADEMY REPORT

WRITTEN BY
Koh Nur Humaira
 Secondary 2
Rainie Kwek Xin Hwee and
Matthew Quek Chien Ho
 Secondary 3
Nura Salsabila Zulkifli
 Secondary 4

It has been a great year for our bowlers. They participated in many local and international competitions and had outstanding achievements. They were also involved in school-wide activities such as Values in Action projects, SparkX Camp for budding primary school talents, and a fundraiser called Strike-a-Chord. These events were planned and led by our very own bowlers.



Mark Leong Yew Chen
 Photo Credit: Singapore Bowling Federation



Extreme left: Nura Salsabila Zulkifli
 Photo Credit: Singapore Bowling Federation

23rd Asian Junior Championship 2024

Our bowlers achieved 4 gold, 3 silver and 2 bronze medals for Team Singapore and helped propel Team Singapore to the top of the overall medal tally at the 23rd Asian Junior Championship 2024.

Amidst fierce competition, two rising stars stole the spotlight – putting Singapore on the map when they won the Singles events in both the girls' and boys' categories. Nura Salsabila Zulkifli's razor-sharp focus led her to victory in the Girls' Singles event. Mark Leong Yew Chen also made it to the top of the podium in the Boys' Singles event and reflected on his victory by saying, "Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability". Their triumphs remind us to embrace the present and strive beyond our limits.

National School Games

'B' Division

The competition season started off strong for our 'B' Division bowlers who bagged 3 gold, 3 silver and 2 bronze medals. The girls' team comprising Alyssa Hia Jing Xuan, Hazel Tan Rou En, Nura Salsabila Zulkifli, Nur Iffah Amberlynn Muhammad Zulhaidi, and Rainie Kwek Xin Hwee successfully defended their overall title. Their dominance was evident as they secured titles in all 'B' Division events except the Singles, where they achieved a commendable 2-3 finish.

The boys also showcased their talent, with Caedmon Lim leading the way in the Boys' Singles event. Their



'B' Division



'C' Division

impressive performance included 2 silver medals and a bronze, earning them a well-deserved second place overall.

'A' Division

It was also a striking display from our 'A' Division bowlers. A starlet in the making, Nur Irdina Hazly emerged victorious in the Girls' Singles event, and alongside teammate Shannen Ong, secured another gold in the Girls' Doubles.

In the Boys' Doubles event, Mathieu Louis and Ryan Goi claimed the gold medal, Mathieu also secured a bronze medal in the Boys' Singles.

'C' Division

Our young bowlers did well in the National School Games 'C' Division. They displayed great sportsmanship and team spirit. After battling out, our bowlers emerged 3rd in the overall standings of the competition.

54th Singapore International Open

It was an incredible outing for our bowlers at the 54th Singapore International Open. Darius See saw out an intense battle for the top spot in the Under-16 Boys' Stepladder. Although nervous, Darius kept his cool and played to his strength to win the stepladder event.

In the Under-18 Girls' Stepladder, Shannen Ong Yuan Lin eased her way to the top spot in the final match with a score of 205 to 186 pinfalls.

Jerlyn Lam Si Ting was determined to secure the top spot in this year's edition of the Youth Girls' Event. She was calm and collected during the stepladder. She eventually topped the podium in the Youth Girls' Stepladder event, winning her match with a score of 217 to 198 pinfalls.

Colleen Pee, a first-year Diploma in Business student-athlete, stole the limelight in the Women's Open Stepladder. Colleen went up against fellow national bowler and alumna Bernice Lim Hui Ying and admirably rose to the challenge against her senior. Colleen won the first match by 222 pinfalls to 201 and cemented her victory in the second game with a final score of 172 pinfalls to 159.



Colleen Pee
 Photo Credit: Singapore Bowling Federation



From left: Colleen Pee and Nur Irdina Hazly
 Photo Credit: Singapore Bowling Federation

IBF World Youth Championships

Once again, our bowlers did us proud on the world stage. Colleen Pee and Nur Irdina Hazly were part of Team Singapore for the IBF World Youth Championships in Incheon, Korea. Colleen Pee, together with teammate Arianne Tay, brought home the bronze medal and together with Nur Irdina and Ning Tay secured the silver in the team event.

Values In Action

The Bowling Academy hosted CHIJ Our Lady Queen of Peace and Wellington Primary School under the Sports Education and Experience Programme in conjunction with North West Community Development Council. This programme aims to allow the primary school students to experience bowling. Our bowlers not only taught them how to bowl, they also taught them the rules of bowling.

The two Values in Action projects, led by Matthew Quek and Kaeon Lim, and Lucas Goh and Caedmon Lim respectively, were a success because of the hard work and support from all our bowlers. The entire project from planning to execution was a meaningful experience for our bowlers as they realised that organising an event takes a lot of planning and teamwork.



Strike-a-Chord

A fundraiser in the form of a family fun bowl and auction of bowling pins to raise money for the Singapore Disability Sports Council was held in conjunction with Sports School's Project Champions Way. This student-led event was headed by Lim Shi En and Rainie Kwek as Co-Chairman and Kang Hee Hiang and Eng Yi Jun as Co Vice-Chairman.

The Bowling Academy was proud that the amount raised exceeded our initial target. Our sponsor, Mr Sunny, parent representatives of Bowling Academy's Sporting Parent Network, management of the Singapore Bowling Federation, Sports School's management as well as the Bowling Academy staff contributed to the success of the fundraising event. Most importantly, our bowlers gained project management skills as this was the first time they planned and organised a large-scale event.



Lunging to Podium Triumph

LOCAL AND OVERSEAS COMPETITIONS

WRITTEN BY
Cari-Anne Ong
Secondary 4

As Chinese New Year 2024 approached, our fencers travelled to Bahrain for the Asian Junior and Cadet Fencing Championships. Moulin Roxane Nicole Maya earned a hard-fought bronze medal in the Cadet

Women's Épée event. Additionally, Natallie Chan Yin Xin and Jae Lim Jia En secured a bronze medal for Singapore in the Cadet Women's Sabre Team event, while Sean Ho Jia Le won a team silver in Men's Foil. In the Individual Junior Women's Sabre event, Juliet Heng Jie Min battled her way to the finals, returning with a well-deserved silver medal. Cheung Kemei represented Singapore in the Junior Women's Foil Team event, where her team won a bronze medal.



National School Games

At the National School Games in May, our fencers demonstrated excellent sportsmanship and school spirit while achieving impressive results. The 'A' Division boys finished 4th overall, and the girls claimed 2nd place. Both the 'C' Division boys and girls finished 3rd overall, while the 'B' Division boys also secured 3rd place. The 'B' Division girls triumphed, becoming the overall champions of the competition.

In July, several of our student-athletes travelled to Christchurch, New Zealand, to compete in the Commonwealth Junior and Cadet Fencing Championships. Josiah Wei Kai Liang earned a bronze medal in the Cadet Men's Sabre event, while Zephaniah Ian Kiew secured a silver medal in the Junior Men's Foil event. In the Junior Women's Sabre event, Juliet Heng earned a silver medal. Sabreurs Dan Wei Zuo and Marcus Tan achieved gold and silver in the Junior Men's Sabre Individual event, proudly raising Singapore's flag. In the team events, Juliet and Natallie earned a bronze medal in the Junior Women's Sabre team event, while the Junior Men's Sabre team consisting



From left: Marcus Maximillian Tan, Chan Phu Xien (alumnus), Dan Wei Zuo
Photo Credit: Fencing Singapore



Cheung Kemei



Zephaniah Ian Kiew

of Dan Wei Zuo, Marcus Tan, Josiah Wei, and Lucas Tan also secured a bronze medal. The Junior Men's Foil team, consisting of Zephaniah and Tan Le Kai, took gold for Singapore, once again bringing honour to the nation.

Sarah Koh Ya Qi then brought us a wonderful present on National Day – a gold medal in Women's Sabre at the Asian Cadet Cup in Taipei! Sarah's win was a special one as she did not have any fencing experience prior to joining the academy and only started in 2021 when she attended a fencing clinic in Sports School. In the same event, Benjamin Lee Shijie added to the nation's pride by winning a bronze medal in Men's Épée.

At the local front, our fencers continued to showcase their competitive spirits and skills in numerous competitions, and have earned several podium finishes.

Fencing for All

VALUES IN ACTION

WRITTEN BY
Cari-Anne Ong
Secondary 4

This year, the Fencing Academy collaborated with the North West Community Development Council to

conduct fencing workshops for our Values in Action project. The project involved four primary schools: Beacon Primary School, Woodgrove Primary School, Greenwood Primary School, and Huamin Primary School. Over the course of four days, we learnt several important skills, ranging from leadership development to event



collaboration and planning. We were given the opportunity to introduce fencing to the primary school students, and it was heartwarming to see them enjoying the sport that we are passionate about.

What Makes an Athlete?

FEATURE – SI TO JIAN TONG

WRITTEN BY
Isabelle Lee Ern Swan
Secondary 3

Si To Jian Tong began fencing at the age of eleven, initially uncertain about his development in the sport. As a result, he accepted a Direct School Admission offer for badminton at Ngee Ann Secondary School, turning down the offer from the Fencing Academy in Primary 6. However, over time, his passion for fencing grew during his secondary school years. By Secondary 4, he began attending training at the Singapore Sports School regularly, leading to his decision to continue his post-secondary education at Sports School.

The beginning of his post-secondary education at Sports School was

challenging due to the COVID-19 outbreak in Singapore and worldwide. Despite the difficult circumstances, Jian Tong's hard work, focus, and resilience helped him navigate through the challenging period.

Jian Tong's dedication paid off in 2023 when he won an individual gold medal in Junior Men's Épée at the Asian Junior & Cadet Fencing Championships – a goal he had set at the start of the year. He followed this by winning another individual gold medal at the 2023 Southeast Asian (SEA) Games, proving his consistency to his coaches. He is the first Singaporean to win an individual gold medal in Men's Épée at the SEA Games. Later that year, he surprised everyone with a 14th-place finish at the FIE World Cup in Bern, the best-ever result by a Singaporean at an FIE Men's Épée World Cup. Although he lost in the Top 16, he learnt invaluable lessons and remains determined to improve with the help of his coaches and family.



Photo Credit: Singapore National Olympic Council and Sport Singapore

In 2024, Jian Tong's achievements continued as he qualified for both the Asian Fencing Championships and the Asia-Oceania Fencing Olympic Qualifiers, being ranked the top Men's Épée fencer in Singapore. Although he fell short of qualifying for the Olympics after a quarter-finals loss, he remains grateful for the opportunity to compete at such a high level. Undeterred by the setback, Jian Tong continues to train relentlessly.

Jian Tong has often expressed his desire to "do his best and give back to the people who have helped him achieve everything he has today." His resilience and success inspire me, and I look up to him as a role model. One day, I hope to be as tenacious and accomplished as my senior.

Scoring Goals as One Team Sports School

FOOTBALL ACADEMY REPORT

WRITTEN BY
Muhammad Hafiz Abu Sujad
General Manager, Football Academy

Our Journey to Victory

At the Football Academy, we always strive to excel, not only on the field but also in our commitment to teamwork and perseverance. Our success at the JSSL U14 Champions stands as a testament to these values.

It all came down to the final game against a formidable JSSL team, played under the scorching noon sun. Despite trailing 1-0, our boys never gave up. With a brilliant display of

teamwork and determination, they orchestrated a stunning team play that led to our equalising goal.

The game was intense, with every moment crucial. Our players showed true grit and skill, eventually securing the vital goal that ensured our victory in the league.

This achievement goes beyond the trophy; it embodies the spirit and dedication of our players, coaches, and supporters.

At the Singapore Youth League (SYL), our Under-13 footballers finished second on the table. Our Under-15 team has also been performing admirably, demonstrating strong progress and skill in the competition, which will conclude in November 2024.

Exciting Overseas Exposure

The Under-13s participated in the Nonthaburi Asia Youth Cup 2024 and secured an impressive 3rd place against Thai and Japanese teams. The tournament was an incredible first overseas trip experience as a team, providing our players with the chance to face and learn from prominent teams. They performed admirably, winning five games and losing only one game. They were bolstered by the support of their "12th men" – the parents – whose encouragement gave the team with the boost they needed.

Also, the Under-15s went to Thailand for a training camp, which saw 24 eager players testing their skills and learning valuable lessons against formidable opponents. They had the opportunity to test themselves against four local academies during the six-day training camp. They achieved two wins and two losses. In particular, their match against one of the top local youth teams, Chonburi Football Club, truly tested their limits and gave the footballers valuable insight into the level of top youth clubs.

These trips were learning opportunities that left a lasting impact on these young athletes. With renewed determination and valuable lessons learned, they are poised to take their training and performance to the next level.



JSSL U14 Champions



Values in Action

Champions Beyond the Field

As part of our commitment to developing strong character and a sense of community among our footballers, our footballers are given the opportunity to give back to the community.

This year, together with the Red Cross, we packed essential food items for families in need. This initiative not only supports those less fortunate but also teaches our players the value of compassion and giving back.

We also conducted Learn-To-Play sessions to provide sports education and valuable experience to young athletes.

Our Pride and Glory – Safuwan Baharudin (113 Caps), Our Centurion

Safuwan Baharudin's career in football began when he joined Singapore Sports School, which set the foundation for his career.

After progressing through the youth ranks, Safuwan made his professional debut with the Young Lions in the Singapore Premier League, Singapore's top-tier football league at the time. He quickly gained attention for his versatility, being able to play effectively as both a central defender and a midfielder.

In 2013, Safuwan Baharudin had a significant breakthrough when he signed with LionsXII, a Malaysian football club. This move allowed him to gain experience playing in a more competitive league outside of Singapore. He played a crucial role in LionsXII's success, contributing to their Malaysian Super League title in 2013.

Internationally, Safuwan has been a key player for the Singapore national football team, earning numerous



Miguel Alexandro Garcia

Scholar on the Field

Secondary 3 footballer Miguel Alexandro Garcia is one of the nine youth footballers who earned the Unleash The Roar! Overseas Scholarship. The scholarship recipients will embark on an exciting journey abroad with the scholarship covering expenses, including their football programme, tuition, accommodation fees, and insurance.

Miguel has left for Madrid, Spain, in August to train for a local club Rayo C. Alcobendas, and study at Kings College Madrid for two years.



Safuwan Baharudin

caps and representing his country in various tournaments, including the AFF Suzuki Cup and the Asian Cup qualifiers.

In 2024, Safuwan received the Outstanding Sports Achievement Award as Sports School added a '100-cap' criteria to recognise our athletes in team sports. Safuwan, who has achieved 113 caps and counting, is one of the three inaugural team sports players who received this award.

Fostering Athletic Excellence

MULTI-SPORT ACADEMY REPORT

WRITTEN BY
Liza Sem Bingyan
 General Manager, Multi-Sport Academy

2024 has been a momentous year for Multi-Sport Academy. Eight Secondary 1 student-athletes joined the Academy as its second batch of student-athletes. They were quickly inducted into Track and Field training. They joined the SA All Comers Athletics race just one month into the sport. Progressing beyond local grassroots races, they went on to represent the school at the National School Games.

New Kids On The Block

Jacob Gao, a Secondary 1 student-athlete, was selected to represent Singapore in the Asia Triathlon Junior Cup held in Perak, Malaysia. Competing with athletes who are more senior than him and with less than six months of experience in the sport, Jacob did well in his maiden international race, posting one of the

fastest bike runs amongst the rest of the Singaporean boys.

In addition to their core sports modules, such as Athletics, 3x3 Basketball, and Sport Climbing, the Secondary 1 student-athletes gained exposure to a variety of other sports, including Judo and Parkour, as part of their well-rounded curriculum. This exposure not only expanded their skill sets but also helped them sharpen their overall athletic abilities.

“I think Parkour has helped me in my hand and leg coordination as well as my agility. Parkour requires a lot of change in direction as well as lots of jumping, arm movements, and leg movements which can be transferred into other sports such as climbing, tennis, and track events. Judo, similarly, has improved my arm and body coordination, allowing me to do sports like swimming, fencing, field throws better,” quipped Chong Qi En, a Secondary 1 student-athlete.



Inaugural Batch Find Their Niche

The Secondary 2 student-athletes kicked off 2024 by revisiting their mainstay sports modules – Track and Field, 3x3 Basketball, and Sport Climbing. These sessions allowed them to build on the foundational movement skills they had acquired during their earlier years, with an emphasis on refining technique, improving performance, and deepening their understanding of these sports.

From April to July 2024, the student-athletes were also exposed to new sporting disciplines such as Wrestling, Cycling, and Canoe Sprint. This phase of the programme aimed to provide a broader experience, enabling the student-athletes to experiment with sports outside of their usual training. The objective was to ensure that by the time they reach Secondary 3, they are well-equipped to make an

informed decision regarding their specialisation.

The exposure to a variety of sports allows the student-athletes to explore different disciplines with an open mindset. By evaluating their own physical attributes, personal interests, and technical competencies, they can identify the sport that best aligns with their strengths and aspirations. This thoughtful approach to sport selection is designed to guide each athlete toward a pathway where they can excel, with a strong foundation built on both experience and self-awareness.

Jessie Tan Qian Chi, a Secondary 2 student-athlete, is one of the student-athletes who has chosen to pursue Track and Field further. She has consistently done well and has even achieved good results in competitions. She displayed great perseverance

and adaptability, coming in third for U14 Pentathlon in Thailand Sports School Games. She shared, “The Multi-Sport Academy has provided me with opportunities in exposure to different sports, hence allowing me to strengthen my foundation movement skills and adopt various values like adaptability and resilience. This helped shape me as a versatile athlete. With the curriculum, I truly get to break my own limits while having fun at the same time.”

“Being in the Multi-Sport Academy has made me become a well-rounded athlete through the three different sports modules. The different challenges have inspired me to be resilient, work collaboratively with others, and being adaptable when facing different physical challenges”, shared Yunus Adam Sim, a Secondary 2 student-athlete.



Experiential Learning Overseas

OVERSEAS TRAINING TRIPS

Netballers have ventured beyond Singapore to gain valuable experience overseas. In June, the Secondary 1 and 2 netballers had an exciting training trip to Bukit Jalil Sports School (BJSS), which was particularly special for the Secondary 1 student-athletes as it was their first opportunity to learn and bond as a team.

Meanwhile, the Secondary 3 and 4 players travelled to Perth, Australia, for the Fuel To Go & Play Association Championships. Over six memorable days, they honed their skills by competing against talented players, adapting to diverse playing styles and challenging weather conditions. Each game provided a chance to push their

limits, learn from mistakes, and grow as a cohesive unit.

Secondary 4 netballer Ella Wong Lok Yiu was part of the National 17&U team that travelled to Canberra, Australia. This trip was a fantastic opportunity for Ella to gain exposure by playing against Australian teams in her age group. She especially valued a training session with Australia's former national coach, Ms Jill McKintosh.

The polytechnic netballers participated in the Waverley International Schools Netball Championships in Melbourne in early July. The ten netballers endured the tough competition in the Over-15 category and eventually emerged



Trip to Bukit Jalil Sports School



Trip to Waverley International Schools Netball Championships in Melbourne

overall 15th position out of over 30 teams. The competition provided a competitive environment that featured teams from other states in Australia and even Malaysia.

TOP-Notch Training

TOP NETBALL PROGRAMME

WRITTEN BY
Jernise Moh Jing Wen
Diploma in Business, Year 2

I had the wonderful opportunity to be one of the two student-athletes to travel to Auckland and Napier, New Zealand, for the inaugural TOP Netball Programme organised by the Netball Academy.

As I was keen to maximise the opportunity, I went in with an open mind, which was highly beneficial on this trip. We trained with new people at every training session. My mindset allowed me to form quick understanding of the varying types of play of each unique player, allowing me to easily work with others, and display the tactical and technical skills the coaches want. Training with so many different types of players also taught me how each skill could be utilised or executed differently, levelling up my own play.

We have imparted what we learnt and experienced to our peers, such as new court-specific drills. For example, on defence, we worked on the four phases of defence; and on attack, a new drill called BOW was effective in improving my on and off-circle edge movement. More tactically, training with Team MAGS taught us new backline throw-in set-ups which are highly effective.



Jernise Moh Jing Wen and Megan Low Wen Qi

I emerged from this trip with a new form of persistence that the Kiwis possess – to be relentless in the face of adversities, especially when it comes to matches. The trip opened my perspective on my own play, giving me insights into the higher level of play that I am capable of achieving. I am now more driven to push myself to significantly improve and excel. This mindset can also be simultaneously applied to other aspects of my life.

Tanglin Roars

TANGLIN TRUST NETBALL CHAMPIONSHIPS

WRITTEN BY
Lee Min Li
Senior General Manager, Netball Academy

Our netballers showed outstanding teamwork at the Tanglin Lions Netball Championship 2024 held on 9 March 2024.

The Netball Academy entered three teams in the tournament – two in the 16 and Under category and one in the 19 and Under category.

This competition gave a different kind of exposure to our netballers. The teams faced opponents from the many local international schools and international schools from Malaysia,

Brunei and Hong Kong. It was indeed a great competition and many of them managed to make friends from other countries too.

In the 16 and Under category, after meeting very competitive opponents, the SSP A (Silver) team eventually clinched the champion trophy under the Bowl Pool. SSP B (Gold) had a hard-fought competition. They stayed in the Cup pool throughout the competition and earned their 4th position showing their resilience at the 3rd/4th match by conceding just one goal, after extra time!

In the 19 and Under category, SSP Diamonds played consistently well in the Cup Pool. At the finals against Australian International School, the



tenacity they showed after a thrilling extra time, they narrowly lost by only 1 goal and finished overall 2nd.

Post-secondary netballer in the polytechnic programme, Faithmaria Ifeoma McKevin Lawrence, stood out among the players and earned herself the title of Most Valuable Player (MVP) in the 19 and Under category. Her exemplary skills and leadership contributed significantly to SSP Diamond's success.

This competition has become a permanent feature in the academy's competition calendar yearly!

Learning Through Play

LEARNING EXPERIENCE THROUGH VALUES IN ACTION AND INTERNATIONAL YOUTH NETBALL CHALLENGE

WRITTEN BY
Lee Min Li
Senior General Manager, Netball Academy

The Netball Academy collaborated with North West Community Development Council for the first time this year to conduct training sessions for students from Ahmad

Ibrahim Primary School and Fuchun Primary School. The students enjoyed the session conducted by our netballers who also had a meaningful time coaching and interacting with the students.

Full preparation is also underway for the 13th edition of International Youth Netball Challenge in November. The Academy is looking forward to welcome and play against overseas 15&under netballers from Australia, Hong Kong, Malaysia, South Africa, and local teams. As the host, the senior girls will also act as liaison officers to the overseas teams, assisting them and supporting them in the tournament as well as acting as tour guides during their stay in Singapore.

Additionally, some netballers have developed officiating skills through



bench officiating lessons led by alumni and polytechnic student-athletes, learning to manage score sheets and timekeeping, which may lead to future officiating opportunities with Netball Singapore.

Sharpshooters On Target

SHOOTING ACADEMY REPORT

WRITTEN BY
Oh Meiqin
General Manager, Shooting Academy

The Shooting Academy had an eventful and successful start to 2024 as they retained the Challenge Trophy at the NUS Invitational Shoot and NTU Invitational Shoot amidst increasing competition from the local shooting scene. Although the National School Games (NSG) no longer featured the Team event, the Academy's shooters delivered impressive performances in the individual events. The Academy ended the NSG campaign with a total of 3 individual gold, 3 individual silver and 2 individual bronze medals, with the 'C' Division 10m Air Rifle Women's team emerging as a force to be reckoned with through their podium sweep achievement. The strong performance posted by our budding shooters is indeed heartening, and we look forward to even greater achievements from them in the years to come.

"This year, our school has scored numerous achievements at the NSG.



Daanish Teo Yasin Teo

As part of the 'C' Division 10m Air Pistol Men's Team, I had the honour of competing and eventually securing first place in the Individual event, with the result being exceptionally close. My score was just 0.1 points ahead of the second-place competitor.

This achievement is a testament to the collective effort and support from our entire school community. I am grateful for the encouragement from my peers and mentors, who played a crucial role in this success. It is a proud moment for all of us, reflecting the dedication and spirit of our school," shared Daanish Teo Yasin Teo from Secondary 1.

2024 also saw the Academy rejoicing with final-year Diploma in Business



NTU Invitational Shoot 2024



National School Games

student-athlete Tang Hong An in January, after he broke the 10m Air Rifle Men national record that was previously held by alumna Mohamad Irwan Abdul Rahman since 2019. While the record was subsequently broken by a fellow shooter in the months to come, the exhilaration of having one of our own to finally eclipse a national record remains and serves as an inspiration to all our shooters to strive to greater heights.

National Youth Team shooters also had the opportunity to compete overseas as they took part in the Meyton Cup in Austria and H&N Cup in Germany. In June, the team also competed in Taiwan at their national-level shooting competition, Meihua Cup. The team of shooters, having competed against a couple of high schools from Taiwan during a training exchange at Sports School in 2023, were able to experience the hospitality of the Taiwanese shooters at their home ground this time while seeing the increasing competitiveness of their overseas peers. The experience abroad has been instrumental in shaping the Academy's future ambitions, and greater achievements are surely on the horizon.



Meihua Cup

Friendly Shootout

To create more competition opportunities for local shooters, the Shooting Academy organised the SSP Friendly Shootout on 28 June 2024, inviting shooters from Dunman High School, National Junior College and West Spring Secondary School to participate. The friendly atmosphere fostered positive exchanges between shooters from different schools, highlighting the spirit of camaraderie and sportsmanship. The Academy looks forward to hosting more schools at its range in the future, continuing to promote growth and collaboration within the sport.



A Record-Breaking Moment

REFLECTION BY TANG HONG AN

WRITTEN BY
Tang Hong An
Extended Diploma in Business

Before going to the H&N Cup in January, I had one goal: Break past my limits. I was performing at my peak during that season, which was why I had that goal. I had a feeling that something would be achieved this time.

Following a lackluster performance on the first day of the competition, I suddenly had a thought that this might potentially be my last major competition, so I might as well put in my very best to make it count.

I knew it was my peak performance the moment I fired off my first sighting shot during the second day of the competition. I carried on

with this momentum when I started to feel nervous as I could see that I was on track to surpass the national record. The thought of setting a new national record kept lingering in the back of my mind; it had been my dream since I was in Secondary 3, and I wanted so badly to etch my name into Singapore's shooting history. I can still remember vividly, on my 55th shot, I had to repeatedly tell myself: "Tang Hong An, you have done this before; nothing is new. Do what you do best, pull the trigger."

A rifle target is 45.5mm, 10 meters away. The black ring that the shooter can see through his sight is only 30.5mm. Now, add in the heart rate of someone whose dream is about to become reality: that was me on the firing line. I had to cancel my last shot more than once; my heart rate was either too high or I was not stable enough. Nerves and fatigue were getting to me, but I held on to the

dream of hitting the elusive record-breaking score.

To this day, I can still relive the moment of my last shot during that competition – I loaded my pellet, brought up my gun, visualised the perfect shot, and started aiming. With every moment of my shot routine, my focus narrowed down to just me, my rifle and the target, and I finally pulled the trigger. It was as if time had slowed down while I waited in anticipation for my score to be revealed – an overall score of 628.6, eclipsing the national record by 0.2 points.

I had done it! I had achieved my dream of four years. It was the most fulfilling thing that I have ever done in my career. I would not have done it without the help of my coaches and staff, who have helped me along the way.



Splashing Good Year

SWIMMING ACADEMY REPORT

WRITTEN BY
Chin Khen Theen
 Senior General Manager, Swimming Academy



Oceanman Krabi

It was an exciting year for the Swimming Academy. We started our Open Water Swimming (OWS) Programme and took part in the Thistle Port Dickson Classic and Oceanman Krabi with a team of enthusiastic swimmers. The results were commendable with a total of 4 gold, 4 silver and 3 bronze medals over two competitions. Thereafter, seven swimmers were selected for the 2nd SEA OWS that was held in Bali. From there, both Lee Xuan Ying from Secondary 4 and Azlina Mastamam from Secondary 3 qualified for the World Aquatics Junior OWS Championships held in Alghero, Italy, in September. The OWS Programme opened a new frontier for our swimmers to explore.

International Triumph

Also, 11 swimmers participated in the Australian Age Group Swimming Championships where we won 2 silver and 2 bronze medals. This was followed by the 13th ASEAN School Games in Danang, Vietnam, where four swimmers brought home 1 gold, 3 silver and 2 bronze medals. The 25th Thailand Sports School Games, held in Trang, Thailand, saw 17 swimmers competing with counterparts from Thailand, Malaysia and Indonesia, breaking 37 personal bests and securing 23 gold, 18 silver and 16 bronze medals. The team also won the Honour Trophy for Girls (Swimming), the championship title among the

girls team, despite having only eight female swimmers. We topped it with the biennial Junior Pan Pacific Swimming Championships where nine swimmers from Sports School and one swimmer from the National Training Centre (NTC) at Sports School competed down under in Canberra, Australia, with the giant powerhouses in swimming from the USA, Japan and Canada. We will end the year with the World Aquatics World Cup series with the final leg in Singapore where ten swimmers will be representing Team Singapore.

Local Excitement

On the local scene, the Academy continued to chalk up impressive results in the 54th SNAG with 18 gold, 17 silver and 17 bronze medals, and 281 personal bests. Both Manda Low and Ian Leong were also awarded the Most Valuable Player award for the 15-17 age group. Even with a lean



Manda Low



Australian Age Group Swimming Championships



Thailand Sports School Games



Ian Leong

team participating at the 63rd NSG Swimming Championships, the Swimming Academy walked away with 12 gold, 12 silver and 19 bronze medals, and 6 divisional trophies, including 2nd in the 'A' Division Girls, 3rd in the 'B' Division Boys and Girls, and 'C' Division Boys and Girls, and 4th in the 'A' Division Boys. In the 19th Singapore National Swimming Championships, we picked up 1 silver, 1 bronze and 111 personal bests before heading into the SAQ Futures Meet where 14 swimmers qualified for the SEA Age Championships, which will be held in Bangkok, Thailand, at the end of the year.

Care and Share

Despite a vibrant year of competition, the Academy continued to set aside time to give back to the community. We reached out to 65 seniors through the Intergenerational Learning Project with Fei Yue Community Services over two Wednesday afternoons.

Strengthening Performance

The Academy has been working closely with sports scientists and strength and conditioning coaches from the National Youth Sports Institute and Singapore Aquatics to capture our swimmers' flexibility, agility, strength and power data to design a robust strength and conditioning programme and further enhance their ability and performance. The Academy collaborated with NYSI to conduct talks for parents to help them guide their children in their sporting journey. Also, as part of our enrichment programme and cross-training, 12 swimmers completed the Kayak Proficiency One Star certification course during the September holidays.

We are looking forward to a new season of breakthroughs where our swimmers will continue to unleash greatness both in and out of the pool.



National School Games



Casey Chua



Kayak Proficiency One Star certification course

Paddlers on the Rise

TABLE TENNIS ACADEMY REPORT

WRITTEN BY
Dave Lai Chin Pang
 General Manager, Table Tennis Academy



STTA National 'B' Division Championships 2024

Outstanding Performance In Local Tournaments

The first local tournament organised by the Singapore Table Tennis Association (STTA) in 2024 was the National 'B' Division Championships, which is open to all Singapore citizens except the current national players. Our student-athletes showed that they are not just age group champions but can even compete with adults. Loy Ming Ying, our Secondary 2 rising star, clinched four titles – Women's Team, Women's Doubles, Women's Singles and Mixed Doubles. She won gold in the Mixed Doubles, partnering with her brother Loy Xing Yao, and claimed first place in Women's Doubles with post-secondary student-athlete Chloe Lai. The trio, Janelle Chiang, Ming Ying and Chloe were formidable, claiming the top spot in the Women's Team. Ellsworth Le and Xing Yao captured the Men's Doubles title. Our student-

athletes won an impressive 5 out of the 7 titles in the tournament.

Our paddlers continued their winning streak in other STTA-organised tournaments, including capturing 8 medals (2 gold, 3 silver, 3 bronze) at the STTA-Toa Payoh West-Thomson CSN Youth Table Tennis Championships 2024, 4 medals (2 gold, 1 silver, 1 bronze) at the 6th Singapore Junior and Hopes Invitational 2024, 7 medals (2 gold, 3 silver, 2 bronze) at Dr Ng Eng Hen Cup – STTA Table Tennis Championships.

28th Baker's Cottage SEA Youth Table Tennis Championships

Eleven student-athletes participated in the 28th Baker's Cottage SEA Youth Table Tennis Championships held in Kuala Lumpur, and they contributed 4 golds, 2 silvers and 6 bronzes for Team Singapore. Ser Lin Qian, Chloe



28th Baker's Cottage SEA Youth Table Tennis Championships 2024



Dr Ng Eng Hen Cup - STTA Table Tennis Championships



6th Singapore Junior and Hopes Invitational 2024

Lai and Joeunn Seow were part of the Under-19 Girls' Team who defeated defending champion Thailand in the final to win top spot and qualified for the Asian Youth Championships. Loy Ming Ying and Janelle Chiang, who were in the Under-15 Girls' Team, also won gold. Nicholas Tan, Loy Xing Yao and Yang Ze Yi, who were in the Under-19 Boys' Team, won third. Ming Ying, who partnered her brother Xing Yao in the Under-19 Mixed Doubles, won against compatriots Nicholas Tan and partner in the final. Ming Ying achieved her third gold medal in the Under-15 Girls' Doubles where she partnered Janelle. In the Under-19 Boys' Singles, Nicholas won second while both Ze Yi and Xing Yao won joint-third. The other 2 bronzes came

from Janelle in the Under-15 Girls' Singles and Chloe in the Under-19 Girls' Doubles.

Achievements in WTT Youth Contender Tournaments

Many of our student-athletes have been participating in more WTT Youth Contender tournaments and achieving better results on the world stage, thanks to a close partnership with STTA. Loy Ming Ying has won three World Youth Contender Girls' Singles titles in Bangkok, Antalya and San Francisco. Based on her WTT rankings, Ming Ying has qualified for



Ser Lin Qian



Chloe Lai and Ellsworth Le



Janelle Chiang

the World Youth Championships held in Helsingborg, Sweden, in November.

In Antalya, Ming Ying also claimed the Under-17 Girls' Singles joint-third place. Ellsworth and Chloe were the runners-up in the Under-19 Mixed Doubles, while Xing Yao was third in Under-17 Boys' Singles.

In Tunis, both Ming Ying and Chloe won bronzes in the Under-15 and Under-19 Girls' Singles respectively. Meanwhile, Janelle won third place in Metz and Ming Ying was second in Spa.

Our post-secondary student-athlete Ser Lin Qian achieved a remarkable second place in the inaugural WTT Youth Star Contender Singapore held in March. She also won an Under-19 Mixed Doubles bronze in Luxembourg and an Under-19 Girls' Singles bronze in Wladyslawowo, while Ming Ying and Janelle won silver and bronze respectively in the Under-15 Girls' Singles.

Nicholas Tan captured his first podium finish in the Under-17 Men's Singles in Havirov. At WTT Youth Contender in San Francisco, our student-athletes won two golds, a silver and three bronzes. In San Francisco, the team also continued their winning streak with an impressive 13 medals at the Silicon Valley Open 2024.

Podium Finishes at 28th Asian Youth Championships

It is never easy to achieve a podium finish in the Asian Youth

Championships as there are powerhouses like China, Japan, Korea and Chinese Taipei, but Team Singapore exceeded expectations and won two bronzes in the 28th Asian Youth Championships held in Chongqing, China. Our post-secondary student-athlete Ser Lin Qian won bronze in the Under-19 Girls' Doubles and Loy Ming Ying was third in the Under-15 Girls' Singles.

Memorable Kochi Sports Exchange

Sports School resumed its sports exchange with Kochi, Japan after a long break due to the pandemic. The Kochi players came to Singapore in 2023, and 10 of our student-athletes went to Kochi from 18 to 25 August 2024.

Our student-athletes managed to gain valuable exposure to different playing styles and formed lasting friendships with the Japanese student-athletes. They trained with different opponents every day, improving their training and matchplay significantly. They have benefited greatly from the training programme, having learnt what they lacked in skills and how they could improve and further hone their skills to become better players.

The programme included sightseeing, allowing student-athletes to gain insights into a different culture and way of life, and an opportunity to appreciate authentic Japanese culture through interactions with the locals, food and architecture.



Kochi Sports Exchange



Run Faster, Jump Higher and Throw Further!

TRACK AND FIELD ACADEMY REPORT

WRITTEN BY
Joseph Soh Chian Choon
General Manager, Track and Field Academy

Coach Tim's in the House!

Coach Siti Fatima Mohamad officially joined the Track and Field Academy. Coach Siti Fatima or Coach Tim as she is affectionally addressed by her athletes, is from Kuala Lumpur, Malaysia, and is an experienced sprints coach who has worked with many school athletes at the state and senior levels. She is also an accomplished athlete, having represented Malaysia in multiple Southeast Asian Games, Asian Championships, and the World



Youth Championships 2001. She still holds Malaysia National Record for the indoors 60 metres event with a time of 7.56 seconds.

Record-Breaking Moments

One of the most iconic moments of the year was when Laavinia Jaiganth took down the long-standing 50-year-old Under-20 400m national record at the World Athletics Under-20 Championships in Lima, Peru. Laavinia, who qualified for the championships through a universality slot, outdid herself with a 54.66 seconds run in the 400m qualifying round, breaking the national record set by Chee Swee Lee in 1974.

Lucas Fun Le Cong who owns the Decathlon national Under-18 record of 6277 points, broke the 18-year-old national Under-20 record after amassing 6431 points across his 10 events at the New Zealand Combined Events Championships 2024, Dunedin. His results qualified him for the 21st Asian U20 Championships 2024 in Dubai, United Arab Emirates, where



Laavinia Jaiganth

he earned a new personal best of 13.97 seconds and a qualifying mark to compete in the 110m hurdles event at the World Athletics U20 Championships 2024.

Training and Competing, Competing, Competing....

Senior student-athletes had many opportunities to compete in the various state opens in Malaysia, from Johor, Melaka, Kuala Lumpur, Perak, and all the way up to Perlis. Jamie El-Redha Ang Norhisham, Raam Kumar Muthukumaran, and Sheik Fayz Sheik Alau'ddin also represented Singapore in various

National Open Championships in Malaysia, Philippines, Taiwan, and Thailand, which is preparing them well in their bid to qualify for the upcoming Southeast Asian Games in 2025.

Victoria Chua Si Yu, our academy captain, also podiumed in her 2000m Steeplechase event at Hong Kong Juniors and Philippines Open, setting a new personal best in every competition that she competed in.

At the 25th Thailand Sports School Games held in Trang province, 32 of our athletes battled the heat to win a total of 13 medals (2 gold, 5 silver, 6 bronze). Our 'C' Division Girls demonstrated their prowess with their podium finishes in the 4x100m, 4x400m and Medley relays and topping the Under-14 Girls' team ranking table surpassing 23 sport school teams from Malaysia and Thailand.

The 2024 National School Games was nothing short of impressive, with the Track and Field Academy securing 32 medals and 63 personal bests in the Track and Field events, and 2 podium finishers in the Cross Country/Road Race held at Singapore Sports Hub. 9 gold medals were clinched by



Victoria Chua Si Yu



Thailand Sports School Games



National School Games



Values in Action

Audrey Koh Shun Yi and Ethan Roman, who both won 2 golds each, Lucas Fun Le Cong, Emre Rizq Mika Harris Mulyadi, Megan Chng Shu Ting and the 'A' Division Girls' 4x400m relay team and the 'C' Division Girls' 4x100m Relay team.

Megan Chng Shu Ting, Ethan Roman, Wilson Tan Shen Kai, Muhammad Aaryan Shah Azhar, Audrey Koh Shun Yi, and Lucas Fun Le Cong went on to represent the Singapore Schools Sports Team in the MSSM-AW-SSSC International Athletics Championships 2024 in Kuala Lumpur, Malaysia, Western Australia State Championships 2024 in Perth, Australia and the ASEAN School Games 2024 in Da Nang, Vietnam.

Giving National School Games to Community

The Track and Field Academy provided many opportunities for our student-athletes to give back to the community. We organised athletics activities for primary schools in collaboration with North West Community Development Council, and an athletics meet for primary school athletes to familiarise

themselves with competition procedures, and also cleaned the Kallang Basin through the *Kayak n Klean* programme.

What a fruitful and memorable year it was. We bid our graduands all the best in their future athletic endeavours as we continue to run faster, jump higher and throw further!

Citius! Altius! Fortius!

"I am grateful that I was given opportunity to capture the memories of this lively event (as the event photographer). It has really helped the academy bond and work together to make this a fulfilling experience for the Admiralty Primary School students and our student-athletes. I would definitely want to experience this again alongside my academy mates."

Naema Kyrana Abdullah
Secondary 3 on VIA experience

Exciting Year of Opportunities and Experiences

INDIVIDUAL PROGRAMME REPORT

WRITTEN BY
Mr Ng Kok Wei
Senior General Manager, Individual Programme & Student Writers

Artistic Swimming

WRITTEN BY
Ong Rae-Anne
Individual Programme – Artistic Swimming, Diploma in Business Studies, Year 3

This year we welcomed new members into the national team. Even though the team is young, we could celebrate small wins and achievements, and look forward to more!

The team had the opportunity to compete in the World Cup Super Finals in Hungary, Budapest in early July, where we managed to showcase the hard work that we had put in. Even though we had less than two months to fully prepare a new routine with new teammates, the team put in their best work to make the nation proud. Notably, the team also performed during Sports School's 20th Anniversary celebration and Awards



Ong Rae-Anne
Photo Credit: Singapore Aquatics

Night, Artistic Swimming's National School Games and the press day to welcome the World Championships that will take place next year in Singapore.

Cycling

Cyclists Mikha Zuhayr and Valencia Tan had stellar seasons. Mikha won the Junior Champion title at the Malaysian BMX National Championships and placed 6th at the BMX Thailand Championships. Valencia Tan achieved multiple gold medals and podium finishes in regional competitions, including the YSD Track Series, Hong Kong International Track Cup, and Thailand National Track Championship.



Valencia Tan

Diving

WRITTEN BY
Max Lee Shen Oon
Individual Programme – Diving, Diploma in Business, Year 1

The divers have had an outstanding year in 2024, marking their presence in several key diving competitions both locally and internationally. From the Singapore National Diving Championships (SNDC) and inter-school competitions to international meets like the Asian Age Group (AAG) and Malaysia Invitational Age Group (MIAG), student-athletes have clinched multiple medals and showcased their diving excellence.

I have had a memorable 2024 as I collected several medals and experiences. At the MIAG, I secured gold in the 1m Springboard Age Group A event with a score of 426.10. At the Inter-Schools Diving Championships, I won another gold in the 1m Level 12 Group A (423.25). During the Singapore National Diving Championships (SNDC), I claimed gold in the 10m platform Age Group A (482.75), 10m Synchronised Open (306.69), and the 3m

Synchronised Open (307), as well as a silver in the 3m Springboard Age Group A (449.40). I also represented Singapore at the Doha World Aquatics Championships, where I placed 34th in the 10m open prelims with a score of 313.50. At the Asian Diving Championships, I finished with a silver medal in the Men's 3m Springboard Synchro event.

Secondary 1 diver Tyler Lee Dee Oon has had a dominant run this year, sweeping gold across multiple events. At the SNDC, he clinched the top spot in three events: 1m Springboard with a score of 278.20, 3m Springboard with 321.95, and the platform event scoring 250.25. His success continued internationally at MIAG, where he took bronze in the 1m Springboard (273.20) and silver in the 3m Springboard (322.05). Tyler also participated in the AAG, recording a score of 270.25 in the 3m and 238.50 in the 1m. At the Interschool Championships, he maintained his gold streak with first-place in both the 3m (336.05) and 1m (251.0).

Clara Liaw Yanwen displayed her prowess across competitions, starting strong at the Inter-school Diving Championships with gold in the 3m Springboard Age Group and silver in the 3m Springboard Open. She continued to shine at the MIAG, winning gold in the 3m



Max Lee Shen Oon
Photo Credit: Singapore National Olympic Council and Sport Singapore

Open, and took home silver in the 3m Springboard Open at the SNDC. She also won a bronze medal for the Women's 3m Springboard Synchro event at Asian Diving Championships.

Yim Shek Yen also contributed to Sports School's medal tally with commendable performances at the SNDC. He earned silver medals in both the Men's Platform Open (269.6) and Age Group A (424.00).

The achievements of our divers this year reflect their dedication, hard work, and rising prominence in regional diving competitions. With an action-packed calendar ahead, the team is ready to build on their successes and make even greater strides.

Beach Volleyball

Diploma in Business student-athlete, Ang Hui Ying, represented our country at the AVC Beach Tour Nuvali Open in April. Though the competition was tough, her participation showcased her talent and commitment to the sport.



Ang Hui Ying



Chen Xingtong

Golf

There were several standout performances from Sports School's golfers in 2024. Anjanette Tan helped her team secure 2nd at the RSGC Ladies Amateur Open. Passion Hsu took 4th at the Ciputra Junior Golf Championships and claimed multiple 2nd-place finishes. Chloe Ng placed 3rd in the Asian Junior Master and Chang Thailand Junior Golf Circuit. Chen Xingtong had an incredible season, winning three championships and led her team to 2nd place at the SEA Amateur Golf Team Championship. She has made history as she is the youngest local golfer to win

the Singapore Open Amateur Championship. Denise Ng, Jaymie Ng and Aaron Wee also had strong showings, with Denise winning two titles and both Jaymie and Aaron placing 1st in the Girls and Boys 'A' Divisions respectively at National School Games. Aaron was also part of the trio that finished 3rd in the boys' team event at the 2024 Asian Junior Golf Team Championship in South Korea. Jillian Kuk finished 10th in the Women's Amateur at the Philippines Open while Irvyn Tan tied for 2nd at the Porsche Singapore Classic Qualifier, earning top amateur honours.

Gymnastics (Artistic)

WRITTEN BY
Zoe Tan Ziyi
 Individual Programme – Wushu,
 Diploma in Business Studies, Year 3

At the 2024 Junior Men's Artistic Gymnastics Asian Championships in Tashkent, Uzbekistan, Secondary 4 gymnast Jovi Loh Jia Le made history by securing Singapore's first-ever medal at the championship. Jovi won bronze in the parallel bars with a score of 13.366, finishing behind two Chinese gymnasts. This marked his second appearance at the Asian Junior Championships and solidified his place among top gymnasts from powerhouses like China and Japan. Alongside Jovi, Team Sports School also featured Asher Pua and Nathanael Pek Sek Kai.

Their success extended to the National School Games (NSG) Artistic



From left: Team Singapore's Gymnastics Coach, Nathanael Pek Sek Kai, Jovi Loh Jia Le and Asher Pua
 Photo Credit: Singapore Gymnastics

Gymnastics Championships, where our student-athletes excelled. In the 'C' Division, Aiken Tang Bing Heng and Jonah Loh Jia Jie dominated by collecting all available medals, while Jayden Han Rong Jun, competing in the 'B' Division, earned medals across multiple events, including a fourth-place finish in the Individual Individual All-Around.

Gymnastics (Rhythmic)

WRITTEN BY
Evangeline Ng Hui En
 Secondary 1

This year has been nothing short of extraordinary for our rhythmic gymnasts. Six of these talented young athletes – Cleo Chew, Evangeline Ng, Faith Hong, Sophia Ho, Thea Chew, and Tina Liew – graced the 59th National Day Parade, dazzling the nation with their debut appearances. Their precision, grace, and artistry on one of Singapore's biggest stages highlighted the incredible talent emerging from Sports School.

On the international stage, Thea Chew brought pride to Singapore at the 2024 Junior Asian Championships in Tashkent, Uzbekistan. She impressed all by qualifying for the Individual Hoop finals and securing a 6th-place finish with a score of 26.20, showing remarkable improvement from the qualification rounds. Back at the National Championships, Thea continued her winning streak, clinching the prestigious Individual All-Around



From left to right: Leia Yap, Tina Liew Xin Yu, Thea Chew

Ice Skating

WRITTEN BY
Zoe Tan Ziyi
 Individual Programme – Wushu,
 Diploma in Business Studies, Year 3

INPUTS FROM:
Pagiel Sng Yie Ken
 Individual Programme – Ice Skating,
 Diploma in Business, Year 3

Speed skater Loh Geok Qin won a bronze medal in the 1000m event at the 2024 Asian Open Short Track Speed Skating Trophy. With a time of 1:49.040, Geok Qin placed third behind strong competitors from Chinese Taipei and Indonesia. Held in Jakarta in August, the event drew 166 skaters from 12 countries, creating a highly competitive atmosphere.

Pagiel Sng Yie Ken trained in Colorado before the Four Continents Championships (4CC), which was a significant experience for him. Due to several factors, his performance did not reflect his ability and potential. Pagiel acknowledged that he could have improved his world standing if he had competed more internationally before the 4CC. Despite the challenges, he trained hard at high altitude and felt the results in his performance. For the first time, after completing a full programme during a competition, Pagiel experienced no fatigue, highlighting how well-prepared he was. He greatly values the opportunity to train in Colorado and deeply appreciates his coach's dedication and meticulous planning, which played a crucial role in his preparation.



Pagiel Sng Yie Ken
 Photo Credit: Singapore Ice Skating Association

Ju-Jitsu

Secondary 1 Ju-Jitsu student-athlete, Mendel Tan, won a bronze medal in the Under-16 Male 52kg category at the Asian Regional Ju-Jitsu Championships and a silver in the Under-15 Grappling at the United World Wrestling Asian Grappling Championships, making his mark on the international stage.



Mendel Tan

Pencak Silat

Team Sports School delivered a stellar performance at the Pesta Sukan Pencak Silat Championships, bringing home an impressive 12 medals across various categories. In the boys' division, Muhammad Yuri Armani secured a bronze in the Pre Junior Male Class D, while Muhammad Feeqy Muhammad Faizal also claimed bronze in the Pre Junior Male Class A. Mohammad Ridzqi Mohammad Fadzil shone brightly with a gold in the Junior Male Class C, as did Danial Hariz Rizal and Tuah Iskandar Junaidi Iskandar, who each earned gold in Junior Male Class H and Class B, respectively. Muhammad Aniq Farish Roslan also contributed to the medal haul with a bronze in the Junior Male Class - 39kg.

The girls' division saw equally outstanding results. Nur Hanifah Qisyah Mohammad Hanis won bronze in the Pre Junior-Female Class H, and Adrabella Nurieshtiara Rahmat struck gold in Pre Junior-Female Class J. Nur Aniqah Qistina Roslan



Pesta Sukan Pencak Silat Championships

Sport Climbing

Diploma in Business Year 1 student-athlete, Natalie Goh Sihui, had an outstanding year representing Singapore at the IFSC Asian & Youth Championships and securing several domestic titles, including Gold in Female Youth A Lead at SG Climb One and Boulder+ Sendstorm.

Secondary 1 sport climber Janelle Phua Jing En did exceedingly well

at CRANK Lead 2024 in Kuala Lumpur, the biggest lead competition in Southeast Asia. Even though she was the youngest competitor in the intermediate category, she topped the final route and emerged first. She also won several golds in the Female Youth C speed competition at SG ClimbOne and boulder competitions at Boulder+ Sendstorm and SEA Boulder League 2024. In May, she also represented Singapore at the IFSC Asian Kids' Championships in Meishan, China.

Sailing

WRITTEN BY
Zoe Tan Ziyi
 Individual Programme – Wushu,
 Diploma in Business Studies, Year 3

In February, Elkan Reshawn Oh claimed victory in the Men's Division of the 43rd Singapore Open Windsurfing & Foiling Championship, held at Aloha Sea Sports Centre. Competing against six skilled athletes from three different countries, Elkan delivered an impressive performance to secure the gold medal. His triumph highlights not only his exceptional skill but also his dedication to the sport. He also participated in the World Sailing Championships, which was an excellent experience for him as he competed against the best in the world.



Elkan Reshawn Oh



Janelle Phua Jing En

Taekwondo

WRITTEN BY
Nichelle Tan Ying Xuan
 Individual Programme – Taekwondo,
 Diploma in Business, Year 1

In May, I participated in the Asian Championship in Danang, Vietnam, competing in the -53kg category, and I achieved 5th place finish. This journey was unforgettable because it was my first competition after knee surgery just seven months earlier. I was out from training for almost four months, and when I was given the green light to finally

return, my preparation time was extremely tight and limited. With barely any time to prepare, I had to lower my expectations. Despite the odds, I managed to secure victory against my opponent from Korea, one of the competition's powerhouses, in the Round of 16. This victory propelled me to the quarter-finals, where I faced off against a Tokyo 2020 Olympian and world medalist from Chinese Taipei. This experience has taught me many life lessons, and with the right mindset, we have the power to overcome any challenge and achieve greatness.



Nichelle Tan Ying Xuan

Wrestling

Secondary 4 wrestler Heba Lutfina Mohammed Jbour had a strong year, winning gold in Women's Freestyle 50kg and silver at the Under-17 and Thailand Wrestling Nationals. Aryan Azman, a Diploma in Business student-athlete in third year, won gold in Men's Sport Sambo -79kg and 3rd in Greco-Roman Wrestling at the Cambodia International Championship, and bronze at the Korea Open Sambo Championships. Ursus Lee, his junior in second year, finished 3rd in Men's Freestyle 74kg at the Cambodia International Championship. Marren McClaren Ravin earned silver in Men's Sport Sambo -71kg and placed 5th in Men's Freestyle 74kg at the Cambodia International Championship. He wrestled to a bronze in the Under-17 Greco Roman Wrestling 71kg category at the 2024 Southeast Asian Championship and Oceania Tournament in Chiangmai, Thailand and earned silver at the Korea Open Sambo Championships.



Heba Lutfina Mohammed Jbour

Triathlon

Lim Cheng Yu, a first-year Diploma in Business student-athlete, has had several podium finishes in 2024, including gold medal wins at the Asia Triathlon Cup Aquathlon, 2024 National Age Group Aquathlon, Philippines Aquathlon, and silver at the Africa Triathlon Championships. Reyes Loh from IBDP, Year 5 clinched the top spot in the Male Junior 1 category at the 2024 Aquathlon Series Championships and finished a commendable 22nd at the World Triathlon Multisport Championships. Lim Wan Ting, a graduating IBDP student-athlete, has won multiple golds in the Metasprint Duathlon and Aquathlon Series and placed 10th in the Asia Triathlon Cup Women Open.



Lim Wan Ting



Water Polo 'B' Division Boys' Team

Water Polo

History has been made as the all-Sports School 'B' Division team emerged champions at the National School Games (NSG) for the first time. The combined 'C' Division team also did well, placing 3rd at the NSG. Internationally, the boys placed 5th in the Asian Age Group Championship and 20th in the World Aquatics Under-16 Championships.

The girls' national team members also saw success, securing 1st place in the MILO/PRAM Malaysia Invitational. Clarissa Tio also did well in the National School Games 4x4 Tournament. Also, Charlene Tio and recent alumna Celeste Ferrao Wan, represented Singapore in the World Aquatics Championships, finishing 16th in the Championships.

Weightlifting

Diploma in Business, Year 3 student-athlete, David Mok, represented Singapore in the Commonwealth Weightlifting Championships in the Men's 61kg category, marking a significant achievement in his weightlifting career. After successfully lifting 83kg in the Snatch event, David went on to lift 118kg in the Clean and Jerk event, completing his campaign with a total of 201kg. He broke the national record for the clean and jerk with his outstanding performance.



David Mok Pingwei

Wushu

WRITTEN BY
Kassandra Ong Xue Ling
 Individual Programme – Wushu,
 Diploma in Business Studies, Year 2

Zoe Tan Ziyi
 Individual Programme – Wushu,
 Diploma in Business Studies, Year 3

Zeanne Law Zhi Ning continues to impress with outstanding results, being crowned champion in both the Women's Optional Taijiquan and Taijishan events at the 4th World Taijiquan Championships 2024 in Singapore. She also clinched a silver medal in the Taijijian category. Shortly after, Zeanne secured gold in Women's Taijiquan at the SJM 10th Asian Wushu Championships, along with a silver in the Women's Taijijian against top-tier competitors from the region. She rounded off the year at the IWUF 3rd Taolu World Cup in Yokohama, Japan, adding to her medal collection – a silver medal in the Women's Taijiquan as well as two bronze medals in the Women's Taijijian and Women's Duilian respectively.

At the IWUF 3rd Taolu World Cup, Zoe Tan Ziyi also contributed to Singapore's medal tally by adding

two bronze medals in the Women's Gunshu and Women's Duilian events.

Charlotte Ng Leting also had an outstanding year, as she was crowned the new World Junior Champion in the Group A Girls' Taijishan event at the World Junior Wushu Championships in Brunei Darussalam. She also attained a silver medal in the Group A Girls' Taijiquan, impressively defeating her Chinese opponent. In front of the home crowd, Charlotte also put forward an outstanding performance to clinch gold in the Women's 3rd Set Taijiquan at the 4th World Taijiquan Championships 2024. Trinity Chua Yun Shan and Chan Jun Kai also performed well in their respective events, each clinching silver medals.

Chia Kai Ming made a strong debut at the IWUF International Wushu Invitational Tournament 2024, achieving a silver medal in the Men's Gunshu event, and a bronze medal in the Men's Daoshu event – an impressive showing for a debutant. Following a set of impressive performances at the Asian Wushu Championships, Kai Ming struck gold at the World Games Series Qualifiers in Hong Kong, China, where he emerged top of the field in the Men's Changquan, Daoshu, and Gunshu combined event, thus qualifying



Charlotte Ng Leting

him for The World Games 2025 in Chengdu.

Despite just transitioning from Changquan to Nanquan this year, Kassandra Ong Xue Ling showed her versatility and desire for excellence as she earned two silver medals in the Women's Nangun and Women's Duilian events, as well as a bronze medal in the Women's Nandao event at the IWUF International Wushu Invitational Tournament 2024.

Nessya Koh Li Yun and Jolie Goh excelled at the National School Games, with Jolie securing two gold medals in the 42 Taijiquan and 42 Taijijian events. Nessya also dominated her events, winning first place in the International Changquan, International Broadsword, and International Cudgel competitions.

SI TO JIAN TONG

Fencing, Diploma in Business Studies

2024 Moo Soon Chong
Outstanding Student-Athlete of the Year
(Post-Secondary)



**Champions
for**

Sports,

Champions in

Life

Class of 2023 Charting New Paths

MAJOR EXAMINATIONS



GCE N-Level

On 18 December 2023, student-athletes who took their GCE N-Level examinations returned to Sports School with a mix of excitement and anxiety to collect their results. The graduating batch of 8 student-athletes celebrated a 100% passing rate and have advanced to the next phase of their educational journey.



International Baccalaureate Diploma Programme

On 3 January 2024, a record-breaking 29 student-athletes celebrated their International Baccalaureate Diploma Programme (IBDP) results, marking the largest cohort in the school's history. The Class of 2023, which included 23 student-athletes who were in the National Youth Squad or National Team, embraced the IBDP to pursue sports at a high level while striving for academic excellence. The cohort achieved a 100% pass rate and high distinctions across various subjects, with about 60% of the candidates earning 40 points or more out of 45.



GCE O-Level

Following the IBDP results, the spotlight shifted to the GCE O-Level results release on 11 January 2024, where 19 student-athletes completed a milestone. Among them, Ryo Ong Yik, who represented Singapore in the Winter Youth Olympics in 2023, stood out. Despite his demanding schedule, including participation in the World Cup, he returned to Singapore and successfully completed his GCE O-Level. Similarly, footballer Sky Yeo Sze Kai and tracker Bevlyn Koh Shi Xuan were lauded for balancing their athletic pursuits with academic achievements.



A Milestone Unlocked!



GRADUATION CEREMONY 2024

It was a heartwarming sight to see 122 of our student-athletes go on stage to receive their scrolls in celebration of reaching a milestone in their educational journey at the Graduation Ceremony 2024 on 23 September 2024. We rejoiced with the Class of 2024 where 91 of them will complete their secondary education and 31 other student-athletes will graduate from the International Baccalaureate Diploma Programme (IBDP).

Guest-of-Honour, TV and Golf Commentator on the professional Golf circuit, and Singapore Sports School alumnus, Timothy Low, gave a very inspiring speech. Among the nuggets of wisdom he shared were to try new challenges, always be prepared for opportunities, and to actively look for things to praise or acknowledge – not only in their own lives, but in the lives of

every person they cross paths with daily.

Mr Low ended his speech by saying, "Being in Singapore Sports School alone has never guaranteed you of ever actualising your sporting dreams, whatever they may be. But having spent some of the formative years of your life within these walls immersed, in a culture of hard work, discipline, passion, and perseverance have given you something far more valuable than any trophy, medal or title out there. It's given you the foundational framework to be the best possible version of yourself, a champion in your own life."

Valedictorians Magdalene Lee from the Swimming Academy and Megan Low Wen Qi from the Netball Academy also took the stage to represent the secondary and IBDP cohorts respectively. In their address to the school, both of them sincerely expressed their gratitude to staff, their



loved ones, and their peers who have been continuously supporting them through their journey. Their heartfelt speeches were accompanied by video montages reminiscing their time in Sports School.

Whizz To Success!



POLYTECHNIC GRADUATION 2024

A total of 21 student-athletes graduated from the polytechnic diploma programmes with flying colours. About 80% of the cohort were in the National Youth Squad or National Team, with more than 70% of the whole cohort scoring a GPA of 3.0 and above.



Track and Field student-athlete Chloe Tan was among the 11 graduates who benefited from the athlete-friendly Diploma in Business Studies programme, offered jointly with Ngee Ann Polytechnic. Despite her demanding schedule, Chloe excelled in her studies, earning the Diploma in Business Studies with Merit and Activa Media Prize for her outstanding academic performance.

Shooter Teo Jia En was among the 10 graduates from the joint Diploma in Business programme with Republic Polytechnic. He received the Diploma Gold Medal Award for excelling in both sports and academics. Also, Johann Prajogo (Badminton), Bron Sheum Han Shen, Filzah Hidayah Nor Anuar (both Fencing),

and Adam Reefdy Muhammad Hasyim (Football) achieved remarkable feats as they represented Singapore at the 2023 Southeast Asian Games, while Ritchie Oh Rui Zhi (Swimming) participated in the 19th Asian Games in 2023 – all while balancing studies. Notably, shuttler Johann Prajogo, who also took part in the last Asian Games, made history as the first local player to achieve the World Number 1 ranking in junior Men's Doubles at the end of 2022, alongside his partner Nge Joo Jie.



"Sports School has provided me with countless opportunities to travel overseas and compete, which has helped me to improve and compete at a high level. I am also thankful for the support of my mentor and coaches, who have helped me succeed in both sports and studies."

Teo Jia En
Shooting, Diploma in Business with Merit
Recipient of DBS Gold Medal Award



"The diploma programme was incredibly athlete-friendly, offering me the flexibility and support I needed to balance my academic and athletic commitments. My mentors were always proactive, coming up with personal plans that allowed me to focus on both my studies and my overseas competitions without feeling overwhelmed. The lecturers were also exceptionally understanding, always taking the time to ensure I caught up on any missed assignments. They would even go the extra mile by arranging virtual lessons when I was overseas competing, ensuring that I stayed on track academically while pursuing my passion for badminton!"

Johann Prajogo
Badminton, Diploma in Business Studies
Represented Singapore at the 19th Asian Games
Bronze Medallist in Men's Badminton Team at 32nd SEA Games in 2023

"The Diploma in Business programme not only equipped me with essential business knowledge but also provided me with flexibility and robust support that allowed me to juggle and excel in both sport and academics. It enabled me to manage my time effectively, allowing me to pursue my passion for sports while maintaining a strong academic performance."

Bron Sheum Han Shen
Fencing, Diploma in Business
Bronze Medallist in Men's Épée Team at 32nd SEA Games in 2023



"I am thankful that Sports School has the through-train pathway as it gave me enough time and energy to put in 100% in my training as well as in studies. I made sure to prioritise and communicate with my lecturers and coaches. The support that I received was excellent. It felt like a big family behind my back. My mentor Mdm Nani, Ms Phyllis, and the lecturers always gave me encouragement and motivated me to keep doing well. The small class size and familiar classmates we grew up with made us feel safe to ask questions."

Chloe Tan
Track and Field, Diploma in Business Studies with Merit
Recipient of Activa Media Prize

CLASS OF 2024

Diploma in Business Studies (NP-SSP)

Diploma in Business Studies with Merit
Activa Media Prize
Chloe Tan

Diploma in Business Studies
Chua Wen Xun
Hera Iman Mohamad Ahsik
Johann Prajogo
Kieron Kok Zi Hua
Ritchie Oh Rui Zhi
Ryan Tan Rui Yang
Shan Anandan
Tan Rui Heng
Tim Shee Zhe Guang
Wayne Tan Ze Ye

Diploma in Business (RP-SSP)

Diploma Gold Medal Award
Diploma in Business with Merit
Teo Jia En

Diploma in Business with Merit
Louisa Helena Janssen

Diploma in Business
Adam Reefdy Muhammad Hasyim
Angus Quek Ngee Herng
Bron Sheum Han Shen
Derek Chan Wen Kai
Filzah Hidayah Nor Anuar
Ian Faris Shahrin
Nicholas Chong Xin Le
Raam Kumar Muthukumaran

ROAR for Role Model Student-Athletes!

ROAR AWARDS

ROAR Awards are presented to exceptional student-athletes who are recognised for their exemplary behaviour, leadership, and embodiment of the school's core values: Respect, Integrity, Responsibility, Excellence, and Resilience. By acknowledging student-athletes who display these qualities, the school aims to inspire their peers, creating an environment where character development is celebrated alongside athletic and academic success.

Jayden Ng from the Track and Field Academy was recognised for his outstanding leadership and dedication during the Secondary One Orientation Camp. Jayden provided strong leadership and clear direction for Orientation Group Leaders. He also planned and executed the school dance, taking time to teach student leaders and personally preparing to be the lead trainer.



Swimmer Magdalene Lee meticulously planned a meaningful multi-sport experience for her juniors, ensuring that the incoming Secondary 1 student-athletes felt welcomed and engaged. Magdalene also demonstrated remarkable empathy when she chose to forego her dinner with other student leaders to assist a distressed junior who had misplaced her phone. Her act of kindness and willingness to lend a helping hand left a profound impact on the student-athlete.



Ayden Seah Z-We, a Secondary 3 student-athlete from the Shooting Academy, showed compassion and initiative by supporting a classmate recovering from knee surgery. He took the responsibility of arriving early to retrieve a wheelchair for his peer and waited after school to assist him to the pickup point. Throughout the week, Ayden consistently helped his classmate navigate classes and offered companionship during lunch breaks, demonstrating kindness and patience.



Gymnast Abdul Barr Abdulattif exemplified resilience and determination following a serious injury that initially left him feeling demoralised as his juniors surpassed his skill level. Despite facing challenges, he made a remarkable comeback and excelled at the 2024 Singapore Gymnastics National Championships, ultimately securing the gold medal.



Reina Lau from the Track and Field Academy exhibited versatility and dedication by composing and recording the 20th Anniversary song. Additionally, she energised the crowd during the school's Open House as the in-house DJ and emcee. Her contributions reflect a strong willingness to embrace challenges and enhance school spirit.



Chloe Tan, a Secondary 3 student-athlete from the Shooting Academy, exhibited care, respect, and inclusivity by stepping up to help her junior integrate into boarding and school life. Through her sound guidance and unwavering support, Chloe showcased her deep compassion and understanding for others, making a significant positive impact on her junior's transition.



During the joint National Day celebrations with Woodlands Gardens School (WGS), a staff member from WGS fell and needed immediate help. Netballers Sophie Tan and Ong Shi Han from Secondary 3 took the initiative to step forward, quickly bringing a wheelchair and fetching an ice pack to support the injured staff member. They stayed by her side, offering assistance in every way possible, showcasing their initiative, care, and commitment to ensuring the staff member's comfort and well-being.



In November 2024, a record number of student-athletes received the ROAR Award for their exemplary character. Sport climber Janelle Phua Jing En demonstrated generosity by donating her prize from a recent competition to the Multi-Sport Academy, which includes sport climbing as a core module. Additionally, netballers Sanjena Vithal (Secondary 1) and Chyler Lim Feng Ting (Secondary 2), along with Danial Hariz Rizal (Secondary 3), were awarded the title of Best Camper 2024 for demonstrating exceptional leadership and responsibility. They emerged as the top campers during the Outward Bound Singapore Level Camps as they demonstrated exceptional leadership and responsibility.



“As student leaders, we often find ourselves lost in the midst of duties, tasks, and responsibilities that can sometimes seem repetitive. We forget why we started this journey in the first place – why we pour our hearts and souls into making a difference, why we persevere despite the obstacles, why we care. My past four years as a student leader have taught me to hold on to this “why” — why, even though there’s always going to be another mountain, I know I’ll always want to make it move. Being a leader is not about being in charge. It’s about taking care of those in our charge. Therefore, my ‘why’ is to make the school a more compassionate and inclusive community where every student-athlete will thrive and grow.”

Janelle Yeo Run En
Individual Programme – Artistic Swimming, IBDP, Year 5
President of 21st Student Council (2024-2025)



Dreams Take Flight as 21st Student Council Takes The Helm

STUDENT LEADERS' INVESTITURE CEREMONY

WRITTEN BY
Stefanie Lee Feiyi
Badminton, IBDP, Year 5

Dreams took flight as the graduating student leaders passed the flame to the newly invested 21st Student Council, symbolising the handing over of their legacy to the new student leaders. On 20 May 2024, 153 student leaders said their oaths, led by incoming President Janelle Yeo Run En (Individual Programme – Artistic Swimming, IBDP, Year 5)

during the Student Leaders' Investiture Ceremony. This marked the beginning of their journey to serve the student body through four avenues: as Student Councillors, Boarding Captains, Sports Captains and Class Representatives. The ceremony was officiated by alumna and 4th President of the Student Council, Koh Hin Ann, a distinguished alumna of the Netball Academy.

As the 21st Student Council embraced the theme of 'Dreams Take Flight' for their term of service, incoming President Janelle Yeo shared

more about her vision for the Student Council, reaffirming her commitment to serving and bringing about positive change in the school community.



Broadening Future Horizons

UNIVERSITY AND SCHOLARSHIP FAIR

WRITTEN BY
Stefanie Lee Feiyi
Badminton, IBDP, Year 5

The University and Scholarship Fair was a resounding success, attracting over 550 student-athletes, carded athletes and parents. The fair featured 21 participating organisations, including the six autonomous universities, eight foreign universities, advisory offices in France, Germany and the USA, as well as representatives from the Ministry of Home Affairs, Ministry of Defence, the Public Service Commission and National Parks Board.

Representatives from the autonomous universities gave a glimpse into the undergraduate admissions process through an information session. Their sharing was bolstered by riveting presentations by alumni, as well as a panel discussion. Through these talks, student-athletes and parents were able to glean valuable insights into their athlete-friendly programmes that are tailored to the needs of high-performing athletes, as well as the unique cultures that form the backbone of student life in each university.

The wide range of booths offered student-athletes with diverse interests the opportunity to explore and expand their horizons and awareness of what lies ahead.



Cultivating Stronger Characters Through Camp

OUTWARD BOUND SINGAPORE LEVEL CAMPS

Our Secondary 1 to 3 student-athletes packed their camping bags and left behind the comfort of their daily routines to venture into the wild at Outward Bound Singapore. The three to five-day camps held in August and September allowed our student-athletes to expand their social network and discover new character traits within themselves.

Activities such as jetty jumps, rafting and land expeditions not only tested their personal confidence and resilience, but broadened their teamwork and communication skills. The lessons learnt from the great outdoors will bid well for their personal growth.

“Attending OBS always fills me with gratitude. But this year, I’m especially thankful for the chance to bond with my schoolmates. I learnt valuable lessons about helping one another and treating everyone equally. Every activity, from high elements to hiking and boating, was incredibly fun — I can’t pick a favourite!”

Nur Emelda Aw
Netball, Secondary 2

“My overall experience at OBS was truly unforgettable. I remember dreading to go to OBS on the first day as I was told the phones would be confiscated for three days meaning I cannot contact my parents or play phone games and it would be very boring. However, I was wrong about it. We did many fun activities like the jetty jump. We had to jump off the small plank attached to the jetty that was about a story high. From this camp, I have made many new friends and have learnt to speak up a little more.”

Wilmer Ong Xuan Rong
Swimming, Secondary 1

“The Outward Bound Level Camp was a transformative experience, challenging both physically and mentally. Activities like hiking, kayaking, and rock climbing pushed me beyond my comfort zone, while team-building exercises fostered trust and collaboration. I developed a deeper self-awareness, learning to overcome fear, uncertainty, and building resilience. Kayaking stood out as a favourite, combining adventure and tranquillity, while teaching teamwork and communication.”

Kyan Jee Kai En
Track and Field, Secondary 3



Learning from the Best

LESSONS FROM THE CHAMPIONS SERIES

Our Lessons from the Champions series featured a show-stopping line-up this year. Our student-athletes were the beneficiaries from the nuggets of knowledge that were shared by our champions.



Artistic swimmer and alumna Eleanor Quah Yu Wei and Wushu World Champion Zeanne Law Zhi Ning shared the stage to share about how they overcame challenges to excel in both their sports and studies. They also talked about the importance of setting SMART, sustainable, and flexible goals to ensure that they were on track to achieve what they set out to.



Kerstin Ong is a well-known social media influencer who runs sports, fashion and lifestyle content on her social media accounts. She highlighted how easy it was for an inexperienced influencer to fall prey to shady organisations who could use them to market their products and also shared tips about staying safe when engaging with audiences online.



Table Tennis Paralympian Natalia Partyka's belief in the 'Impossible is Nothing' motto has helped her overcome self-doubt and challenges her mind to overcome any physical limitations.



Bowling super duo Darren Ong and Muhammad Jaris Goh shared about how far they have come since their days in Sports School. World Champion Darren shared how important it was to cheer each other on and celebrate collective success.



Olympian shuttlers Terry Hee and Jessica Tan emphasised that having a clear goal has been crucial in propelling them forward and has helped them recover stronger from each setback.

Legends in their own turfs, netballer Nur 'Aqilah Andin and bowler Jazreel Tan, shared about how they faced their challenges head-on. Aqilah, who received her 101 caps for Singapore before retiring, exemplified resilience when she had to bounce back to full fitness on court after giving birth. Former national bowling team captain Jazreel talked about how to manage challenges and shared her personal battles with injuries and fortifying her mind against mental challenges.



Four-time Olympic swimming medallist and two-time World Champion Anthony Ervin urged our student-athletes to demonstrate kindness and appreciation towards those who have supported them.



Christina Suriadjaja is the co-founder and Chief Strategy Officer for Travelio, the Airbnb of Indonesia. As an entrepreneur, Christina imparted valuable knowledge to IBDP student-athletes, sharing about her journey in entrepreneurship and the various levels of start-up funding.

School Celebrations

HARI RAYA AIDILFITRI 29 April 2024

29 April 2024 marked a unique assembly, as stage performers stole the spotlight in the school auditorium to commemorate Hari Raya. As part of the festivities, student-athletes delved into the essence of Hari Raya, gaining insights into the traditions of the celebration and the significance of fasting through enlightening sharing. They also got their hands on the rhythmic beats of the *Kompang*, a traditional musical instrument played during Malay festivals and other joyous occasions.



YOUTH DAY 4 July 2024

Our very own superheroes assembled for the Youth Day celebration on 4 July 2024, themed 'Dreams Unleashed: Superheroes of Tomorrow'. Our young and young-at-heart had a memorable celebration turning up to school for a 'no bags day' and their superhero ensemble. Best dressed mentor groups and individuals were given prizes!



RACIAL HARMONY DAY 15 July 2024

Racial Harmony Day was commemorated on 15 July 2024 with an insightful talk by Ms Nazeera, a seasoned community practitioner from Harmony Centre, on 'Singapore: Our Multicultural Mosaic'. The event prompted student-athletes to delve deeper into their understanding of race and religion in Singapore, which they further explored during Character & Citizenship Education lessons. Lower secondary students discussed multiculturalism in music through the 'Open Score Project', while upper secondary students reflected on their roles in contributing to active multiculturalism.



59TH NATIONAL DAY 8 August 2024

Alumnus Benjamin Kheng, who sang this year's National Day theme song 'Not Alone', and students from Woodlands Gardens School lived the spirit of National Day! The celebration kicked off with morning activities alongside Woodlands Gardens School and continued at the Auditorium with song and dance performances, culminating in a lively sing-a-long session that brought everyone together.



STAFF DAY 29 August 2024

'Igniting Dreams' was the theme for this year's Staff Day celebration, which was planned by student leaders. From a warm welcome into the Auditorium to enjoyable performances, including a skit, video montages, and song and dance performances, student-athletes warmed the cockles of everyone's hearts! Our unsung heroes, the aunties and uncles who work behind the scenes to keep the school clean and safe, also received tokens of appreciation.



DEEPAVALI 28 OCTOBER 2024

Student-athletes immersed into the Festival of Lights through Apsaras Arts Academy, who shared the significance of Deepavali and its rich cultural aspects. They also showcased captivating performances of an Indian dance form known as Kathak and provided an opportunity for the student-athletes to try some basic steps.



Student Activities

SECONDARY 1 ORIENTATION CAMP 2 - 5 January 2024

Incoming Secondary 1 student-athletes began their Sports School journey by familiarising themselves with the school, its culture, and their peers during a four-day orientation camp. A variety of fun activities and inspiring talks were organised to help them fully immerse into their new environment. The camp culminated in a 5km run, which ended in the auditorium where parents and loved ones eagerly awaited their arrival. In addition to performing the school dance, each student-athlete received their official school polo T-shirt and collar pin, symbolising their initiation into Sports School.



ANTI-BULLYING WEEK 29 January 2024

We kicked off Anti-Bullying Week with 'Odd Socks Day', where student-athletes donned mismatched socks to symbolise the importance of embracing differences and standing against bullying. The assembly featured an engaging talk on how to recognise and seek help for bullying, encouraging student-athletes to be proactive in creating a supportive environment. Student leaders also performed a lively skit, bringing to life various bullying scenarios and emphasising the importance of kindness and standing up for one another.





SINGAPORE PERSPECTIVES CONFERENCE

22 and 29 January 2024

On 22 and 29 January 2024, the Institute of Policy Studies held its flagship Singapore Perspectives Conference on the theme 'Youth'. The Conference aimed to examine the challenges facing young Singaporeans including how they will fit in Singapore's ageing society, how they will adapt to evolving expectations around work, and the changes in family norms.

TOTAL DEFENCE DAY

15 February 2024

In commemoration of Total Defence Day, student-athletes and staff participated in an energy disruption exercise, experiencing life without electricity. Some even held their lessons outdoors. IBDP student-athletes also had the opportunity to visit Clementi Camp, where they observed the Total Defence Day parade and explored the advanced technology and equipment used by the Singapore Armed Forces.



LEARNING JOURNEY TO NATIONAL MUSEUM

7 February 2024

The Secondary 2 student-athletes participated in the National Education Learning Journey to the National Museum Singapore to learn about Singapore's historical journey to nationhood. They had the opportunity to interact with museum educators to gain deeper insights into the lives of our pioneers, the adversity they faced, and sacrifices made for Singapore.



KINDNESS WEEK

6 to 10 May 2024

'Kindness is a gift that one can afford to give' – this message resonated throughout Kindness Week. During assembly, student-athletes were inspired by the Student Well-Being team's talk on compassion and empathy. The message was further reinforced during their Character & Citizenship Education lessons, where they penned anonymous handwritten notes to their friends, spreading positivity and thoughtfulness within the school community.



MOTHER TONGUE FORTNIGHT

14 February to 6 March 2024

From 14 February to 6 March 2024, student-athletes deepened their understanding and appreciation of their Mother Tongue languages and culture through experiential and hands-on activities organised as part of Mother Tongue Fortnight. The Mother Tongue Fortnight programme aims to enhance the significance of mother tongues in maintaining cultural heritage, fostering identity, and promoting multilingualism.



PRE-UNIVERSITY SEMINAR

27 to 30 May 2024

10 post-secondary student-athletes had an enriching experience at Pre-University Seminar 2024, co-organised by the Ministry of Education and Dunman High School. Themed 'Forging Our Way Forward,' the seminar provided an excellent platform for student-athletes to engage in discussions on Singapore's development, national identity, and values amidst global complexities. Through dialogue sessions with experts from various sectors, learning journeys, and panel discussions, student-athletes deepened their understanding of key sub-themes and gained valuable insights for the future.



CAREER WEBINARS

19 September 2024

The annual Career Webinars are organised to give student-athletes a deeper understanding of the evolving world of work and the wide range of emerging professions. Industry professionals from diverse fields including aviation, business, finance, law, medicine, sports, sustainability, and technology, were invited to share their insights.



GEOGRAPHICAL INVESTIGATION AND HISTORICAL INQUIRY

Geographical Investigation and Historical Inquiry provide platforms for student-athletes to conduct authentic historical and geographical research beyond the classroom. Through such inquiry-based approach, Geography and History student-athletes exercise and develop self and relationship management skills, which are important for life.

WELL-BEING WEEK

12 to 16 September 2024

Themed 'Escaping the Matrix', Well-Being Week highlighted the importance of positive well-being and self-care. It kicked off with counsellors and student-athletes sharing insights on maintaining well-being and offering self-care tips. Student-athletes participated in art therapy and a reflective exercise where they wrote letters to their younger selves on specially designed cards. They also heard personal stories from peers about their mental health journeys and wore well-being wristbands as a symbol of solidarity and a reminder to care for themselves and each other.



APPLIED LEARNING PROGRAMME FOR SECONDARY 1

The Secondary 1 cohort embarked on an exciting journey through their Applied Learning Programme, exploring photography, videography and drumming. This unique programme combines creativity with sustainability, providing opportunities for student-athletes to apply design thinking in poster creation and short-form video production. During our school's National Day celebrations on 8 August 2024, the Secondary 1 student-athletes showcased their talents with a drumming performance of the NDP song 'Shine Your Light', using repurposed water containers and buckets as instruments, highlighting both artistic expression and environmental responsibility. They also showcased their work to staff and student-athletes on 9 October.



Boarding Activities

BOARDING ORIENTATION GAMES

1 to 5 January 2024

Our Boarding Captains welcomed the Secondary 1 student-athletes with a series of exciting activities to help them feel at home! They organised multiple game stations, designed to challenge teamwork and communication skills. The top teams were rewarded with prizes for their team spirit and hard work!



END OF SEMESTER 1 BOARDING ACTIVITIES

13 to 20 May 2024

After a stressful period during weighted assessments, boarders were able to relax through board games, karaoke, field games, movie screenings, group celebrations and hands-on milo lava cake and matcha ice-cream making activities.



EARTH DAY

22 April 2024

Boarders used the art of light painting to create and convey their own earth day message. They brought "light" to environmental issues which the world is currently facing through the combination of creativity and technology.

ACTS OF KINDNESS WEEK

8 May 2024

"Ways to take care of yourself – Take required breaks, sufficient sleep and eat healthily" – this message was printed onto a card that was given out to all boarders in a specially curated care pack alongside some snacks and candies during Acts of Kindness Week. Boarding Captains distributed the care packs to the boarders who were looking forward to receiving them after preparing tirelessly for their weighted assessments.



YOUTH DAY

10 July 2024

For Youth Day, boarders took part in a collaborative art event organised by Boarding Captains themed 'Wildest Dreams'. Boarders worked on their own art pieces and exchanged canvases with their friends thereafter so that every boarder has the opportunity to add on to each other's canvas. This process of sharing and contributing allowed them to create a unified piece of art while expressing their individual creativity.



RACIAL HARMONY DAY AND INTERNATIONAL FRIENDSHIP DAY

24 July 2024

To commemorate Racial Harmony and International Friendship Day, boarders came together to recreate traditional food in Singapore using clay and made it into personalised keychains. They even had the opportunity to show off their keychains at the photobooth that the Boarding Captains put up.



WELL-BEING WEEK

12 to 16 September 2024

Boarding distributed care packs to lift the spirits and help boarders to decompress before and during the exam period. A tracking sheet titled "120-hour challenge" was added into the care pack as part of the Sleep Awareness Project which promoted the importance of having adequate sleep before the exam season.



NUTRITION PROGRAMME

Boarding organised monthly nutrition programmes with hands-on workshops and informative sessions at The Arena in partnership with Chartwells, to foster a culture of informed, health-conscious dining for our student-athletes. Chartwells' nutritionists covered topics such as "Nourish and Defend Your Immune Health," "The Gut-Mood Connection," and "Fuel Your Game, Less Sodium Is the Aim". A distinctive aspect of the programme is the integration of trending superfoods into both our menus and nutrition initiatives.



NATIONAL DAY

7 August 2024

'Relive the Past, Revive the Fun!' – the theme for National Day celebrations at Boarding enabled boarders to have fun through traditional games with a modern twist. Five stones, charades and eraser stack were some of the games that Boarding Captains led which brought fun and laughter.



Creating Positive Impact Through Sports and Community Involvement

VALUES IN ACTION

Singapore Sports School is committed to shaping well-rounded individuals through its Values in Action (VIA) initiatives, emphasising the importance of sportsmanship, character development, and social responsibility.



Secondary 1 shooters with laundry staff

Appreciating Our Support Staff

Student-athletes from the Shooting Academy prepared gifts and cards for the school's support staff as a gesture of gratitude for Lunar New Year. The initiative was made possible through prize money donations by the shooters, fostering an atmosphere of appreciation and thoughtfulness. Also, student-athletes from the Individual Programme organised and performed at Staff Day.

Sharing The Love For Sports With Other Students

Student-athletes from the Badminton, Bowling, Fencing, Netball, Shooting and Track and Field Academies collaborated with the North West Community Development Council to host the SSP Sports Education and Experience programme. They welcomed primary school children from various schools, engaging them with their various sports and sharing the joy that comes from playing.

The Track and Field Academy volunteered for the SA-SSP Primary Schools Combined Events Invitational, taking on critical event management roles.

Bowlers taught upper primary children from Wellington Primary School the basics of bowling, which fostered joy and sportsmanship.



Introductory sports workshop by Fencing Academy



Introductory sports workshop by Badminton Academy



Learn to Play by Football Academy



Intergenerational Learning Programme by Multi-Sport Academy



Introductory sports workshop by Netball Academy



Introductory sports workshop by Bowling Academy



Interaction with Individual Programme student-athletes during Chinese New Year celebrations

Caring For The Community

Student-athletes from the Individual Programme engaged 28 elderly from the Woodlands Care Corner Active Ageing Centre, who joined us for the 20th Anniversary Chinese New Year celebrations.

Bowlers also contributed significantly to Project Champions Way by organising a family fun charity bowl to raise funds for Singapore Disability Sports Council. In addition to the bowling event, they raised additional funds through the sale of hand-designed and painted bowling pins, along with other fringe activities.

Footballers took time off the field to pack rations for underprivileged families as part of the Red Cross Society's Project R.I.C.E.

The School's swimmers made an impact out of the pool by hosting

seniors from Chong Hua Tong AAC and Fei Yue Hougang SSC. They engaged with the elderly, shared fitness tips, and gave them a tour of the campus, creating meaningful connections.

Student-athletes from the Multi-Sport Academy learnt about empathy and spent their day with En Community Services Society for an Intergenerational Learning Programme. They accompanied the elderly to do activities such as terrarium building and went to the Gardens by the Bay for a tour.

Student-athletes have also been sharing their love for sports and their skills through Learn-To-Play programmes conducted by Fencing, Football, Netball and Shooting Academies.



Swimming Academy hosted seniors in Sports School

Giving Back Through Major Sporting Event

Table Tennis paddlers gave back to their sport by volunteering at the WTT Singapore Smash 2024 where they took on ushering and other duties to contribute to the success of the event.

Keeping The Basin Klean

Our trackers got off the track and into the water for a change as they participated in the Kayak and Klean programme at Kallang Basin, combining kayaking with litter collection.



Kayaking to clean by Track and Field Academy

JOVI LOH JIA LE

Individual Programme – Gymnastics, Secondary 4

First Singaporean to win a medal at Junior Men's Artistic Gymnastics Asian Championships



Behind Every

Champion

Awards and Accolades Propel Student-Athletes Forward

AWARDS AND ACCOLADES

Awards and accolades are vital for athletes as they recognise their hard work and achievements, serving as strong motivators and affirming their efforts. Recognition builds their reputation and is a form of motivation. The support and recognition also foster a culture of excellence, setting a standard for achievement and inspiring others in Sports School and the sporting community.

Moo Soon Chong Outstanding Student-Athlete of the Year Award

The Moo Soon Chong Outstanding Student-Athlete of the Year Award is the highest honour presented annually to student-athletes who exemplify excellence in both sports and academics, demonstrate exemplary conduct, and serve as role models for their peers. In 2024, this prestigious award was conferred on bowler Lim Shi En and diver Max Lee Shen Oon in the Secondary category, while wushu exponent Zeanne Law Zhi Ning and fencer Si To Jian Tong were the post-secondary recipients.

Lim Shi En had an outstanding year, clinching four titles at the 2023 Asian Junior Bowling Championships, part of Singapore's eight-gold triumph. She also shone at the Asian Inter-City Bowling Championships in 2023 and 2024 as well as at the National Age Group Competition and National School Games 'B' Division.

Max Lee Shen Oon enjoyed a remarkable 2023 as well, representing Singapore in two Major Games and the World Diving Championships. Max made his Asian Games debut in the 10m Men's Platform event, finishing 8th among Asia's top divers. Earlier, he had secured a bronze medal in the 10m Men's Platform at the 32nd SEA Games, which gave him valuable competition experience. Max also competed in his first World Aquatics Championships in Fukuoka, Japan.

For Zeanne Law Zhi Ning, 2023 was an unforgettable year, crowned by her title as *World Champion* in Women's Taijiquan at the 16th World Wushu Championships in Texas, USA. Zeanne also participated in the 32nd SEA Games and the Asian Games, and won a silver in Women's Duilian alongside post-secondary student-athlete Zoe Tan Ziyi and alumna Kimberly Ong Li Ling. In recognition of her outstanding achievements, Zeanne received the 2023 International Wushu Federation Wushu Taolu Rising Star Award in January 2024.

Si To Jian Tong made history in 2023 by becoming Singapore's first individual gold medalist in Men's Épée at the 32nd SEA Games. He also contributed to the team's bronze medal at the event. Jian Tong's talent continued to shine on the international stage, as he claimed victory at the Asian Junior & Cadet Fencing Championships.



Lim Shi En, Zeanne Law Zhi Ning and Max Lee Shen Oon

Annabel Pennefather Excellence Award

Pencak silat exponent Amirah Sahrin and water polo player Michelle Tan Ting Yee were presented the Annabel Pennefather Excellence Award. Amirah Sahrin won gold at the 32nd SEA Games in Cambodia. Michelle Tan Ting Yee participated in both the 32nd SEA Games, 19th Asian Games, and showcased her resilience as she juggled her sporting and academic commitments.

The Annabel Pennefather Excellence Award is presented annually to two female graduating student-athletes who have outstanding sports achievements.



Mr Ong Kim Soon, Principal of Singapore Sports School with Michelle Tan Ting Yee and Amirah Sahrin

Tan Howe Liang Excellence Award

Swimmer Maximillian Ang Wei and paddler Izaac Quek Yong were honoured with the prestigious Tan Howe Liang Excellence Award, given annually to two male graduating student-athletes with outstanding sports achievements.

Maximillian made history at the 2022 SEA Games by becoming the first Singaporean to win the 200m Breaststroke, breaking both the SEA Games and national records. He also secured a gold in the 4x100m medley relay, a silver in the 100m Breaststroke with a new national record, and bronze medals in the 50m Breaststroke and 200m Individual Medley. At the 2023 SEA Games, he added two bronze medals in the 100m and 200m Breaststroke, and represented Singapore in international competitions, including the 19th Asian Games.

Izaac Quek made waves in 2023 by winning triple gold medals in the



Mr Seah Kian Peng, Speaker of Parliament and Board of Director of Singapore Olympic Foundation with Maximillian Ang Wei and Izaac Quek Yong

Men's Singles, Doubles, and Team events at the 32nd SEA Games, becoming the youngest local paddler to win the Men's Singles title. He displayed remarkable skill and maturity, defeating his Vietnamese opponent 4-0 in the finals. Earlier, Izaac became the first Singaporean paddler to break into the world's top 100 rankings for Men's Singles after his stellar performance at the Singapore Grand Smash.

Singapore Sports Awards

Alumni Darren Ong Wei Siong and Veronica Shanti Pereira, alongside current student-athlete Zeanne Law Zhi Ning, claimed three of the four top honours at the Singapore Sports Awards. World champion Darren Ong and sprint queen Shanti Pereira received Sportsman of the Year and Sportswoman of the Year, while Zeanne Law was crowned Sportsgirl of the Year. 13 out of the 18 past and

present student-athletes who were finalists across six categories of the annual ceremony went home with an award.



Darren Ong Wei Siong



Sportsboy/Sportsgirl Team of the Year (Event)

Photo Credit: Singapore National Olympic Council



Zeanne Law Zhi Ning

SINGAPORE SPORTS AWARDS RECIPIENTS

Sportsman of the Year:

Darren Ong Wei Siong (Bowling)

Sportswoman of the Year:

Veronica Shanti Pereira (Athletics)

Sportsgirl of the Year:

Zeanne Law Zhi Ning (Wushu)

Team of the Year (Event):

Women's Bowling Team (2023 World Bowling Championships)
Charmaine Chang Yu Qian, Colleen Pee, New Hui Fen, Daphne Tan Shi Jing

Sportsboy/Sportsgirl Team of the Year (Event):

Bowling Junior Team (22nd Junior Asian Tenpin Bowling Championships)
Lim Shi En, Nur Irdina Hazly, Nura Salsabila Zulkifli, Brian Ngoi Kai Ren, John Yong-Ming Faragalla, Ryan Goi Chee Hean

spexPotential

21 of our past and present student-athletes are among the 48 athletes who have received the inaugural Sports Excellence Potential (*spexPotential*) programme. This programme marks a key enhancement to Singapore's high performance sports framework, offering financial and programmatic support to help talented athletes excel at the SEA Games. It also aims to ease the transition for young athletes as they move to the senior level, ensuring sustained growth and success within the high performance sports pathway.



Elkan Reshawn Oh
Photo Credit: Singapore National Olympic Council and Sport Singapore



Nichelle Tan Ying Xuan

spexPOTENTIAL RECIPIENTS

Badminton: Heng Xiao En, Megan Lee Xinyi, Howin Wong Jia Hao, Joel Koh Jia Wei, Junsuke Kubo, Loh Kean Hean, Nur Insyirah Khan, Wesley Koh Eng Keat (alumni)

Bowling: Nu'man Syahmi Yusri, Quek Lu Yi (alumni)

Diving: Max Lee Shen Oon

Fencing: Dan Wei Zuo, Simon Lee Renjie, Tiffany Seet He Yun, Zephaniah Ian Kiew

Sailing: Elkan Reshawn Oh

Table Tennis: Ser Lin Qian

Taekwondo: Nichelle Tan Ying Xuan

Triathlon: Luke Chua Li Rong (alumnus)

Wushu: Cassandra Ong Xue Ling, Chan Jun Kai (alumnus)

Temasek Foundation Scholarship and Study Award for Sports

21 outstanding student-athletes received a boost in their sports and studies with the Temasek Foundation Scholarship for Sports. Another 120 student-athletes received the Temasek Foundation Study Awards for Sports.



Jaymie Ng Wan Xin



Zoe Tan Ziyi

TEMASEK FOUNDATION SCHOLARSHIP FOR SPORTS RECIPIENTS

Badminton: Chia Xin Ying, Mark Wong Kai Ji, Megan Lee Xinyi

Bowling: Nur Irdina Hazly

Fencing: Cheung Kemei, Dan Wei Zuo, Juliet Heng Jie Min, Si To Jian Tong, Simon Lee Renjie

Golf: Chen Xingtong, Jaymie Ng Wan Xin

Gymnastics: Jovi Loh Jia Le

Sailing: Elkan Reshawn Oh

Shooting: Rayfield Tay Yu Hong

Track and Field: Audrey Koh Shun Yi, Victoria Chua Si Yu

Triathlon: Lim Wan Ting

Wushu: Jolie Goh, Nessya Koh Li Yun, Zeanne Law Zhi Ning, Zoe Tan Ziyi

Singapore Olympic Foundation – Peter Lim Scholarship

In 2024, 54 student-athletes were proud recipients of the Singapore Olympic Foundation-Peter Lim Scholarship, with 26 of them awarded under the High Performance Under-18 category. These athletes have demonstrated exceptional performance in regional and international competitions.



Charlene Tio Ji Suan



Laavinia Jaiganth



spexScholarship

Wushu World Champion Zeanne Law Zhi Ning, fencer Si To Jian Tong, and accomplished sailor and alumna Victoria Chan Jing Hua were added to the list of *spexScholarship* recipients. Their inclusion brings the total number of current or former student-athletes from Singapore Sports School to nearly half of the 103 *spexScholarship* recipients.



Si To Jian Tong
Photo Credit: Singapore National Olympic Council and Sport Singapore



Zeanne Law Zhi Ning

HIGH PERFORMANCE UNDER-18 SCHOLARSHIP RECIPIENTS

Artistic Swimming: Caitlyn Anne Tan

Badminton: Lai Yi Ting, Marcus Phil Lau Jun Hui

Bowling: Nur Irdina Hazly, Shirlene Wong Xue Lin

Diving: Clara Liaw Yanwen, Tyler Lee Dee Oon

Fencing: Jae Lim Jia En

Golf: Chen Xingtong, Passion Hsu Le Ting

Gymnastics: Asher Pua, Jovi Loh Jia Le, Sophia Ho Jin Wen

Pencak Silat: Rifqah Mursyidah Mistam

Rollersports: Keenan Brunkard

Swimming: Brandon Yap Yan Xi

Table Tennis: Chloe Lai Neng Huen

Taekwondo: Gwen Koh En Qi

Track and Field: Audrey Koh Shun Yi, Huang Weijun, Laavinia Jaiganth

Triathlon: Lim Wan Ting

Water Polo: Charlene Tio Ji Suan, Chow Yong Jun, Loh Yu Xuan

Wushu: Charlotte Ng Leting



From left: Loy Ming Ying, Zeanne Law Zhi Ning, Elle Nicole Jiaqi Tay, Chen Xingtong, Nur Irdina Hazly, Lucas Fun Le Cong, Nicholas Tan, Jovi Loh Jia Le and Mr Ong Kim Soon
Not in photo: Clarice Lee Shan Rong

Singapore Schools Sports Council (SSSC) Colours Award

In recognition of their excellent achievements in local and overseas competitions, 9 student-athletes were named Singapore Schools Sports Council Best Sportsboy and Sportsgirl this year.

SSSC BEST SPORTSBOY AND SPORTSGIRL AWARD RECIPIENTS

Bowling: Nur Irdina Hazly

Golf: Chen Xingtong

Gymnastics (Artistic): Jovi Loh Jia Le

Shooting: Clarice Lee Shan Rong

Swimming: Elle Nicole Jiaqi Tay

Table Tennis: Loy Ming Ying, Nicholas Tan

Track and Field: Lucas Fun Le Cong

Wushu: Zeanne Law Zhi Ning

With the Future in Mind Scholarship

Paddlers Izaak Quek Yong and Loy Ming Ying have been awarded the prestigious 'With the Future in Mind' scholarship, which supports their pursuit of Olympic dreams. This scholarship is part of a joint programme by Olympic Solidarity and the International Table Tennis Federation (ITTF). It focuses on providing high performance pathways for talented athletes, offering the recipients access to top-tier training opportunities and participation in quality competitions. These resources are crucial for enhancing their development and preparing them for the Olympic stage. Izaak Quek, who has previously received this scholarship, represented Singapore at the Olympic Games in 2024.

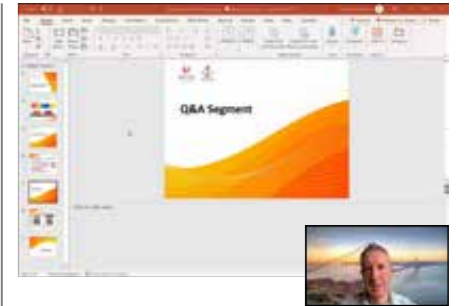


Loy Ming Ying

Collaborating for Student-Athlete Success

SPORTING PARENTS NETWORK

The biggest cheerleaders and supporters of the Singapore Sports School and its student-athletes are parents! They serve as the conscience of the school, the bridge for communication, and our strongest advocates. They have lent their support at school events, to educate student-athletes, and have built a stronger Sports School family.



Mr Stephen John Tunstall, the Founder, Owner and Director of Tunstall Associates, who is also the Dietary Coordinator in SPN, was one of the speakers during our online career webinar.



Photo Credit: Mr Kelvin Kwek (Chairman, Sporting Parents Network)

The Sporting Parents Network (SPN) came in full force to support our Open House! They were stationed at information booths and sport facilities to engage prospective parents and share their personal journeys with them.



At the Junior Sports Academy selection by the Ministry of Education, our parents were present to share more about Sports School.



Photo Credit: Mr Kelvin Kwek (Chairman, Sporting Parents Network)



As key stakeholders, members of the SPN Executive Committee (ExCO) were invited for the post National Day Rally engagement with Minister Edwin Tong.



Photo Credit: Mr Kelvin Kwek (Chairman, Sporting Parents Network)

The husband-wife duo, Mr KC Eng and Ms Cheng Ying Ling, who is the Digital Media Comms Coordinator in SPN, shared their professional knowledge on the basics of photography and content creation with media representatives from the academies.

Our Staff

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Principal



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Organisation
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CHAN KAH MUN
Teacher



TAN BEE LENG
Teacher



TAN HWEE NOI
Teacher



TAN HWEE YEN
Teacher



CHEAH CHIN CHUAN
Teacher



**HAZLIANA
MOHAMED LAHIR**
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MARLINA AHMAD
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**NAHRI HIZAL
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GAN YING**
Teacher



**CHARMAINE TAY
LI WEN**
Teacher



FELICIA NEW LAY HUA
Teacher



HENG YEW HAN
Teacher



IRIS PHUA YEN LING
Teacher



**JEFFREY TOH
PING YONG**
Teacher



LIW MENG HONG
Teacher



NG PEI CHIN
Teacher



WANG HUI-MING
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SHAUN CHEW CHONG AUN
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TEO SONG KANG
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LEARNING RESOURCE



NURUL HUDA HASSAN
Manager,
Learning Resource

UNIVERSITY PLACEMENT



SNG SOK HWEE
University Placement
Specialist

ACADEMICS ADMINISTRATION



ALEX KOH WEI HIONG
Manager,
Academics
Administration



LEONG MEI SHEONG
Assistant Manager,
Academics
Administration



SHERLENE KHO GEOK BEE
Senior Executive,
Academics
Administration



WOO MIN KUEN
Teacher Aide,
Academics
Administration

STUDENT DEVELOPMENT



DR IRWIN SEET CHIM CHUAN
Director,
Student Development



LIM HWEE HUA
Head of Department,
Student Development
and Covering Head of
Year (Secondary 3)



LOH SEE PING
Head of Year
(Secondary 1) and
Subject Head, Special
Educational Needs



DESMOND TAN SAM SHENG
Head of Year
(Secondary 2) and
Subject Head, Student
Well-Being



LAU KAI LI
Head of Year
(Secondary 4/5)



MARLENE OH SHU-HUI
Head of Year (IBDP)



PHYLLIS THIA TONG MUI
Head of Department,
Sports Development
and Polytechnic
Coordinator



JOEY CHAN KAI LI
School Counsellor



THAMARAI PALANIYAPPA
School Counsellor



SABRINA NG MING LI
Special Educational
Needs Officer



SUBRAMANIYAM JEKANATHAN
Senior Education
and Career Guidance
Counsellor

CORPORATE SERVICES



SOON CHOON BOON
Director,
Corporate Services



JACKSON TONG
Assistant Director,
Information
Technology, Estate
and Security



JOSHUA SING CHYE PHONG
Assistant Director,
Boarding and
Business



SUAR YEAP PHENG
Assistant Director,
Finance and
Procurement

Our Staff

BOARDING AND BUSINESS



LEE SIEW YEN
Manager,
Boarding and
Business



**MUHAMMAD
AL-QAASIMY ABDUL
RAHMAN**
Manager,
Boarding Operations



**STEPHANIE LOO
PEI NING**
Manager,
Boarding Operations



**STELLA LIEW
SIAW YUING**
Lead Boarding
Mentor



**RAIHANA
MUHAMMAD
SALEHUDDIN**
Senior Boarding
Mentor



AMELIA LEE PEI LING
Boarding Mentor



**CHARLOTTE TAN
YU WEN**
Boarding Mentor



**DESIREE LIEK
KWEE FANG**
Boarding Mentor



SONG KAH HENG
Boarding Mentor



CINDY TAN ZHEN LIN
Senior Executive,
Boarding
and Business
Administration



**JOSEPHINE LEE
POH LENG**
Executive,
Boarding
Administration



LIM MAY LING
Executive,
Boarding
and Business
Administration

ESTATE AND SECURITY



**DESMOND CHIA
SZE LEA**
Senior Manager,
Estate and Security



RAMOND GUNASENA
Manager,
Security



**SUSIE OON
GUAT YONG**
Assistant Manager,
Estate



**ALAN KEOW
YEONG WEI**
Senior Executive,
Estate



**MAGDELENE MAH
POH YEE**
Executive,
Estate



TAN ZHI WEI
Executive,
Estate



**ANDY YAP
KAM MENG**
Officer,
Estate

FINANCE AND ADMINISTRATION



TAN TZE PING
Senior Manager,
Finance and
Administration



**MARIE TEO
SOU BOUY**
Assistant Manager,
Finance and
Administration



**VICTOR PAN
WEI QIANG**
Assistant Manager,
Finance and
Administration



**HELEN TEE
YEOW WAH**
Senior Executive,
Finance



**STAR CHAI
WAN SEEN**
Senior Executive,
Finance



JUNE TAN AI PENG
Executive,
Finance



**MUHAMAD
HAIZAHAR
BAHARIRUDIN**
Finance Assistant,
Finance and
Administration



**NOR IFFYANA
RISWAN**
Front Desk Officer,
Finance and
Administration

Our Staff

HUMAN RESOURCE



JOYCE LEONG SOK FUN
Senior Manager,
Human Resource
(Left in Oct 24)



SEE LI ZHEN
Assistant Manager,
Human Resource



KARIS CHOO PING LEE
Assistant Manager,
Human Resource



FREDA HA RUI XUAN
Executive,
Human Resource

SPORTS GROUP



BERNARD THAM YU WENG
Director,
Sports



TAN BEE LIAN
Director,
Sports
(End of Secondment
in Sep 24)



MIKE GOH MENG KENG
Assistant Director,
Sports



ONG KAIFEN
Assistant Director,
Sports



JEANIE TAN HUI HUI
Assistant Director,
Sports Administration
and Data Analytics
Strategy

INFORMATION TECHNOLOGY



NG CHUN KIAT
Senior Manager,
Information
Technology



NG SOO KIAU
IT Project Team Lead



YEONG YONG CHEN
Senior Lead
Application Specialist



LOW JUN KIAT
System Analyst



AYE EI KO
System Analyst



JAMERO CARLITO SORIANO
Database and System
Administrator



LEE WEE BOON
Assistant Manager
(Network and End-
User Support)



JEFRI SABANI
Senior Executive,
Information
Technology



THINAGARAN SELVARAJOO
Executive,
Information
Technology



BREDON KOK (NCS)
Desktop Engineer

BADMINTON ACADEMY



JOANNE QUAY SWEE LING
Programme Director,
Badminton Junior
Performance
Programme



WONG PEI TTY
Head Coach,
Badminton Junior
Performance
Programme



DESMOND TAN KOK KEONG
Senior General
Manager, Badminton
Academy



KEVIN LIM CHEE SOON
Senior Coach,
Badminton Junior
Performance
Programme



FRANCES LIU FAN
Senior Coach,
Badminton Junior
Performance
Programme



HUANG CHAO
Coach,
Badminton Junior
Performance
Programme



YANG NIANHONG
Coach,
Badminton Junior
Performance
Programme

PROCUREMENT



LEE LI LIAN
Senior Manager,
Procurement



COLIN SOH WEI QUAN
Manager,
Procurement



TEO SOH YAN
Senior Executive,
Procurement

Our Staff



BOWLING ACADEMY



CLARA LAU JI MIN
Head Coach,
Bowling Academy



FRANCIS YEO LAI SENG
Coach Mentor,
Bowling Academy
(Part-Time)



EUNICE TAN MEI LENG
General Manager,
Bowling Academy



CATHERINE KANG KIM HONG
Coach, Bowling
Academy



DAVID TAY (ZHENG DAWEI)
Coach/Centre
Manager,
Bowling Academy



FENCING ACADEMY



SHIM JAESUNG
Head Coach,
Fencing Academy



LOO ZHAO RONG LUAN
Senior General
Manager,
Fencing Academy



KIM SEUNGJUN
Coach,
Fencing Academy



KIM MIJUNG
Coach,
Fencing Academy



BRANDO ERIC II CRUZ
Coach,
Fencing Academy



EUGENE CHUA WEE HONG
Coach,
Fencing Academy
(Part-Time)



FOOTBALL ACADEMY



TENG WEI KEN
Head Coach,
Football Academy



MUHAMMAD HAFIZ ABU SUJAD
General Manager,
Football Academy



SHAHRI SHARI
Senior Coach,
Football Academy



MIUR RAFIK TAHA
Coach,
Football Academy



MOHAMED FIRDAUS MOHAMED SALLEH
Coach,
Football Academy



MOHAMMAD ISA ABDUL HALIM
Coach,
Football Academy



ROBIN CHITRAKAR PRADHAN
Assistant Programme
Director,
Coach Development
(Unleash The Roar!),
Football Academy



WILLIAM PHANG CHIN GUAN
Coach,
Football Academy
(Part-Time)



MULTI-SPORT ACADEMY



LIZA SEM BINGYAN
General Manager,
Multi-Sport Academy



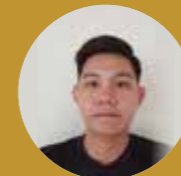
EUNICE TAN LI TING
Coach,
Multi-Sport Academy
(Part-Time)



JOHN MCCAULIFFE
Coach,
Multi-Sport Academy
(Part-Time)



LUQMAN ZAMROT
Coach,
Multi-Sport Academy
(Part-Time)



REMUS LOW
Coach,
Multi-Sport Academy
(Part-Time)



RYAN KALMANI SUKIR
Coach,
Multi-Sport Academy
(Part-Time)

Our Staff

NETBALL ACADEMY



**GERALDINE NG
JIE HUI**
Acting Head Coach,
Netball Academy



LEE MIN LI
Senior General
Manager,
Netball Academy



**ANGELENE NARAH
SINGH**
Coach,
Netball Academy



TAN SUE-ANNE
Coach,
Netball Academy
(Part-Time)

SWIMMING ACADEMY



**DOUGLAS RUSSELL
BARRON DJANG**
Head Coach,
Swimming Academy
(Left in Sep 24)



CHIN KHEN THEEN
Senior General
Manager,
Swimming Academy



SEE PUAY KHENG
Senior Coach,
Swimming Academy



**JEROME TEO
SZE CHEN**
Coach,
Swimming Academy

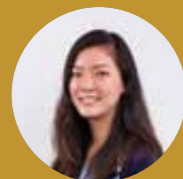


**RODERICK ENG
THUAN ZHONG**
Coach,
Swimming Academy

SHOOTING ACADEMY



LIM CHEA RONG
Head Coach,
Shooting Academy



OH MEIQIN
General Manager,
Shooting Academy



FOO PEILIN
Coach,
Shooting Academy



TEH XIU YI
Coach,
Shooting Academy



EMILY KEK JIA YI
Coach,
Shooting Academy
(Part-Time)



**MATTHEW CHEW
SIEW SUAN**
Range Executive,
Shooting Academy
(Part-Time)



**VANESSA YONG
YU ZHEN**
Coach,
Shooting Academy
(Part-Time)

TABLE TENNIS ACADEMY



DAVE LAI CHIN PANG
General Manager,
Table Tennis Academy



GUAN BEI
Senior Coach,
Table Tennis Academy



ZHAI YU
Coach,
Table Tennis Academy



DONG SHI FEI
Coach (STTA),
Table Tennis Academy



SUN BEIBEI
Coach (STTA),
Table Tennis Academy

Our Staff

TRACK AND FIELD ACADEMY



**SIMON LAU
CHIN MENG**
Head Coach,
Track and Field
Academy



**JOSEPH SOH
CHIAN CHOON**
General Manager,
Track and Field
Academy



RAFIUDDIN SAWAL
Coach,
Track and Field
Academy



**RICARDO JOSE DIEZ
BOZA**
Coach,
Track and Field
Academy



**SITI FATIMA
MOHAMAD**
Coach,
Track and Field
Academy



**MUHAMMAD SHAH
FEROZ MOHEDEN**
Coach, Track and Field
Academy (Part-Time)



**RYAN KALMANI
SUKIR**
Coach, Track and Field
Academy (Part-Time)

INDIVIDUAL PROGRAMME



NG KOK WEI
Senior General Manager,
Individual Programme

SPORTS ADMINISTRATION



CUI MENG MENG
Manager,
Sports Administration



TOH CHEN CHEN
Assistant Manager,
Sports Administration



**MICHELLE LEE
JING MIN**
Executive,
Sports Administration



**SANGAREESWARI
SILVAM**
Executive,
Sports Administration



**MACZIN TAN
LEE CHOO**
Personal Assistant
to Principal

STRATEGIC COMMUNICATIONS



**SHALINI
VEIJAYARATHNAM**
Senior Manager,
Strategic
Communications



LI PEIXIN
Assistant Manager,
Strategic
Communications



**MUHAMMAD JUFFRY
JOIHANI**
Senior Executive,
Strategic
Communications

JANELLE YEO RUN EN

Individual Programme – Artistic Swimming,
International Baccalaureate Diploma Programme
President of 21st Student Council

Learned

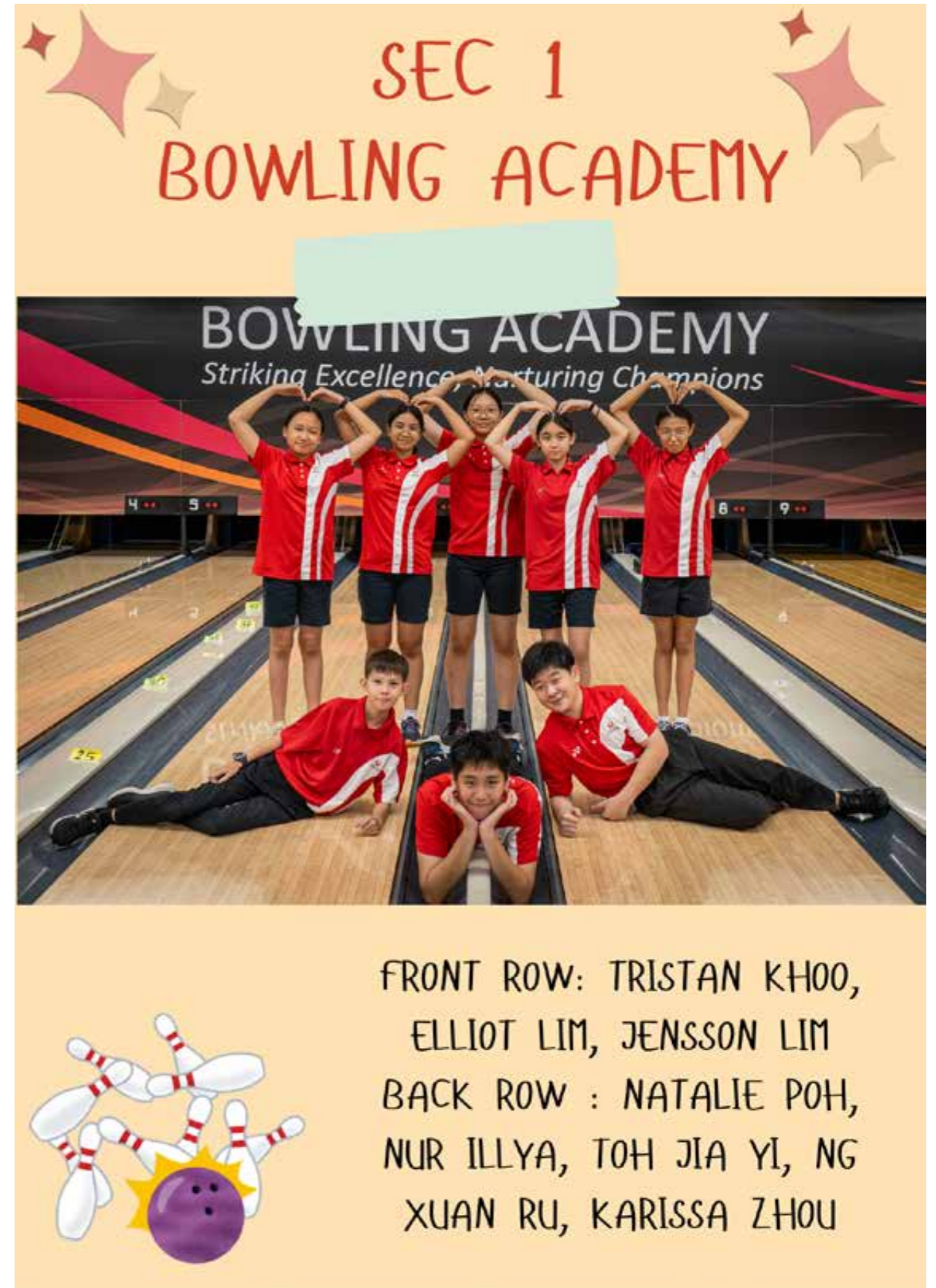
Champions
with
Character

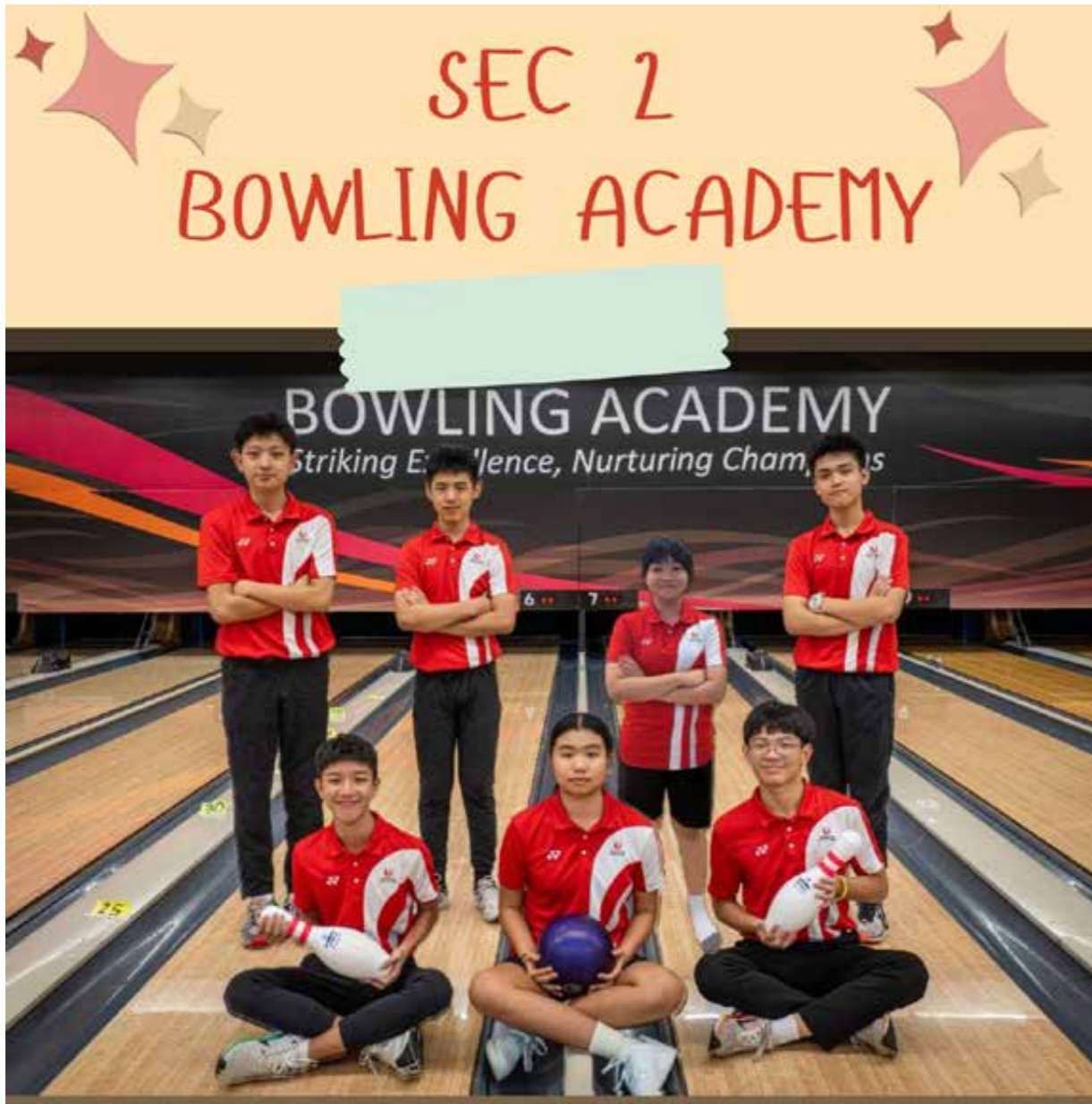












SEC 2
BOWLING ACADEMY

FRONT ROW: ZACHARY LIM,
FELISE CHNG, KRYSTON LEE
BACK ROW : TERRANCE
CHHOA, ENG YI JUN, KOH NUR
HUMAIRA, BRIAN NG



SEC 3
BOWLING ACADEMY

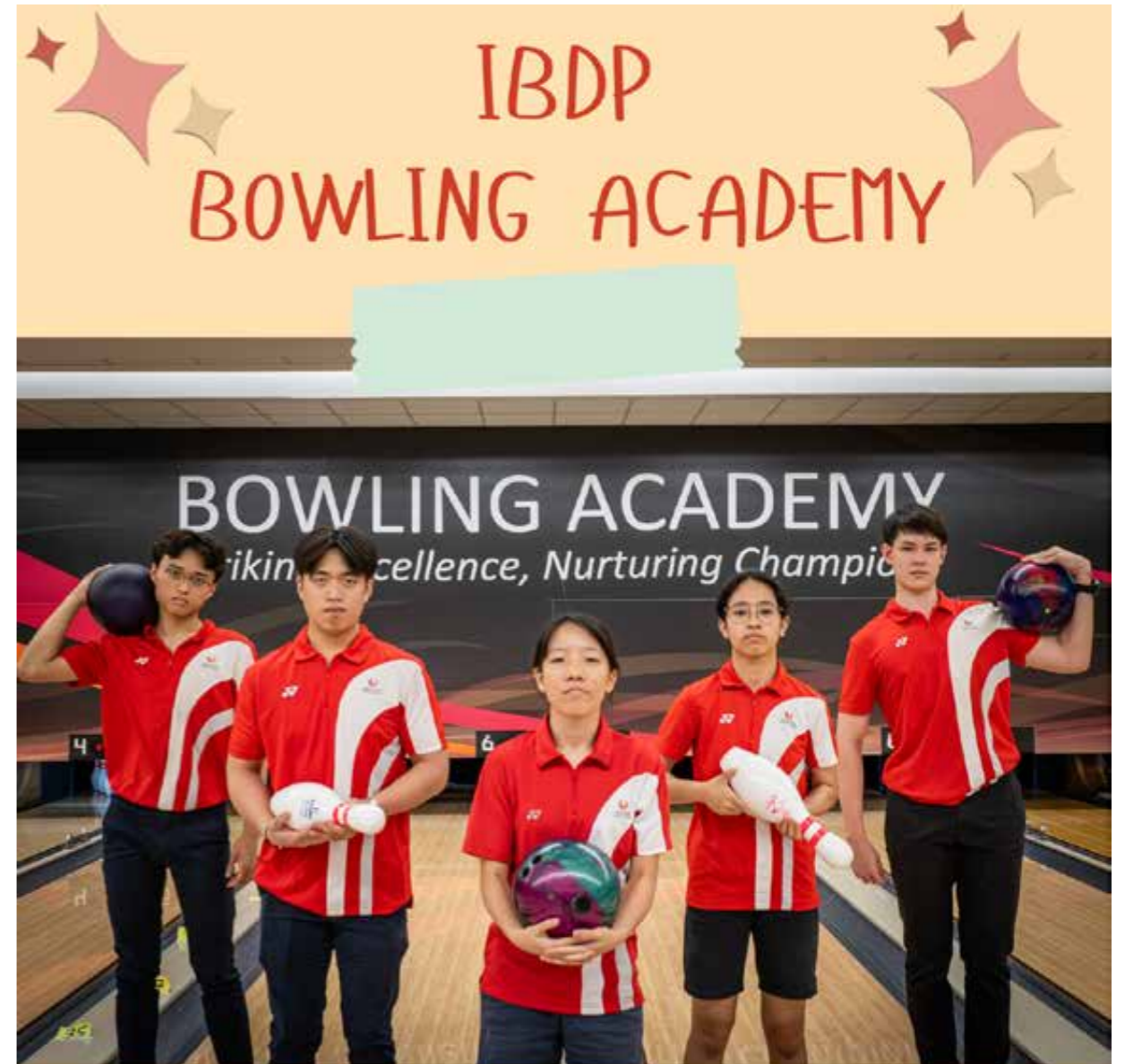
FRONT ROW: NUR IFFAH, RAINIE
KWEK
MIDDLE ROW: MATTHEW QUEK,
DARIUS SEE, KANG HEE HIANG,
LUKE TAN, CAEDMON LIM
BACK ROW : LUCAS GOH,
KAELAN LIM, XANDRE TEO, TAN
JUN KIAT, MUHD ESHAN





SEC 4&5
BOWLING ACADEMY

BOTTOM ROW: NURA SALSABILA
BINTE ZULKIFLI, HAZEL TAN
ROU EN, HIA JING XUAN
ALYSSA
TOP ROW : MARK LEONG YEW
CHEN



IBDP
BOWLING ACADEMY

FRONT ROW: SHANNEN ONG
MIDDLE ROW: RYAN GOI, NUR
IRDINA
BACK ROW : MATHIEU LOUIS,
OLIVIER KHOO



POLY YEAR 1&2 BOWLING ACADEMY



FRONT ROW: COLLEEN PEE, LIM SHI EN, FELICIA LEONG, HAZEL TAN WEI NING
BACK ROW : KUAY JAYAN, ANDRE CHEW, JOSHUA SOO, BRIAN NGOI



POLY YEAR 3 BOWLING ACADEMY

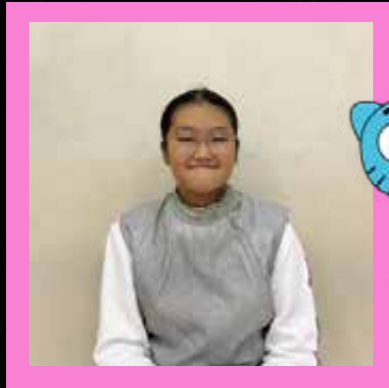


LEFT TO RIGHT: JERLYN LAM, JOSH GOH, SHIRLENE WONG



FENCING SECONDARY ONE

FOIL.



Summer

SABRE



Natalie, Elijah, Eleazar

EPEE



Yen Ly, Aiden, Ember



FENCING SECONDARY TWO

FOIL.



Darlyn, Alvin

SABRE



Sarah, Cameron

EPEE



Valarie, Nicklaus,
Sophie



FENCING

SELECT YOUR PLAYERS:



FOIL



SABRE



EPEE

SECONDARY 3



From left to right: Alyssa, Sarah, Mr Eugene, Kayla, Isabelle, Ethan, Ted, Ashton

START



FENCING

SECONDARY FOUR

FOIL

SABRE

EPEE

Left to right: Le Kai, Gianna, Maaravis, Nathan Jaida, Cari-Anne Kayden, Benjamin, Mariem, En Qi, Annabelle

Jeffery

SUPER MARIO

FENCING
IBDP

ib2



**Clockwise from the left :
Esther, Shaun, Maximus,
Rachel, Kemei, Yalu**

ib1



Josiah, Roxane

SPACE INVADERS

FENCING
POLY

SABRE



**Clockwise from top left :
Aan, Marcus, Lucas, Wei Zuo,
Juliet, Jae, Natallie**

FOIL



Zephaniah, Tiffany

EPEE



**Left to right : Simon, Azfar, Filzah, Bron, Cevin, Jian Tong
Missing: Yunseo, Tim, Kieron**

PAC-MAN





SINGAPORE SPORTS SCHOOL
Learned Champions With Character

| | | | |
|--|---|--|---|
|  17 DHEVESH SHANKAR |  14 ADRYAN PUTERA |  3 JACK WHITE |  18 AIZAQRY PUTRA |
|  14 MICHAEL TOH |  2 ARTHUR LO |  10 EVAAN SHAFIEE |  16 HADY HAZRY |
|  11 DARIEL RIZQIN |  16 JUAN MATTEO DEL ROSARIO |  7 EDAN MCCULLOCH |  15 RAUL ANDHIKA |
|  5 DANIYAL SHAKIL |  13 AYDEN NAIM FAKHRY F. NAWAZ |  8 ATLAS GOA |  9 MUHAMMAD QUSHAIRY |

FOOTBALL ACADEMY
SEC 1 - 2024



ANSEL CHIN



JUN KAI ONG



IRHAM ARDIANSYAH



BENIAIAH WANGKE



AMIRUL QAIS



IZZAN AKID



ANDERS LAM



ESHAN DARWISH



ELDREY HAIRULNIZAN



DAFI FITRI



ADRYAN ASHDANNI



VERONA LIM



SVEA NADIA



FOOTBALL ACADEMY
SEC 2 - 2024



HAZIQ ANAQI



GYAN CHUA



AARYAN AZRAQI



ELFAN DANIQ



DARWISY FITRI



NIK RAYYAN



ERDY THAQIB



MICHAEL MINUZZO



RIYYAN HAZIQ



AARYAN ISHMAEL



BRAYLAN LEO



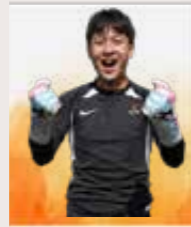
SERI NURINSYRAH



CHANTALE LAMASAN



FOOTBALL ACADEMY
SEC 3 - 2024



JAREC NG



NOOR AYDRIN



UZAYR ERWAN



ILIYA NAUFAL



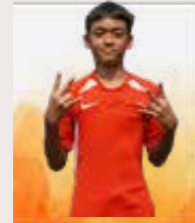
AMIRUL IMAN



SHAFREL ARIEL



MORRICE MAXIMUS



HAZIQ YAZID



NYQIL IYYAN



NORAFIQ EINDRA



RAUF ANAQI



AZIRUL AZIQ



AHMAD MARTIN



HARITH DANISH



AZEEM HASSAN



AQIL ZAFRI



NUR MUHAMMAD



DANISH HAQIMI

FOOTBALL ACADEMY (Sec 4/5)- 2024



KEGAN PHANG



SUNNY TIA



ADAM REEFDY



ILHAM ISKANDAR



FAKHRURAZI NOH



HADIRUL HARRAZ



HILMAN NORHISAM



IAN FARIS



SHAM SYED



ETHAN CHANG



ISSAC JONATHAN



RIFQI MATIN



HAZIQ RIDUAN

FOOTBALL ACADEMY (Poly/IB)- 2024

Multi-Sport Academy



First row (left to right): ZACCHEVS KER, CALEB CHAN, NETHANIEL LIEW,
JACOB GAO, ABIGAIL NG, MARSHA RAVDHAN, CHONG Qi EN, ZHOU YU HAN

SECOND row (left to right): COACH LUQMAN (TRACK & FIELD COACH), MOHAMAD
ADAM, JESSIE TAN, JOVAN CHAN, ELIZABETH SIM, LIZA SEM (GM)

THIRD row (left to right): TIMOTHY NG, YUNUS ADAM SIM, AIDHI SYA'ARI



Missing from Group Pic:
MUHAMMAD FIQH & COACH RYAN (TRACK & FIELD COACH)

Multi-Sport Academy



GROUP PIC:

First row (left to right): ABIGAIL NG, CHONG Qi EN,
MARSHA RAVDHAN, ZHOU YU HAN, CALEB CHAN,
ZACCHEVS KER

SECOND row (left to right): COACH JOHN,
MUHAMMAD FIQH, MOHAMAD ADAM, AIDHI SYA'ARI,
YUNUS ADAM, NETHANIEL LIEW, JESSIE TAN,
ELIZABETH SIM, COACH REMUS



LEFT TO RIGHT: JOVAN CHAN, TIMOTHY NG,
JACOB GAO



Sanjena Vithal (1A), Dian Nabilah Muhammad Taufik (1A), Ng Jing Yi (1A), Nur Indah Maisarah Binte Mohd Yazit (1A)

Sec 1 Netballers



Shifa Binte Erwan (2E), Chyler Lim Feng Ting (2F)



Jade Low (2C), Ng Yu Xuan (2C)



Chloe Cheong Sin Yee (2F), Angelina Tay Shi Ying (2B), Nur Emelda Aw (2D)

Sec 2 Netballers



Sec 3 Netballers



Neo Kai Qi (3A), Ong Shi Han (3A)



Della Zuliyah Binte Zulkifli (3E), Lim Zi Yan (3B), Taryn Kum-Thomas (3B)



Sophie Tan Ying Er (3B), Meredith Chow Ern Xi (3B), Amberly Marcia Sin Yan (3C)

Sec 4 Netballers

Dayna Chua (4E)



Chua Jing Rou (4E), Nina Joseph (4A), Putri Alya Fatin Binte Muhammad (4D)



Bianca Ng Jia Xuan (4D), Wong Lok Yiu (4C)



Post Secondary Netballers



Faithmaria Ifeoma Mckevin Lawrence poly year 3



Wong Xuan Yi poly year 2



Tan Zhi Ting, Leow Pei Hann, Megan Low Wen Qi, Ng Ler Yann IB1 & IB2



Mavis Seah Kai Xin, Hannah Thomas, Angelina Haney Anurika Mckevin Lawrence, Grania Koh Yan Zhen, Poly year 1



Moh Jing Wen Jernise poly year 2



Tan Wei Ting Janissa poly year 2



SHOOTING ACADEMY



Third Row: Ms Marlina Ahmad, Ms Koh Yihan, Clarice Lee, Jesper Lim, Adrian Osman, Bryant Chua, Ayden Seah, Lee Zhe Kai, Isaiah Tang, David Loo, Au Yong Yi Yong, Toh Jun Wei, Maldon Then, Gabriel Ho, Teo Jia En, Yap Zhe Xi, Jaden Neo, Tang Hong An, Ms Moganewary Sakathevan

Second Row: Coach Vanessa Yong, Ms Oh Meiqin, Coach Foo Peilin, Jayden Hong, Samantha Cheng, Jaymee Poh, Mathius Chua, Eugene Kek, Eston Soo, Jillian Su, Amelia Noor Hisham, Rinnah Lau, Chloe Tan, Jeslyn Woo, Chloe Tai, Han Kay Xu, Rayfield Tay, Estroy Soo, Nicholas Tan, Freya Lim, Coach Teh Xiu Yi, Coach Lim Chea Rong

Front Row: Xuan Ilyas Mohammed Azhar, Corwyn Koh, Tan Jing Quan, Heidi Garcia, Lim Yet Kee, Bernice Lim, Soh Yi Wei, Faithe De Souza, Lucas Tan, Daanish Teo Yasin Teo, Vera Wong, Quek Gek Ling, Kaiven Siu, Huang Jiabao, Lim Hong Rui

Absent: Ms Tan Hwee Yen, Ms Amanda Loh, Ms Wang Huiming







♡♡ POLY ☆☆☆



GROUP 1

SWM ACD





SECONDARY 3 SWIM TEAM '24



CALEB, ISAAC, AARON, ZACHARY



AMELIA, YU EN, SAMANTHA, HEATHER, AZLINA

Sec 4 Swimmers of 2024



Top Row: Amanda, Mint, Vivienne, Xuanying, Magdalene
Bottom Row: Mr Nair (mentor), Anakin, Shin Siong, Javen



Kayley Goh



Manda Low



Elyza Mak



Carol Rachmadi

Ngee Ann
polytechnic swimmers



Brandon Yap

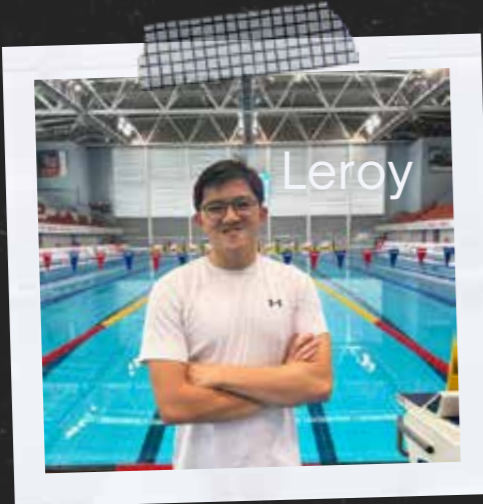


Artyom Lukasevits

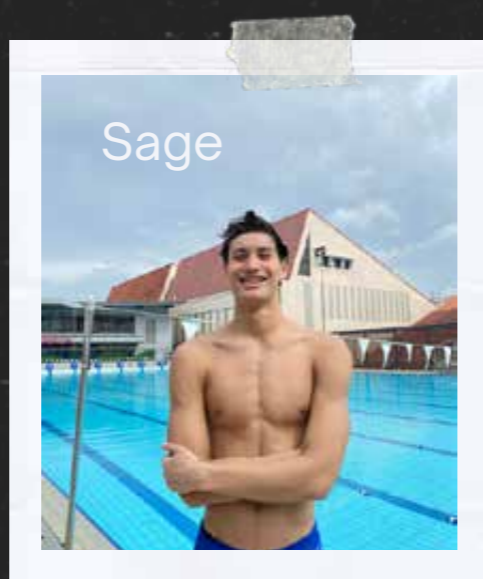


Jerald Lium

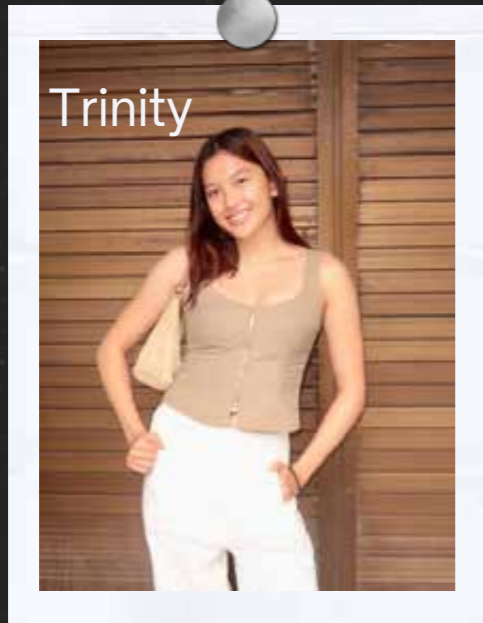




Leroy



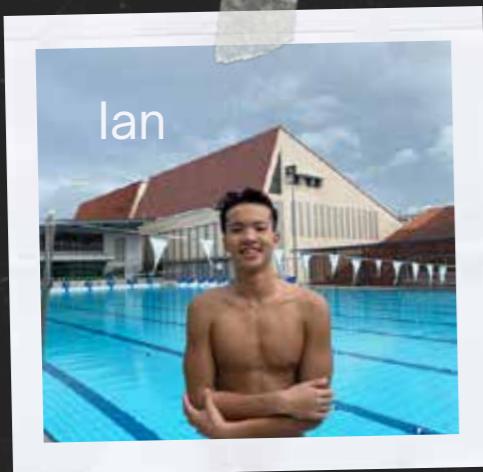
Sage



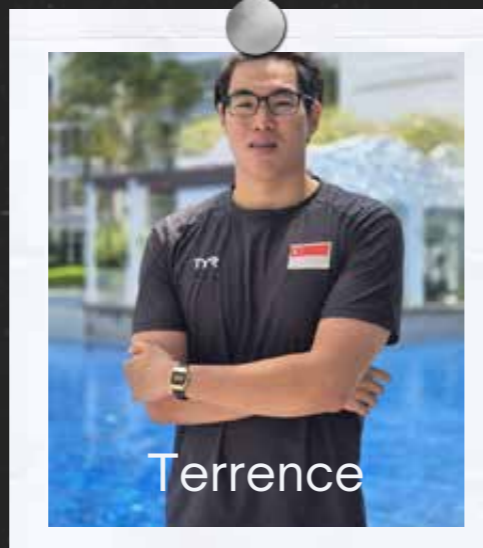
Trinity



SWIMMING ACADEMY
REPUBLIC POLY
2024



Ian



Terrence



Trina Ling



Stephanie Kwak



Gabriel Wee



Taka Leong





Elle Tay

IBDP 2024

SINGAPORE SPORTS SCHOOL

Table Tennis Academy 2024


- | | | | | |
|----------------|--------------|---------------|---------------|-----------------------|
| Loy Ming Ying | Sie Lay Yin | Zhou Jing He | Koh Jun Hao | Song Jia Jessie |
| Janelle Chiang | Rhiannon Tey | Chloe Lai | Ser Lin Qian | Sonia Abbas Zainudeen |
| Xu Zi Yan | Joeunn Seow | Clarissa Lee | Janissa Cheng | |
| Benjamin Lau | Jaryl Wong | Jayden Tan | Izzac Quek | |
| Beneiah Seah | Ellsworth Le | Nicholas Tan | Charlyne Lim | |
| Tristen Yee | Loy Xing Yao | Yang Ze Yi | Jerius Chua | |
| Rio Lai | Wayne Chiang | Matthew Ellis | Angeline Lim | |



Gym Sessions



Matching Outfits



Photobooth



Our Memories ~



Kochi



Awards night

READY SET GO!

PRESENTING...

TRACK & FIELD ACADEMY

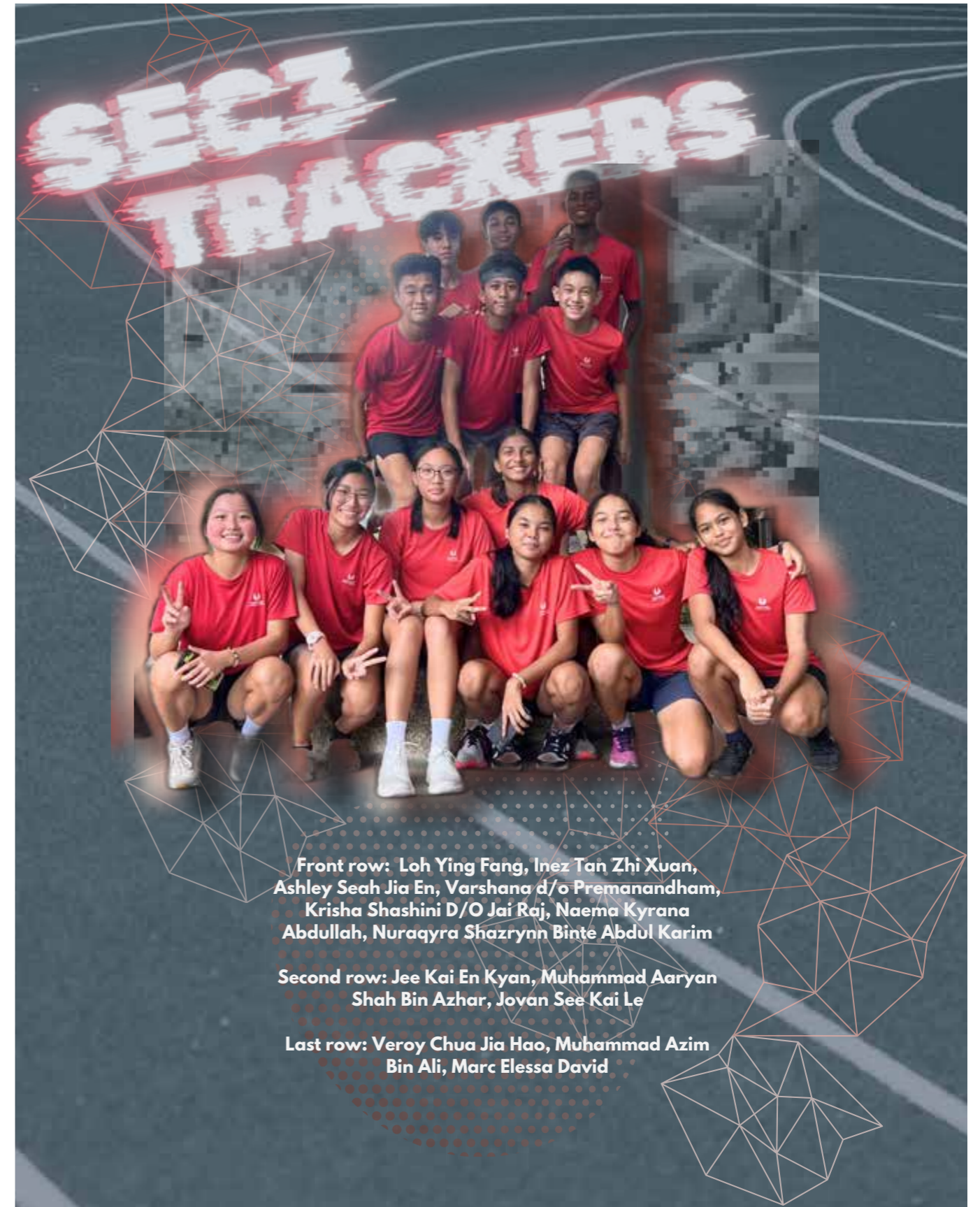
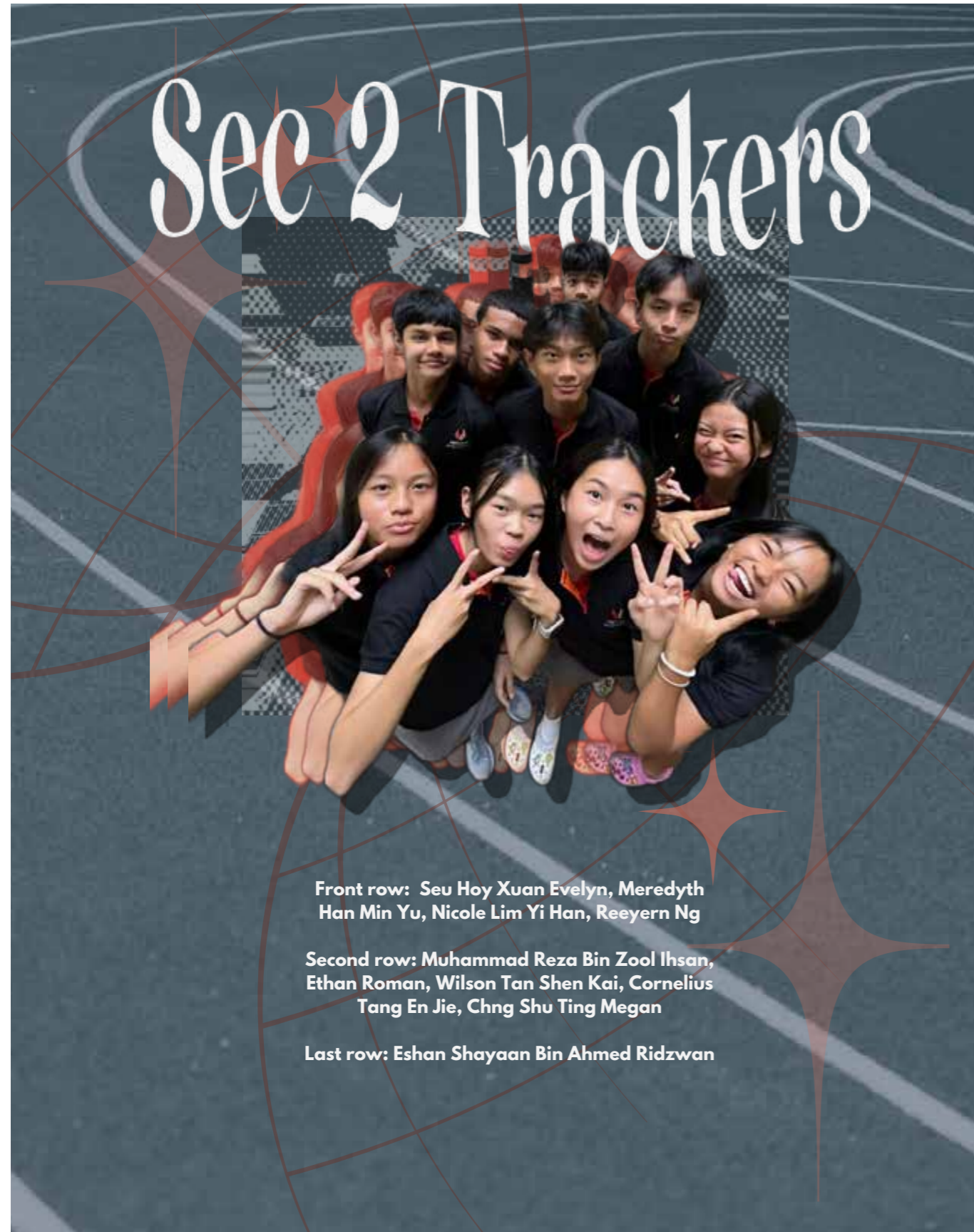
CREDITS: LAURENA IBDP₁, XAVIER
ALOYSIUS TANG _{5A2}, NEO EN YU _{5A2},
NAEMA KYRAN ABDULLAH _{3D}

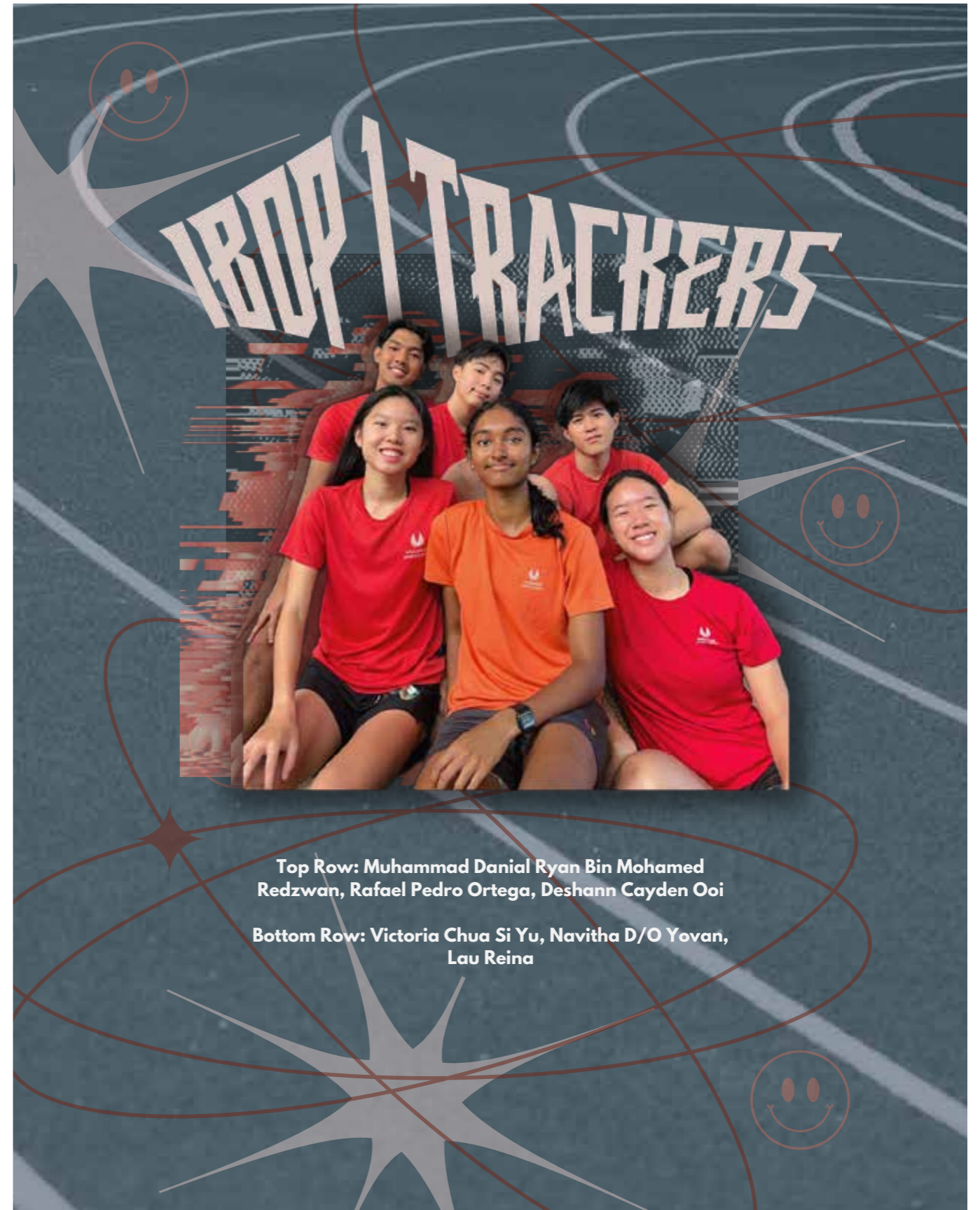
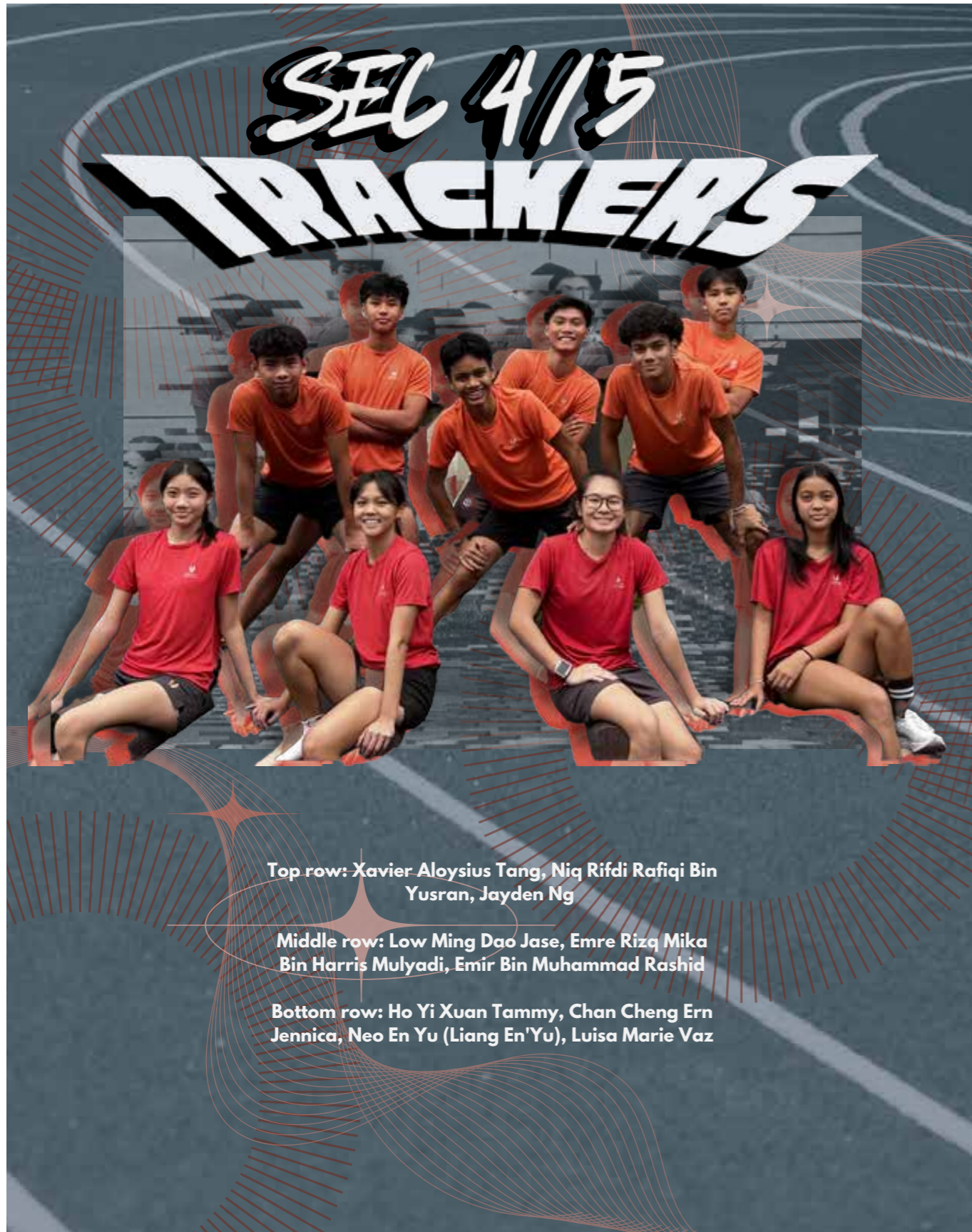
SEC 1 TRACKERS

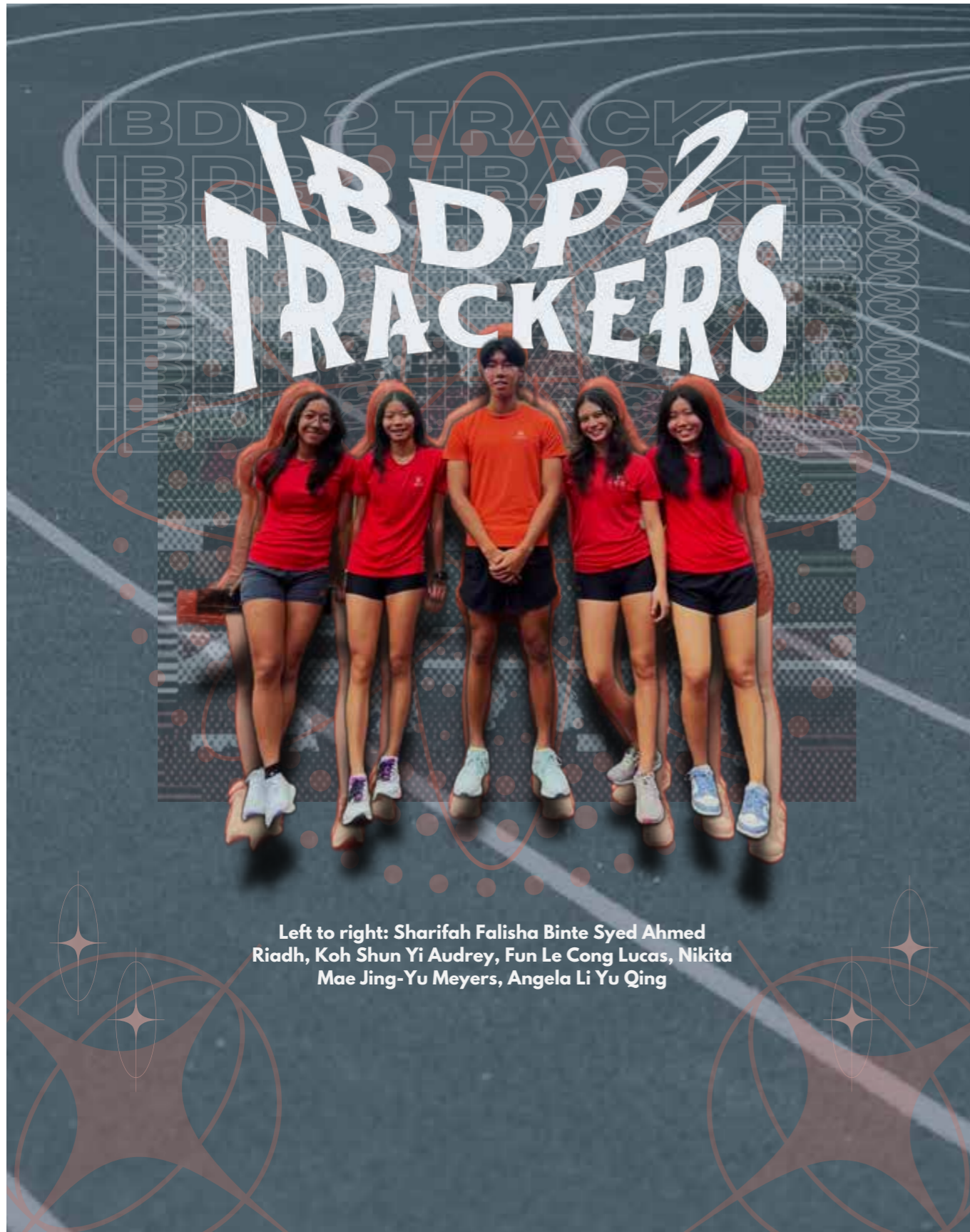


Top Row: Triston Lim Telmuun, Lavelle Tan Rui En,
Aura Ramadhania Binte Muhammad Nizar, Maeva
Binte Masrezwan, Elia Owen, Sebastian Pan
ZhengChen, Lim Hao Wen Keagan

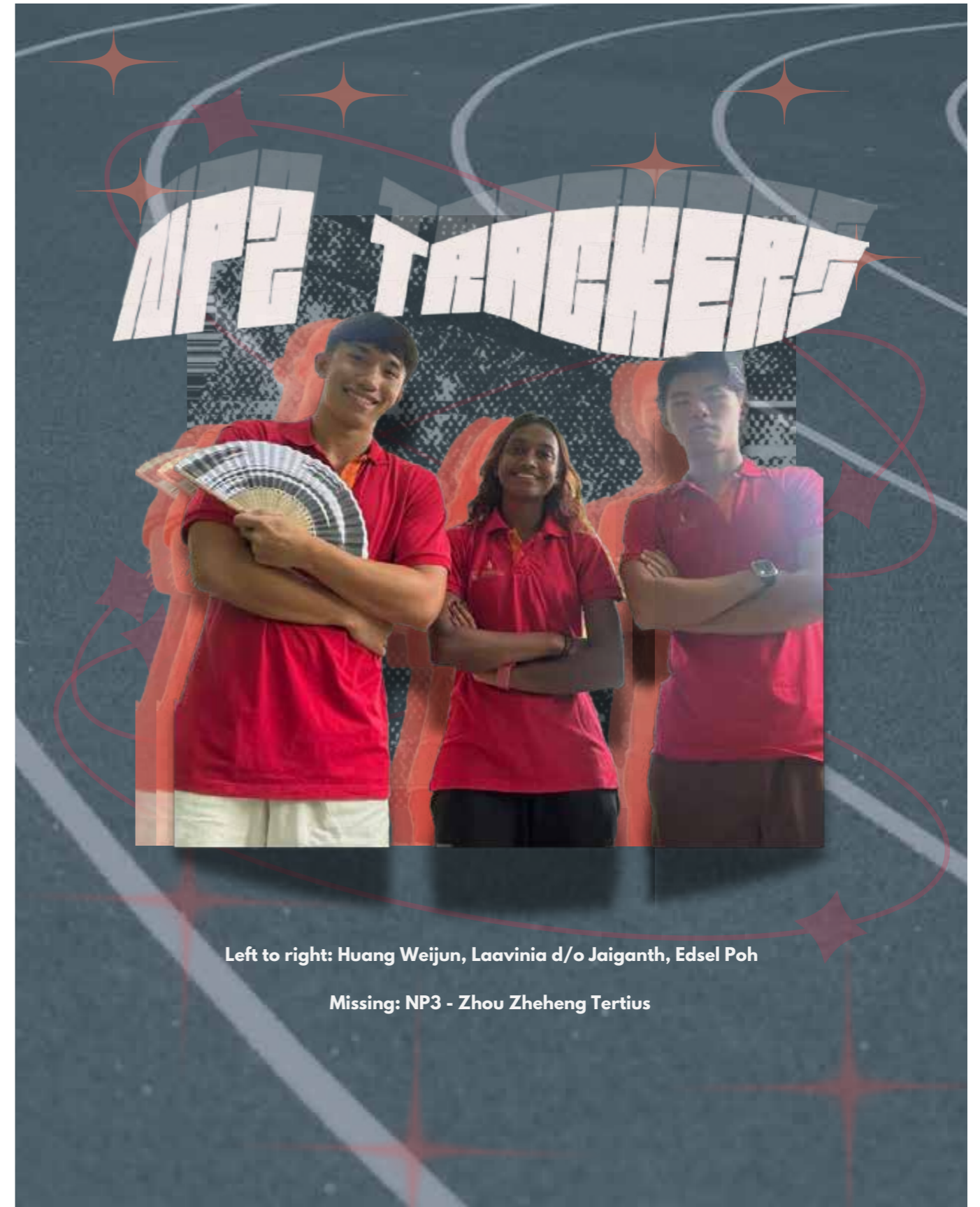
Bottom row: Li Shi Qi Emma, Neha Sundar,
Alexa Velera Deries





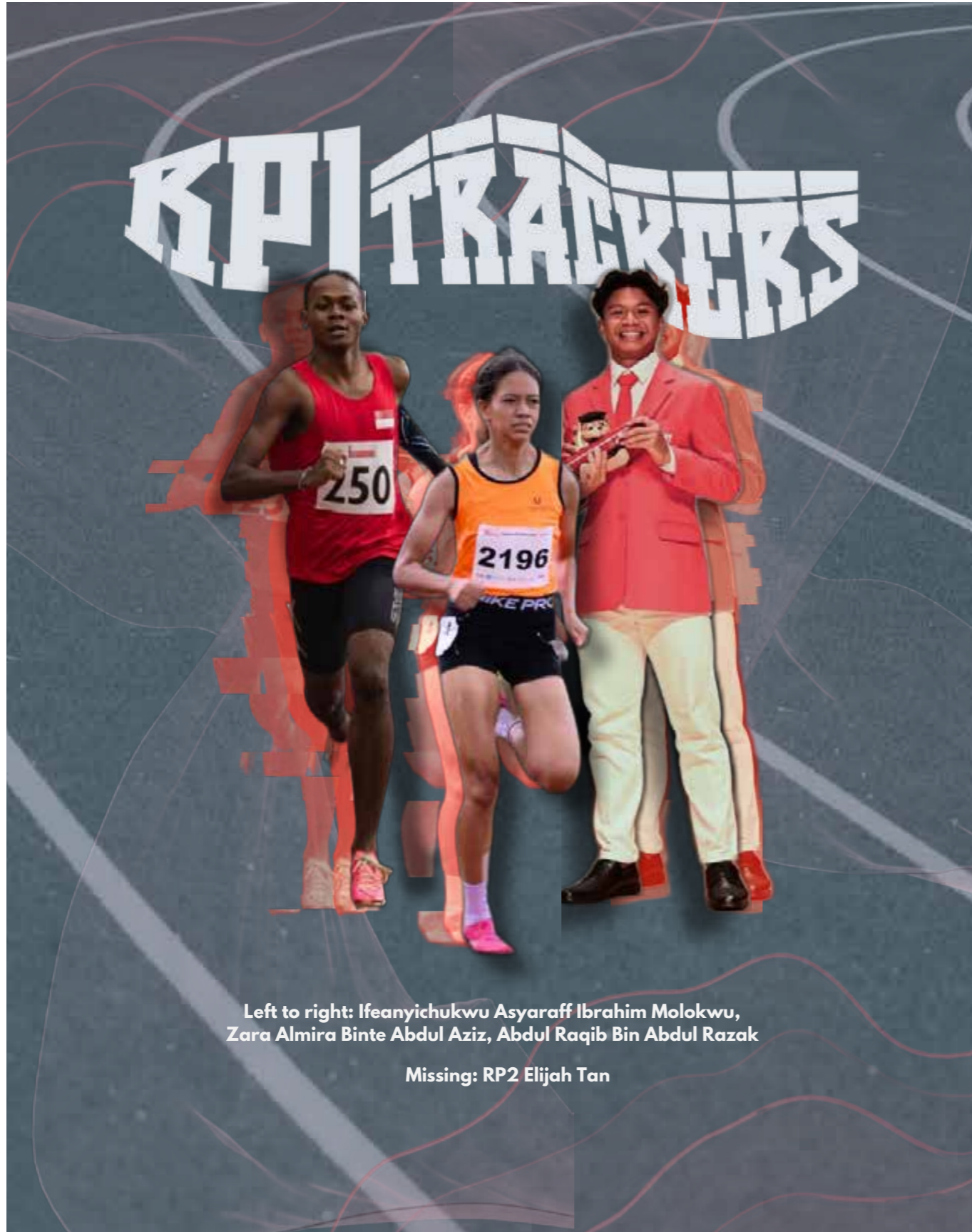


Left to right: Sharifah Falisha Binte Syed Ahmed Riadh, Koh Shun Yi Audrey, Fun Le Cong Lucas, Nikita Mae Jing-Yu Meyers, Angela Li Yu Qing



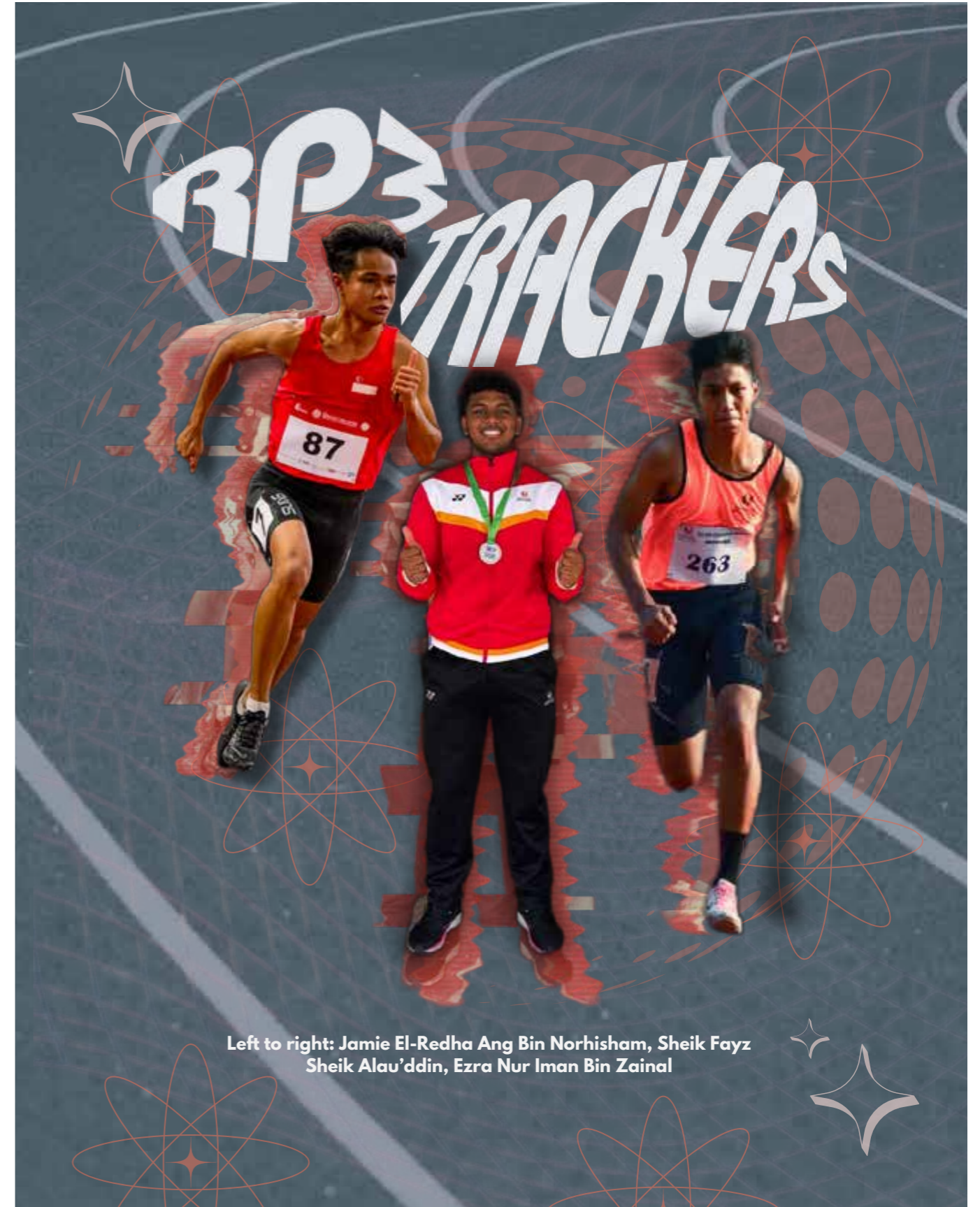
Left to right: Huang Weijun, Laavinia d/o Jaiganth, Edsel Poh

Missing: NP3 - Zhou Zheheng Tertius



Left to right: Ifeanyichukwu Asyaraff Ibrahim Molokwu,
Zara Almira Binte Abdul Aziz, Abdul Raqib Bin Abdul Razak

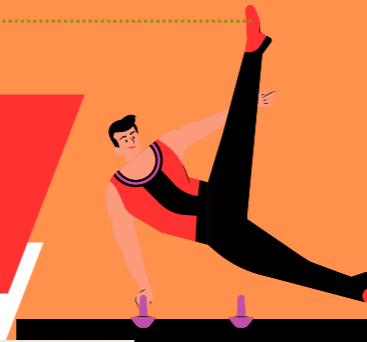
Missing: RP2 Elijah Tan



Left to right: Jamie El-Redha Ang Bin Norhisham, Sheik Fayz
Sheik Alau'ddin, Ezra Nur Iman Bin Zainal

INDIVIDUAL PROGRAMME

MEN'S ARTISTIC GYMNASTICS



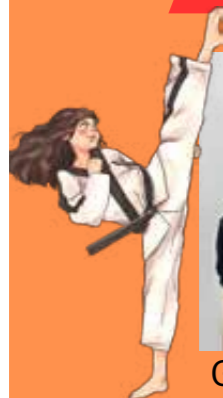
Nathanael Pek Xavier Pang Jonah Loh Abdul Barr Jovi Loh



Alfonso Tan Asher Pua Aiken Tang Kho Tong-yu

TAEKWONDO

SAILING



Gwen Koh Nichelle Tan



Elkan Oh



RHYTHMIC GYMNASTICS



Faith Hong Leia Yap Liew Xin Yu



Cleo Chew Thea Chew Evangeline Ng Claire Ng



Karyna Tan Sophia Ho Amelyn Sng Lim Jia Min



Diving



Yim Shek Yen



Max Lee



Clara Liaw



Tyler Lee

Artistic Swimming




Caitlyn Tan



Janelle Yeo



Rae-Anne Ong



WUSHU




Zoe Tan



Zeanne Law



Kassandra Ong



Chia Kai Ming



Charlotte Ng



Nessya Koh



Trinity Chua



Jolie Goh



ICE SKATING




Loh Geok Qin



Pagiel Sng

CYCLING



**Nicholas
Chong**



Valencia Tan



Mikha Zuhayr



Muhammad Iman

PENCAK SILAT



Nadrah Sahrin



Muhammad Aniq Faris



Mohammad Ridzqi



Abdul Raaf



Muhammad Yuri Armani



Muhammad Feeqry



Ilhan Dani



Adrabella Nurieshtia



Aleesa Hanin



Nur Shaqira



Danial Hariz



Nur Hanifah Qisy



Nur Aniqah Qistina



Muhammad Naufal



Tuaah Iskandar



Aniq Asri



Rifqah Mursyidah

Maisarah Sahrin



Triathlon



Lim Wan Ting



Reyes Loh



Lim Cheng Yu

SWIM BIKE RUN



Water Polo



Charlene Tio



Loh Yu Xuan



Clarissa Tio



Alexis Hoh



Celeste Ferrao Wan



Faith Yue



Koh Kai Lin

B Division Boys



Matthias Goh



Rhys Vaswani



Chow Yong Jun



Javier Ng



Tan Wu Yee



Merrill Hwang



Leighton Lee



Jaylen Yeo



Koh Kai Jie



Isaiah Patrick



Janson Ng

C Division Boys



Russell Yuan



Ryan Chua



Dylan Tay



Ethan Tan



Nathan Yeu



Sport Climbing



Janelle Phua Jing En



Natalie Goh Sihui

Beach Volleyball



Ang Hui Ying

Weightlifting



David Mok

Rollersport



Keenan Brunkard

Ju Jitsu



Mendel Tan

Golf



Jaymie Ng



Passion Hsu



Denise Ng



Chloe Ng



Irvyn Tan



Jillian Kuk



Nathen Tan



Anjanette Tan



Aaron Wee



Xingtong Chen

Wrestling



Aryan Azman



Heba Lutfina Jbour



Lee Yan Ze, Ursus



Marren McClaren Ravin

Class of 2024



4A
FRONT ROW (L TO R): LEE EN QI, HAN MANT, CHUI ZE NC, KEE EE, FAYTH HONG HAYE, AMANDA LAW ZEXI, CARY FAYNE OWL, SHINNEE PON, LEE KUAN YING, NINA JOSEPH
BACK ROW (L TO R): MATTHIAS COH ZULHA, JAYREN NEL, CHEN XIN TONG, MAGDALENE LEE, ELLSWORTH LE, ANG SHIN SIONG, KOH KAI ZE



4B
FRONT ROW (L TO R): LEIGHTON LEE, LOY XING YAO, WAYNE CHANG HEE, HONG BENHUA CHAN CHENG, BIN HO YI KUAN, ZHOU ZHICHE, JEFFREY CONG JIAHENG, ANAAN CHEN HAO MING

Class of 2024



Class of 2024



2024/2025 Student Leaders

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Magdalene Lee, *Swimming, Secondary 4*

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Rayfield Tay Yu Hong, *Shooting, IBDP, Year 5*

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Kayla Por Ke Xin, *Fencing, Secondary 3*
Meredith Chow Ern Xi, *Netball, Secondary 3*

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Deputy Heads, Student Well-Being

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Nur Irdina Hazly, *Bowling, IBDP, Year 5*

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Head, Sports Captain

Navitha Yovan, *Track and Field, IBDP, Year 5*

Deputy Heads, Sports Captain

Amanda Law Zeyi, *Swimming, Secondary 4*
Victoria Chua Si Yu, *Track and Field, IBDP, Year 5*

STUDENT COUNCILLORS

Secondary 1

Chara Loo Kit Rei, *Badminton*
Eleazar Quah Yu Ze, *Fencing*

This list is correct as of 31 October 2024.

Ember Jermaine Eswaran, *Fencing*
Hady Hazry, *Football*
Caleb Chan, *Multi-Sport*
Freya Kylie Lim Li, *Shooting*
Arielle Neo Hui En, *Swimming*
Neha Sundar, *Track and Field*
Triston Lim Telmuun, *Track and Field*
Muhammad Feeqy Muhammad Faizal, *Individual Programme – Pencak Silat*
Janelle Phua Jing En (Pan Jing'en), *Individual Programme – Sport Climbing*

Secondary 2

Abhyarthna Chhajer, *Badminton*
Elliot Ong (Wang Jingxuan), *Badminton*
Felise Chng Xuan Ya, *Bowling*
Mohamad Adam Mohamad Aidil, *Fencing*
Valarie Kok Jing Xuan, *Fencing*
Jovan Chan Jie Hui, *Multi-Sport*
Muhamad Eshan Darwish Herwan, *Football*
Jade Low, *Netball*
Nur Emelda Aw, *Netball*
Lim Hong Rui, *Shooting*
Quek Gek Ling (Guo Yulin), *Shooting*
Toh Jun Wei, *Shooting*
Xuan Ilyas Mohammed Azhar, *Shooting*
Kidd Ang Shao Kai (Hong Shaokai), *Swimming*
Jessie Tan Qian Chi, *Track and Field*
Megan Chng Shu Ting (Zhuang Shuting), *Track and Field*
Muhammad Reza Zool Ihsan, *Track and Field*
Reeyern Ng, *Track and Field*
Xu Ziyang, *Table Tennis*
Aiken Tang Bing Heng, *Individual Programme – Gymnastics*
Ethan Tan Zi Jun, *Individual Programme – Water Polo*

Secondary 3

Luke Tan, *Bowling*
Kayla Por Ke Xin, *Fencing*
Meredith Chow Ern Xi, *Netball*
Ong Shi Han, *Netball*
Sophie Tan Ying Er, *Netball*
Estroy Soo Yin Rui, *Shooting*
Azlina Mastamam, *Swimming*
Yam Yu En, *Swimming*
Muhammad Azim Ali, *Track and Field*
Thea Chew, *Individual Programme – Gymnastics*
Gwen Koh En Qi, *Individual Programme – Taekwondo*
Javier Ng, *Individual Programme – Water Polo*
Nessya Koh Li Yun, *Individual Programme – Wushu*

Secondary 4

Cari-Anne Ong (Wang Yuwen), *Fencing*
Nina Joseph, *Netball*
Magdalene Lee, *Swimming*
Jayden Ng, *Track and Field*
Jaryl Wong Yi Zhong, *Table Tennis*
Faith Hong Haye, *Individual Programme – Gymnastics*

2024/2025 Student Leaders

IBDP, Year 5

Stefanie Lee Feiyi, *Badminton*
Nur Irdina Hazly, *Bowling*
Rayfield Tay Yu Hong, *Shooting*
Muhammad Danial Ryan Mohamed Redzwan, *Track and Field*
Reina Lau, *Track and Field*
Janelle Yeo Run En (Yang Run'en), *Individual Programme – Artistic Swimming*
Koh Kai Lin (Qiu Kailin), *Individual Programme – Water Polo*

SPORTS CAPTAINS

Secondary 1

Vivian Loh Yu En, *Badminton*
Eleazar Quah Yu Ze, *Fencing*
Evaan Shafiee Hirman Rudy, *Football*
Jack White, *Football*
Caleb Chan, *Multi-Sport*
Zaccheus Ker Jun Kai, *Multi-Sport*
Freya Kylie Lim Li, *Shooting*
Julian Ko Qi Heng, *Swimming*
Alexa Valera Defries, *Track and Field*
Anjanette Tan Le Xuan, *Individual Programme – Golf*
Evangeline Ng Hui En, *Individual Programme – Gymnastics*
Muhammad Feeqry Muhammad Faizal,
Individual Programme – Pencak Silat

Secondary 2

Ong Jun Hao, *Badminton*
Tai Wan Yuu, *Badminton*
Eng Yi Jun, *Bowling*
Sophie Dayana Tunstall, *Fencing*
Adryan Ashdanni Nazarrudin, *Football*
Amirul Qais Mohamed Faizul, *Football*
Benaiah Joel Wangke, *Football*
Darlyn Ashley Yeow En Qi, *Fencing*
Angelina Tay Shi Ying, *Netball*
Bernice Lim Xuanyi, *Shooting*
Lim Yet Kee, *Shooting*
Mikel Low Gin Qi, *Swimming*
Jessie Tan Qian Chi, *Track and Field*
Megan Chng Shu Ting (Zhuang Shuting), *Track and Field*
Nichole Lim Yi Han, *Track and Field*
Janelle Chiang Rui En (Zhang Rui'en), *Table Tennis*
Benaiah Seah Shih Luck, *Table Tennis*
Ryan Chua, *Individual Programme – Water Polo*

Secondary 3

Jayden Fan Ze Lin, *Badminton*
Darius See Zhi Yun (Xue Zhiyun), *Bowling*
Rainie Kwek Xin Hwee (Guo Xinhui), *Bowling*
Alyssa Tan Si En, *Fencing*
Ashton Auw Sen Hon (Hu Xinhong), *Fencing*
Isabelle Lee Ern Swan (Li Enxuan), *Fencing*
Aaryan Azraqi Hermi, *Football*
Miguel Alexandro Garcia, *Football*
Muhammad Darwisy Fitri Johari, *Football*
Della Zuliyah Zulkifli, *Netball*
Lim Zi Yan, *Netball*
Neo Kai Qi (Liang Kaiqi), *Netball*
Ayden Seah Z-we (Xie Zewei), *Shooting*
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Yam Yu En, *Swimming*
Nuraqyra Shazrynn Abdul Karim, *Track and Field*
Varshana Premanandham, *Track and Field*
Veroy Chua Jia Hao, *Track and Field*
Nathanael Pek Sek Kai (Bai Xukai), *Individual Programme – Gymnastics*
Danial Hariz Rizal, *Individual Programme – Pencak Silat*
Nessya Koh Li Yun, *Individual Programme – Wushu*

Secondary 4

Blairdimir Herbert, *Badminton*
Rauf Anaqi Khan, *Football*
Wong Lok Yiu, *Netball*
Amanda Law Zeyi, *Swimming*
Lee Xuan Ying, *Swimming*

IBDP, Year 5

Moulin Roxane Nicole Maya, *Fencing*
David Loo Yi En, *Shooting*
Navitha Yovan, *Track and Field*
Victoria Chua Si Yu, *Track and Field*
Denise Ng Wan Xuan, *Individual Programme – Golf*

Polytechnic Programmes

Faithmaria Ifeoma McKevin Lawrence, *Netball, Diploma in Business Studies*
Jernise Moh Jing Wen, *Netball, Diploma in Business*
Manda Low Zi Qi, *Swimming, Diploma in Business Studies*
Valencia Tan, *Individual Programme – Cycling, Diploma in Business*

BOARDING CAPTAINS

Secondary 1

Tan Wan Qi, *Badminton*
Ayden Naim Fakhry Fazrul Nawaz, *Football*
Edward Chan Ye Xiang, *Football*
Jack White, *Football*
Mohamed Darien Rizqin Mohamed Firdaus @ Tianracha,
Football
Chong Qi En, *Multi-Sport*

Keagan Lim Hao Wen, *Track and Field*
Muhammad Yuri Armani Mohd Sufian, *Individual Programme – Pencak Silat*
Nur Hanifah Qisyah Mohammad Hanis, *Individual Programme – Pencak Silat*

Secondary 2

Maegan Tan Yee Kah, *Badminton*
May Yoon San, *Badminton*
Anders Lum Rui Zhe (Lin Ruizhe), *Football*
Muhammad Dafi Fitri Johari, *Football*
Chyler Lim Feng Ting, *Netball*
Ng Yu Xuan, *Netball*
Shifa Erwan, *Netball*
Bernice Lim Xuanyi, *Shooting*
Nicholas Tan Zi Loong, *Shooting*
Julia Yeo Shu Ning, *Swimming*
Mikel Low Gin Qi, *Swimming*
Janelle Chiang Rui En (Zhang Rui'en), *Table Tennis*
Nichole Lim Yi Han, *Track and Field*
Dylan Tay Jun Ming, *Individual Programme – Water Polo*

Secondary 3

Nur Iffah Amberlynn Muhammad Zulhaidi, *Bowling*
Rainie Kwek Xin Hwee (Guo Xinhui), *Bowling*
Sarah Koh Ya Qi, *Fencing*
Lim Zi Yan, *Netball*
Taryn Kum-Thomas, *Netball*
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Nuraqyra Shazrynn Abdul Karim, *Track and Field*

Secondary 4

Blairdimir Herbert, *Badminton*
Lee En Qi, *Fencing*
Ong Nhat Anh Thu, *Fencing*
Har Mint, *Swimming*
Jase Low Ming Dao, *Track and Field*

IBDP, Year 5

Olivier Brassard Khoo, *Bowling*
Josiah Wei Kai Liang, *Fencing*
Reyes Loh Shao En (Luo Shao'en), *Swimming*
Clarissa Lee Qian Ying, *Table Tennis*
Rafael Pedro Ortega, *Track and Field*

CLASS REPRESENTATIVES

Secondary 1

Chara Loo Kit Rei, *Badminton*
Elliot Lim Yang Hee, *Bowling*
Toh Jia Yi, *Bowling*
Ember Jermaine Eswaran, *Fencing*
Jack White, *Football*
Michael Toh Chun Yen, *Football*
Caleb Chan, *Multi-Sport*
Chong Qi En, *Multi-Sport*
Han Kay Xu, *Shooting*
Elia Owen, *Track and Field*
Emma Li Shi Qi, *Track and Field*
Muhammad Feeqry Muhammad Faizal, *Individual Programme – Pencak Silat*

Secondary 2

Valarie Kok Jing Xuan, *Fencing*
Amirul Qais Mohamed Faizul, *Football*
Muhammad Dafi Fitri Johari, *Football*
Ng Yu Xuan, *Netball*
Lim Hong Rui, *Shooting*
Lim Yet Kee, *Shooting*
Toh Jun Wei, *Shooting*
Xuan Ilyas Mohammed Azhar, *Shooting*
Evelyn Seu Hoy Xuan (Xiao Kaixuan), *Track and Field*
Liew Xin Yu, *Individual Programme – Gymnastics*

Secondary 3

Matthew Quek Chien Ho, *Bowling*
Muhammad Eshan Giovanni Goldhorn, *Bowling*
Miguel Alexandro Garcia, *Football*
Lim Zi Yan, *Netball*
Isaac Chua Wei En, *Swimming*
Kyan Jee Kai En, *Track and Field*
Krisha Shashini Jai Raj, *Track and Field*
Loh Ying Fang, *Track and Field*
Gwen Koh En Qi, *Individual Programme – Taekwondo*

Secondary 4 and 5

Blairdimir Herbert, *Badminton*
Lee En Qi, *Fencing*
Mariem Maya Lounis, *Fencing*
Azeem Hassan Mohammed Ibrahim, *Football*
Noor Aydrin Noor Ikhsan, *Football*
Putri Alya Fatin Muhammad Faizal, *Netball*
Wong Lok Yiu, *Netball*
Emre Rizq Mika Harris Mulyadi, *Track and Field*
Emir Muhammad Rashid, *Track and Field*
Ho Yi Xuan, *Track and Field*
Matthias Goh Zoltin, *Individual Programme – Water Polo*

Appreciation

A BIG THANK YOU TO OUR STUDENT CONTRIBUTORS...

- Bryant Low Sze Hong, *Badminton, Secondary 3*
- Sheraune Ong Xuan En, *Badminton, Secondary 3*
- Chia Xin Ying, *Badminton, IBDP, Year 5*
- Stefanie Lee Feiyi, *Badminton, IBDP, Year 5*
- Koh Nur Humaira, *Bowling, Secondary 2*
- Matthew Quek Chien Ho, *Bowling, Secondary 3*
- Rainie Kwek Xin Hwee, *Bowling, Secondary 3*
- Nura Salsabila Zulkifli, *Bowling, Secondary 4*
- Isabelle Lee Ern Swan, *Fencing, Secondary 3*
- Cari-Anne Ong, *Fencing, Secondary 4*
- Chyler Lim Feng Ting, *Netball, Secondary 2*
- Ng Yu Xuan, *Netball, Secondary 2*
- Della Zuliyah Zulkifli, *Netball, Secondary 3*
- Taryn Kum-Thomas, *Netball, Secondary 3*
- Wong Lok Yiu, *Netball, Secondary 4*
- Jernise Moh Jing Wen, *Netball, Diploma in Business, Year 2*
- Tang Hong An, *Shooting, Extended Diploma in Business*
- Ong Rae-Anne, *Individual Programme – Artistic Swimming, Diploma in Business Studies, Year 3*
- Max Lee Shen Oon, *Individual Programme – Diving, Diploma in Business, Year 1*
- Evangeline Ng Hui En, *Individual Programme – Gymnastics, Secondary 1*
- Pagiel Sng Yie Ken, *Individual Programme – Ice Skating, Diploma in Business, Year 3*
- Nichelle Tan Ying Xuan, *Individual Programme – Taekwondo, Diploma in Business, Year 1*
- Cassandra Ong Xue Ling, *Individual Programme – Wushu, Diploma in Business Studies, Year 2*
- Zoe Tan Ziyi, *Individual Programme – Wushu, Diploma in Business Studies, Year 3*

AND...

Student-athletes for putting together their respective academy photo pages

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