

ONE-ON-ONE

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Swimmer, co-ordinator
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Q What is the one dish from Singapore that you miss the most?

A The Hokkien mee at Causeway Point's food court. The ingredients and noodles are mixed well and taste the best among all those I've tried.

Q What is the item that you have brought to Laos because you can't do without it?

A My favourite pillow. I usually can't sleep with the pillows at the Games Villages. I've used this one for two years and can't sleep without it.

Q How do you relax?

A I usually take a nap, or talk to my mum on the phone. She's flown to Laos to support me as well.

Q What do you want to take home from Laos?

A Four gold medals – from the 100m and 200m butterfly and the 100m and 200m backstroke.

Q Who is your favourite athlete in world sport?

A Hurdler Liu Xiang, he's just cool and an Olympic champion.

Q Which sport, apart from your own, will you go and watch in Laos?

A Tennis and table tennis. I want to watch Feng Tianwei. I've never seen her play. I don't know how to play the sport, and want to learn it actually.

Q What goes through your mind when it's time to compete?

A My mother's advice, which is to focus and shut out everything, and aim for what I want.

Q What do you like most about a big Games?

A It's not as hard as training. In training, you just keep repeating laps, but in competition, it's just one big swim, and that's it.

